

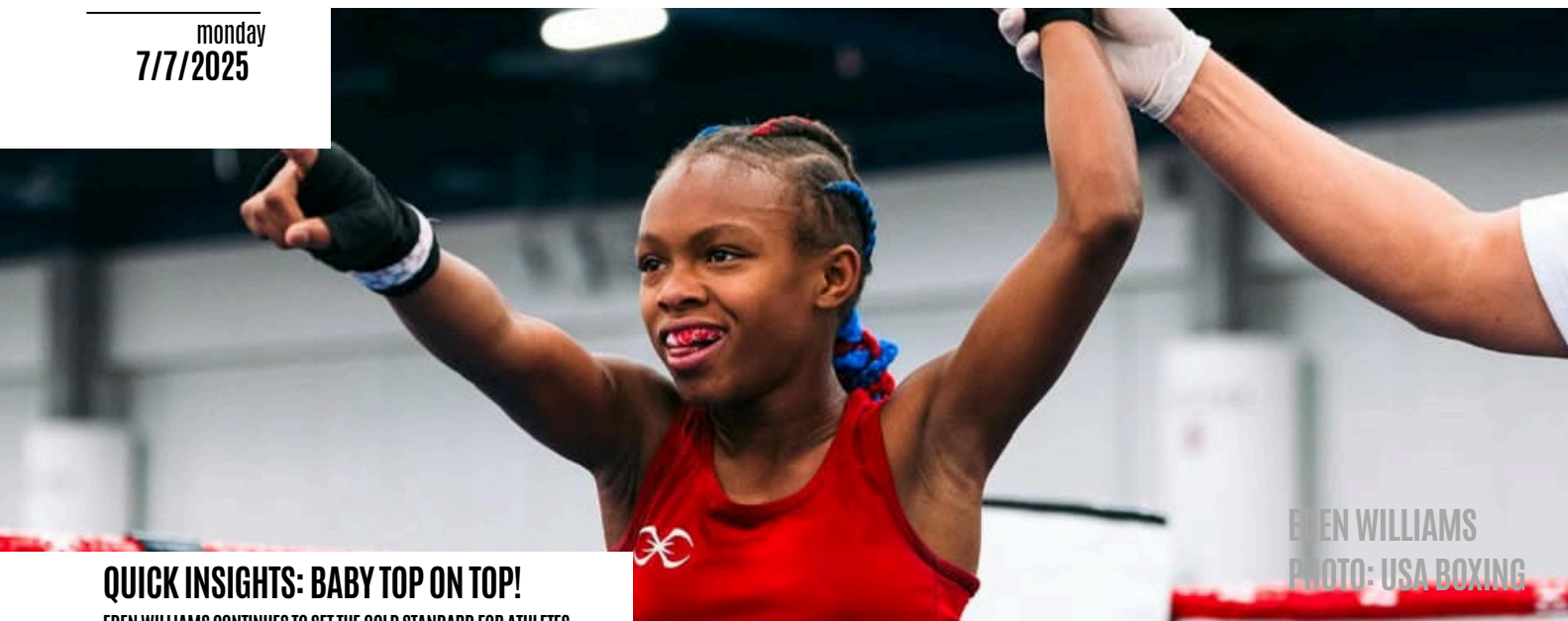


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PVA BOXING

NEWSLETTER

monday
7/7/2025



EDEN WILLIAMS
PHOTO: USA BOXING

QUICK INSIGHTS: BABY TOP ON TOP!

EDEN WILLIAMS CONTINUES TO SET THE GOLD STANDARD FOR ATHLETES
This month, PVA sat down with rising amateur boxing sensation Eden “Baby Top” Williams to talk passion, persistence, and her path to Olympic gold. At just 11 years old and already an 11-time national champion, Eden is proving that greatness doesn’t wait. Fresh off her latest title at the 2025 Junior Olympic Nationals in Las Vegas, she continues to turn heads across the country. From sparring with her sister Avery to overcoming early doubts from her own parents, Eden’s story is as inspiring as her skills are sharp. As she sets her sights on the Silver Gloves record and a future Team USA appearance, PVA is proud to share exclusive insights into the mindset, motivation, and momentum behind one of boxing’s brightest young stars.

LOOKING AHEAD: TUNE IN FOR JULY

PVA Boxing rolls into July with more action-packed opportunities for athletes to step into the ring and showcase their skills. From community showcases to elite matchups, this month brings energy, experience, and exposure across the DMV. As always, stay up to date on all PVA events through the [pvabox.org events page](https://pvabox.org/events/page).



Junior Olympic Champions: PVA Brings Home the Hardware

Junior Olympic Champions: PVA Brings Home the Hardware
The 2025 USA Boxing Junior Olympics & Summer Festival in Las Vegas showcased the best of youth boxing, and PVA delivered. Eden Williams, Khalil Robinson, and Marcus Luther struck gold with dominant runs. Silver medals went to Westia Russell, Josiah Williams, and Christopher Hart, while Avery Williams and Ma’Kye Fenwick brought home bronze. These athletes proved they belong on the national stage, and their performances are a sign of the bright future ahead for the PVA region.



