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PVA BOXING

# NEWSLETTER

Tuesday  
9/19/2025



JAHMAL HARVEY  
PHOTO: @OHB\_MAH

## QUICK INSIGHTS: HARVEY'S NEXT CHAPTER

### PRO RANKS IN THE FUTURE OF THE OLYMPIC STAR

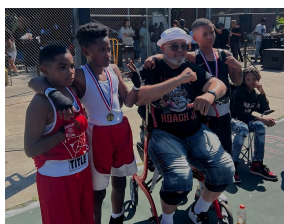
Fresh off the 2024 Paris Olympics, Oxon Hill's Jahmal Harvey is weighing his next move. A 2021 World Champion and 2023 Pan Am Games gold medalist, Harvey has nearly conquered the amateur ranks. Now, he's deciding between a run for Olympic Gold at LA2028 or turning professional. "I'm just thinking about what the best option is for me at this point," he shared. Wherever his path leads, Harvey's high-volume, exciting style promises to keep fans on their feet.

## ONWARD: THRU AUGUST

PVA Boxing closes out August with two cornerstone events that highlight the heart of our community. The 7th Annual Palmer Park Day Boxing Show honors the legacy of Dave Jacobs while giving young athletes a stage to shine. The month wraps with the 18th Annual Six Months Moratorium To Stop The Killings Cookout & Amateur Boxing Match, where sport and community come together for impact. Stay connected and follow all updates on [pvabox.org/events](https://pvabox.org/events). As always, stay up to date on all PVA events through the [pvabox.org events page](https://pvabox.org/events).



## HOGO BOXING FINALE | Stop 4 of 4: YOUNG TALENT ON DISPLAY



The final [HOGO Boxing](#) developmental show at Emery Heights Community Center brought together a slate of rising athletes eager to prove themselves. From first bouts to seasoned amateurs, every fighter left the crowd buzzing with energy and excitement. Big shoutout to all the young boxers who competed, showing courage, discipline, and skill – the future of the sport is in good hands. If you'd like to see more development shows let us know. [Follow PVA on Instagram @pvaboxing](#).

## Officials Clinic and Rules Discussion



A special thank you to all who joined us for the recent PVA Officials Clinic and the Rules Discussion. Your commitment to sharpening skills, building knowledge, and strengthening our community keeps the sport moving forward. We also thank the athletes and coaches who continue to bring their dedication and energy into every training and bout. For the most up-to-date resources, be sure to visit the Officials Page and the Athletes & Coaches Page on [pvabox.org](https://pvabox.org) for the latest rule books, updates, and changes.

## THUMPYARD SPOTLIGHT: COMMUNITY BUILT STRONG

[The latest ThumpYard showcase highlighted the power of grassroots boxing](#). Athletes, coaches, and fans turned out in force, underscoring how gyms like ThumpYard shape character inside and outside the ring. The event doubled as a family-style gathering that reminded everyone: boxing is about more than wins, it's about community, growth, and belonging.



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POTOMAC VALLEY ASSOICATION



# QUICK INSIGHTS: JAHMAL HARVEY'S NEXT GO

PRO RANKS IN THE FUTURE OF THE OLYMPIC STAR

BY ALDEN CHODASH

Coming off a busy 2020-2024 Olympic quad cycle that culminated in representing the US at the 2024 Paris Olympics, Oxon Hill's Jahmal Harvey is ready for the next chapter of his boxing career. A 2021 AIBA World Champion and 2023 Pan American Games gold medalist, Harvey has accomplished almost everything you can accomplish in amateur boxing. However, it remains to be seen whether Harvey takes another run at Olympic Gold in Los Angeles 2028, or whether he turns professional.

"First and foremost, I'm healing my body. The Olympic cycle is a long drain," said Harvey. "I'm just thinking about what the best option is for me at this point."

Harvey said he has received offers from different promotional companies in the pro world, but is also currently training at the USA Olympic Training Center in Colorado Springs where he is also considering another run at the Olympics.

When asked about how he will transition his whirlwind style from the amateurs to the professional world, Harvey had little concerns.

"I'm feel like I'm gonna keep that same style because it's exciting," explained Harvey. "I like to throw a lot of punches. I can calm it down some if need be, but that's my style of boxing. Just staying active."

If he is to stay amateur, Harvey said he'll compete in the 132 lb/60 kg weight division. Currently, the Elite High Performance team member in that weight division is Thomas Covington of Ohio, who Harvey has been sparring. However, it is early in this Olympic cycle, and the two boxers may end up facing off for a spot to represent USA Boxing in Olympic Qualifying Events as LA2028 looms closer.

When asked if he had words of wisdom for the next generation of PVA boxers with similar Olympic aspirations, Harvey said:

"Stay active. Don't shy away from competition. Get your losses out of the way so you can learn from your mistakes, that way when you get to 16, 17 [years old] and start to get on the Junior and Youth [High Performance] team, you'll be ahead of the pack. Experience is the best thing you can have in the sport. You want to get the experience as fast as possible."



JAHMAL HARVEY  
PHOTO: USA BOXING

# AUGUST EVENTS

POTOMAC VALLEY ASSOCIATION

● Sat, Aug 23

7th Annual Palmer Park Day Boxing Show | In Memory of Dave Jacobs

Host: Heels Off Gloves On (HOGO Boxing Foundation) in collaboration with Sugar Ray Leonard Boxing Gym and Maryland-National Capital Park and Planning

🕒 2:00 PM - 7:30 PM

📍 Palmer Park Recreation Center, 7720 Barlowe Road, Palmer Park, MD 20785

Contact: Juice Gatling, 240-353-0564

● Sat, Aug 30

Lime Lite & Cease Fire Presents | 18th Annual Six Months Moratorium To Stop The Killings Cookout/Amateur Boxing Match

Cookout: 1:00 PM - 8:30 PM

Amateur Boxing: 3:00 PM - 6:00 PM

Weigh-ins: 10:00 AM

📍 5425 14th St NW, Washington, DC (Dr. Marilyn Corder, M.D.)

Matchmaker: Coach Ricky Womack

⚠️ Event details are always subject to change.

Please check [pvabox.org/events](http://pvabox.org/events) for the latest times, venues, and match info.