Annette Louw Dietitian –

Accredited Practitioner of Geneway DNA testing and analysis

Test Name	Test Description Summary	Price
1. GeneDiet	Obesity Risk, Exercise Response and Type of diet - How to	R 3220
	manage your weight along with dietary effectiveness based on	
	your genes (e.g., carbohydrate and/or fat sensitivity), addictive	
	traits, "sweet tooth", fat breakdown, exercise response during	
	weight loss and micronutrient requirements	
2. GeneSport	Sport potential, Injury Risk, and muscular fatigue - Athletic	R 3220
	potential: Does your athletic ability lie with power/strength	
	(aerobic) or endurance (anaerobic) sports? What is your overall	
	risk of injury and how well does your body recover after	
	strenuous exercise? It also includes nutritional and training	
	recommendations based on your body's genetic responsiveness	
	to exercise.	
3. GeneRenew	Anti-aging and Skin Health -Detoxification, Pigmentation, UV	R 3220
	sensitivity, DNA repair and glycation. The test gives you an	
	indication of your skin's sensitivity to the sun and certain	
	reagents or creams. It also provides advice on skin care products	
	that should be used or avoided, as well as an indication of	
	collagen synthesis for firmness and elasticity.	
4. GeneWell	Health and Wellness, Cancer Risk and Hormone Replacement	R 3910
	therapy (HRT) - Overall health and wellness predisposition (e.g.,	
	type 2 diabetes, heart disease, cholesterol, hypertension, bone	
	health, caffeine sensitivity, salt sensitivity, blood clotting,	
	inflammation, and mood disorders	
GeneDiet +	Combination the GeneDiet and GeneWellness tests	R4000
Wellness Combo		
Combo (1-4)	Tests 1,2,3 and 4 (120 gene variations)	R 4600



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	caffeine sensitivity, salt sensitivity, blood clotting, inflammation and	
	mood disorders	
5.Genelmmune	Explore genetic factors influencing immunity.	R 2850
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Combo (1-4)	Tests 1,2,3 and 4 (120 gene variations)	R 4600
Combo (1-5)	Tests 1,2,3,4, 5	R 5600

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