Social Media: Turning Profiles into Power Plays

Boxers today aren’t just training for fights—they’re building digital brands. PVA encourages athletes to use social media with purpose: highlight your progress, post smart, and align content with long-term goals. Whether it’s showcasing training, community work, or media features, consistency and clarity turn followers into sponsors. Stay focused, stay authentic, and treat your online presence like your second corner. The right post could be your next big break. [Follow PVA on Instagram @pvaboxing](https://www.instagram.com/pvaboxing).



HIGHLIGHT: PVA MEDIA WORKSHOP - A SUMMER START TO REMEMBER

PVA proudly hosted its first-ever media workshop this July, welcoming athletes, coaches, podcasters, and creatives for an afternoon focused on presence, performance, and storytelling. From branding and interview tips to hands-on training with speakers from Toastmasters and respected voices like Dr. Debra Seals, the energy in the room was unmatched. The goal: empower our athletes to be seen and heard beyond the ring.

With more sessions planned, this momentum is just the beginning. PVA is committed to helping athletes own their narratives, online and off.



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POTOMAC VALLEY ASSOCIATION

QUICK INSIGHTS: BABY TOP | GOLD STANDARD !

EDEN WILLIAMS PROVING THAT AGE CAN'T DENY GREATNESS

BY ALDEN CHODASH

Eden Williams is only 11 years old, yet she is already an 11-time national champion. Imagine that.

Coming off of her recent championship victory at the 2025 Junior Olympic Nationals in Las Vegas, Nevada, the sky is the limit for this young lady. But while Eden dominates inside the ring, her toughest battles may have come outside the ring just convincing her parents to let her box.

“I just had this passion for boxing,” said Williams, who begged her father, a former professional boxer, for a chance to try boxing. He initially refused, but eventually caved in.

“One day my mom said ‘just let her do it’, and now I’m ranked number one in the country.”

Eden and her sister Avery, who also medaled in Vegas, both push each other to be the best they can be.

“We encourage each other. We help each other, we push each other through fights and through training. We help warm each other up before fights to get ready to win.”

While Eden and Avery spar each other in the gym, they’ll never be in a position to compete against one another at tournaments, something Eden and her parents are each thankful for. Boxing history is full of successful brother-duos, including the Klitschko’s, the Charlo’s, Juan Manuel and Rafael Marquez, and the Quarry brothers, but sisters as dynamic as the Williams duo are hard to find.

“My long term goal is to first beat the record for national wins in the Silver Gloves, currently held by ‘Truck’ [Lorenzo Simpson],” said Eden. “Another goal is to go to the Olympics and making a way for people behind me to have an easier pathway up in boxing.”



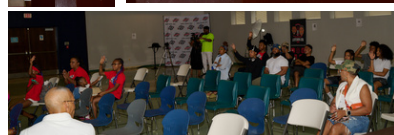
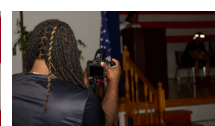
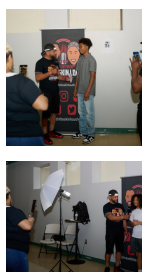
EDEN WILLIAMS
PHOTO: MECIE GOLD



PVA MEDIA WORKSHOP HIGHLIGHTS | JUNE 29, 2025



PHOTOS: TIFFANY (SOUTHERN SWEET PHOTOGRAPHY)





EDEN WILLIAMS



KHALIL ROBINSON



MARCUS LUTHER



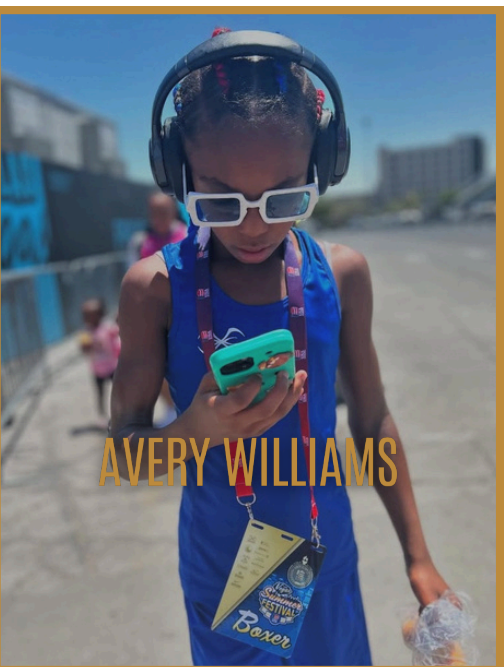
WESTIA RUSSELL



JOSIAH WILLIAMS



CHRISTOPHER HART



AVERY WILLIAMS



MA'KYE FENWICK

JULY EVENTS

POTOMAC VALLEY ASSOCIATION

● July 19

2025 Rookie Rumble DC Tour 3

📍 TBD, Washington, DC

🕒 2:00 PM - 6:00 PM

Matchmaker: Jamie Harris

● July 26

DMV Elite Showcase

📍 165 Waterfront Street, National Harbor, MD 20745

🕒 3:00 PM - 8:00 PM

Matchmaker: Darrell Davis

🔊 Event details are always subject to change.

Be sure to check the official PVA Events page at pvabox.org/events regularly for the latest schedules, venue updates, and match info.