

# LASH LIFT AFTERCARE

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*Thank you for choosing Kristi PMU and Wax for your Lash Lift service.*

## **Lash Lift aftercare help and guidance for after your treatment:**

- For the first 24 hours after your Lash Lift, do not use mascara and do not allow water to come in to contact with your lashes. Carefully wash around your eyes and avoid hot water. Try not to sleep on your face as this can crush the lashes whilst they are setting over the first day
- For 48 hours after your Lash Lift, avoid hot water, steam or sweat (eg. Saunas, facial steamers, excessive work-outs, swimming, very hot steamy showers). Look out for opening a hot oven door too, as hot steam can come rushing out
- Use a lash nourishing serum/conditioner daily (we sell these or can advise you of products)
- Always brush lashes upwards regularly to help maintain lift and shape, especially after sleeping, cleansing the face and applying moisturisers or cosmetics
- Be gentle, don't scrub your eyes when washing your face
- Do not use eyelash curlers, as lashes will be delicate after treatment, and could cause breakage
- If wearing mascara, use water-based mascara, not a waterproof one
- Use any oil-free make-up remover if mascara is worn, we recommend the oil-free make-up remover

## **How long will my LVL Lashes last?**

Following aftercare, your Lash Lift should usually last between 6-8 weeks (dependant on individual lash growth cycles). It is a very low maintenance procedure compared to eyelash extensions, and it is non-damaging to natural lashes, providing aftercare is followed.

A little TLC is required over the first 24-48hrs whilst the lift is still settling into place, and we have written a guideline with a few tips to help you maintain and prolong the life of your Lash Lift.

Remember, a Lash Lift procedure is very similar to a hair perm, and as such the hair must be kept well-nourished and treated delicately to avoid breakage/weakening.