



Eyeliner Tattoo

Pre-Care & Treatment Information

Thank you for choosing **Kristi PMU & Wax** for your eyeliner tattoo treatment.

Proper preparation helps ensure a comfortable procedure, smoother healing and the best possible results. Please read and follow this guidance carefully.

Treatment Overview

Semi-permanent make-up is a multi-step process.

- A retouch appointment is required for best results
- Retouch sessions are usually scheduled **6–8 weeks** after your initial treatment
- Additional sessions may be needed depending on healing and colour retention
- Colour will appear darker and more defined immediately after treatment
- Healed colour typically softens by around **20–30%**
- Results vary from person to person

Temporary redness and swelling are normal after treatment.

Sensitivity Patch Test

To help minimise the risk of allergic reaction, a sensitivity patch test is required at least **48 hours prior to treatment**.

This test is performed in clinic by your therapist and involves applying small amounts of pigment to discreet areas of the skin.

The area will then be assessed for any signs of reaction, such as:

- redness
- swelling
- itching
- irritation

If you notice any delayed sensitivity after your patch test appointment, please inform us as soon as possible.

Please note:

- A negative patch test does not guarantee that an allergic reaction cannot occur
- Pigments used during testing may differ from your final treatment colour



Before Your Appointment

The Day Before & Day of Treatment

- Eat beforehand to help maintain stable blood sugar levels
- Avoid caffeine
- Avoid alcohol for 24 hours prior to treatment
- Arrive with clean skin and **no eye make-up**
- Wear comfortable clothing
- Allow sufficient time for your appointment
- Wash hair beforehand
- Do not exercise before your treatment

Medications & Substances to Avoid

To reduce bleeding and sensitivity:

72 Hours Before

- Avoid blood-thinning medication such as aspirin and ibuprofen
- Avoid fish oil supplements
(Consult your GP before stopping prescribed medication)

24 Hours Before

- Avoid alcohol
- Avoid caffeine

Where Possible, Also Avoid

Certain herbs and spices that may increase circulation:

- Garlic
- Ginger
- Cinnamon
- Cayenne
- Black pepper
- Mustard
- Cardamom

Eye & Lash Preparation

- Remove eyelash extensions at least **3 days before** treatment
- Do not reapply extensions until fully healed
- Stop using lash growth serums (e.g. Latisse) ideally **3–6 months before** treatment
These products may increase sensitivity and bleeding risk
- No electrolysis in the eye area for at least **5 days prior**
- Avoid Botox, retinoids and AHA skincare near the eye area for **2 weeks prior**
- Avoid microneedling for **4 weeks prior**



Contact Lenses

- Contact lenses must be removed for the procedure
- Do not reinsert for at least **2 hours after** treatment
- Please bring glasses or arrange transport if needed

Medical Considerations

Permanent make-up may not be suitable if you have:

- Liver disease
- Compromised skin near the eye area
- Active skin conditions (eczema, psoriasis, dermatitis) in the treatment area
- Pregnancy or breastfeeding
- Ongoing chemotherapy or radiation treatment

Doctor's Note Required If You Have:

- Diabetes (Type 1 or 2)
- High blood pressure
- Autoimmune conditions
- Thyroid or Graves' disease
- Any condition affecting healing or infection risk

Hormone therapies may increase sensitivity and affect pigment retention.

If you have any medical conditions, concerns, or questions prior to your appointment, please contact us — We are always happy to advise.

We look forward to welcoming you to **Kristi PMU & Wax**.