



Eyeliner Tattoo

Aftercare Guide

Thank you for visiting **Kristi PMU & Wax**.

Following these aftercare instructions carefully will protect your results and support healthy healing.

Healing Overview

Healing is a gradual process and appearance will change day by day.

- Mild swelling and redness are normal
- Eyes may feel sensitive or tight
- Colour appears darker initially and softens as healing progresses
- Full healing takes approximately **4–6 weeks**
- Do not judge results until healing is complete

Repeat the same aftercare following your retouch session.

Cleansing & Aftercare Method

The eye area is delicate, so minimal and careful aftercare is essential.

Cleansing

- Allow freshly boiled water to cool to a lukewarm temperature
- Lightly dampen a clean cotton pad
- Gently dab around the eye area — do not wipe or apply pressure

Ointment Application (If Advised)

- Using a clean cotton bud, apply a **very minimal amount**
- Keep application light and precise — do not allow product to enter the eye

Frequency

- Apply only when necessary (e.g. dryness), typically **no more than twice daily**
- Always use fresh cotton pads and cotton buds

Important

- Do not over-moisturise the area
- Avoid getting the eyes excessively wet



- Keep the area clean, dry and undisturbed

First 72hours

- Keep the eye area as dry as possible
- Do not apply products unless advised
- Avoid water contact where possible

You may gently blot with sterile gauze if excess fluid appears.

Days 4–7

- Apply a **very thin layer** of aftercare cream morning and evening
- Use sparingly — over-application can delay healing
- If the area gets wet, gently pat dry with a clean towel
- Do not rub

General Care (First 7–14 Days)

- Do not pick, rub or scratch the area
- Allow any flaking or dryness to resolve naturally
- Avoid make-up on the treated area
- Do not use mascara for 7 days (replace with new mascara after healing)
- Avoid skincare products directly on the eye area
- Avoid sleeping face-down
- Keep showers brief and avoid steam exposure
- Keep the face out of direct water flow

Activity Restrictions

For 7 Days

- Avoid hot showers
- Avoid strenuous or sweaty exercise

For 14 Days

- No swimming pools or hot tubs
- No saunas, steam rooms or hot yoga
- Avoid face-down swimming

For 4 Weeks

- Avoid direct sun exposure and tanning
- Wear sunglasses outdoors



Lashes & Eye Treatments

- No eyelash extensions until fully healed
- No lash tinting, perming or lifting
- Pause lash growth serums for at least 2 weeks after treatment
- Future aesthetic treatments should only be done once fully healed

Comfort & Swelling

- Mild puffiness and bruising are normal
- A clean cold compress may be used to soothe the area
- Antihistamines may help reduce swelling (seek pharmacist/GP advice first)

Long-Term Care

Semi-permanent makeup is **low maintenance, not no maintenance**.

- Maintenance appointments are typically recommended every 12–18 months
- Avoid harsh exfoliants and active skincare near the eye area
- Always inform professionals before MRI scans or advanced treatments
- Blood donation may be restricted for up to 4 months

Colour Retention Factors

Results vary depending on:

- Skin type and condition
- Natural skin chemistry
- Sun exposure
- Lifestyle and smoking
- Medications
- Correct aftercare

Some clients require additional sessions to achieve desired results.

If you have any questions about your treatment or aftercare, please contact us — we're always happy to help.

Thank you for trusting **Kristi PMU & Wax** with your eyeliner tattoo