

What is real worship?

Romans 12:1-8

We usually think of worship as something we do in a church service while we sit, kneel, and stand in a building that's primarily used for that purpose. To be sure, that can be worship. Other factors may prevent this from being a devotion experience, however. If we don't set our bodies apart for serving God, we can go through the motions on Sunday morning, but we might be merely burning calories as we sit, genuflect, and stand.

If songs of praise, prayers, and meditation aren't connected to what we do Monday through Saturday, those gentle Sunday calisthenics will never count as worship.

Under the Law of Moses, people offered animals, plants, and grain offerings. In our covenant with Jesus, he expects a living sacrifice. He requires us to be humble, generous, cooperative, and using every gift we have to the maximum. God especially wants us to praise him and faithfully share our love for him and trust him in our relationships with friends, family, associates, and even our enemies. Will you be worshipping this week and next Sunday morning, or just mildly exercising?



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