



# Eyebrow Tattoo

Microblading/Hyper Realism/Ombre

## **Aftercare Guide**

Thank you for choosing **Kristi PMU & Wax** for your treatment. Proper aftercare is essential to protect your results and ensure your brows heal beautifully.

Please read these instructions carefully and follow them exactly to achieve the best possible outcome.

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Semi-Permanent brows heal best with a **dry healing method**.

### **The First 10 Days — Dry Healing**

This technique is gentle and precise. To protect the results:

- Keep brows clean and completely dry
- Do not apply any other ointments, other than that provided by your therapist
- Do not apply make-up to the brow area
- Avoid sweating and heavy exercise
- Avoid heat, steam and humidity

Let the area breathe and heal naturally.

### **Cleaning & Water Exposure**

- Do not run direct water over the brows
- Avoid soaking the area
- When washing your face, cleanse carefully around the brows only
- If brows become damp, gently pat dry — do not rub

### **What to Expect During Healing**

Healing is a gradual process and results evolve over time.

#### **Immediately After**

- Brows appear darker and more defined, this is normal and will soften

#### **Days 6–13**

- Light flaking and dryness may occur
- Brows can look uneven or patchy
- Pigment may temporarily appear less visible



### **Do not pick or scratch.**

Flaking must come away naturally to avoid pigment loss.

### **Weeks 2–6**

- Colour softens and lightens
- Definition gradually returns
- Skin continues regenerating beneath the surface

### **Around Week 6**

- Brows are fully healed
- True colour and detail become visible
- Safe time for touch-up appointment

Mild itchiness may occur as the skin heals — this is normal.

### **Healing Variations**

Results differ depending on:

- Skin type
- Oil levels
- Lifestyle
- Previous tattoo work
- Scar tissue

Oilier skin types may heal softer and more powdery.  
Drier skin types often retain crisper strokes.

### **Important — Please Avoid**

#### **For 10 Days**

- Sweating and strenuous exercise
- Sun exposure and tanning
- Saunas, steam rooms and swimming pools
- Massages and facials
- Cleansers, soaps or skincare on the brows

#### **Until Fully Healed**

- Make-up on the brow area
- Touching, rubbing or scratching
- Threading, waxing or hair removal creams
- Tinting or bleaching the brows

#### **For 4 Weeks**

- Retinol and active skincare on the area
- Chemical exfoliants (AHA/BHA)



- Laser or IPL treatments near the brows

### **Always Avoid**

- Petroleum-based products on the brows
- Laser treatments directly over brow tattoos

These can distort or prematurely fade pigment.

### **Cleansing & Aftercare Method (If Advised)**

Your therapist will advise whether your brows require a **dry healing method** or light aftercare.

If cleansing is recommended:

- Allow freshly boiled water to cool to a lukewarm temperature
- Soak a clean cotton pad and gently squeeze out excess water
- Lightly wipe over the brows using soft, gentle motions — do not rub

If ointment is advised:

- Using a clean cotton bud, apply a **very small amount** (grain of rice size)
- Apply a thin layer only — avoid over-moisturising

### **Frequency**

- Cleanse and/or apply ointment every **4–5 hours for the first 48 hours**, if instructed
- Always use fresh cotton pads and cotton buds to avoid cross-contamination

### **Important**

- Do not oversaturate the brows
- The skin must be able to breathe for optimal healing

### **Long-Term Care**

Beautiful results require ongoing care.

### **Sun Protection**

- Use **SPF 50** on healed brows
- UV exposure causes fading and colour change
- Wear sunglasses and a hat in strong sunlight

### **Skincare**

- Avoid chemical exfoliants on the brow area
- Moisturise regularly to keep skin supple

### **Swimming**



- After exposure to chlorine or salt water, cleanse and dry the area gently

## Top-Up treatment

Semi-permanent makeup is a multi-step treatment.

- A minimum of one top-up session is required
- Typically scheduled **4-6 weeks** after your initial appointment
- Top-ups are charged separately

No further treatment can be carried out until healing is complete.

It is your responsibility to book follow-up sessions in advance.

Some clients may require additional appointments, particularly:

- Darker skin tones
- Oily skin types
- Previously tattooed brows
- Scar tissue areas
- Clients with lower pigment retention

## Maintenance

Semi-permanent make-up is **low maintenance, not no maintenance**.

To preserve your results:

- Use SPF 30+ on healed brows when outdoors
- Avoid strong acids, retinoids and exfoliating skincare on the area

Refresher appointments are recommended every **12-36 months** depending on your skin and lifestyle.

Results typically last **1-3 years**.

- Pigment softens gradually over time
- Colour fades naturally

Healed results vary for every client.

Following your aftercare carefully gives your brows the best chance to heal beautifully.

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If you have any questions or concerns, please contact us — we're always happy to help.

Thank you for trusting **Kristi PMU & Wax** with your brows