



Rucks To Pucks Foundation Corporation

2026

Waiver and Release of Liability

In consideration of being permitted to participate in any activities organized, sponsored, or supported by the Rucks to Pucks Foundation Corporation (herein referred to as “Rucks 2 Pucks”), including but not limited to on-ice hockey sessions, off-ice training, clinics, meetings, fundraisers, social events, and any other hockey-related or foundation-related events (collectively, the “Activities”), I, the undersigned, agree to the following terms and conditions:

- **Acknowledgment of Risks:** I acknowledge that participation in ice-related and off-ice Activities involves inherent risks, including but not limited to falls, collisions, contact with other participants, use or misuse of equipment, and other incidents that may result in injury, illness, property damage, or death. I understand that these risks are inherent to the nature of the Activities and cannot be eliminated.
- **Safety Requirements:** I agree to comply with all safety rules and regulations set forth by Rucks 2 Pucks and any event hosting facilities. I understand and agree that:
 - The use of helmets is mandatory for **all participants under the age of 18 at all times while on the ice.**
 - All participants are expected to follow any additional safety rules required by the hosting facility or event organizers.
- **Protective Equipment and Personal Responsibility:** I understand that, other than the helmet requirement for minors on the ice, the use of additional protective equipment is at my own discretion unless otherwise required by the hosting facility. I acknowledge and agree that:
 - If I (or my minor child/ward) choose not to wear any protective gear, or choose to wear expired, damaged, or otherwise unsafe equipment, or fail to use equipment properly, I/we do so entirely at our own risk.
 - Rucks 2 Pucks does not inspect or guarantee the safety, condition, or appropriateness of any personal equipment or gear.
 - Any injury, loss, or damage arising from the absence of gear or the use of expired, unsafe, or improperly used gear is **100% my responsibility**, and no claim may be made against Rucks 2 Pucks or any related parties arising from such choices.
- **Off-Ice Events:** I understand that off-ice Activities (including but not limited to off-ice training, meetings, travel to and from events, fundraisers, and social gatherings) may occur in a variety of environments, some outside the direct supervision or control of Rucks 2 Pucks. I agree that:



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- I am solely responsible for my own conduct, decisions, and safety (and, if applicable, that of my minor child/ward) during all off-ice Activities.
- No action, omission, or circumstance occurring at or arising out of any off-ice Activity shall give rise to liability against Rucks 2 Pucks or its officers, directors, employees, agents, volunteers, partners, or sponsors, except to the limited extent required by applicable law.
- **Waiver and Release:** I, on behalf of myself, my minor child/ward (if applicable), and our respective heirs, executors, administrators, and assigns, hereby waive, release, and discharge Rucks 2 Pucks, its officers, directors, employees, agents, and volunteers, as well as any hosting facility, its owners, operators, employees, and agents, from any and all claims, liabilities, demands, actions, causes of action, costs, and expenses, whether at law or in equity, known or unknown, arising out of or in connection with participation in the Activities, whether caused by negligence or otherwise, to the fullest extent permitted by law.
- **Medical Treatment Authorization:** In the event of an injury or medical emergency, I authorize Rucks 2 Pucks and its representatives to obtain medical treatment on my behalf or on behalf of my minor child/ward, and I accept full responsibility for any resulting medical expenses.
- **Photographic and Media Release:** I grant permission to Rucks 2 Pucks to capture and use photographs, videos, or other media of me and/or my minor child/ward taken during the Activities for promotional, educational, or informational purposes, in any media now known or later developed, without compensation.

I HAVE READ THIS WAIVER AND RELEASE OF LIABILITY, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Full Name: _____

Participant's Signature: _____ Date: _____

Parent/Guardian's Full Name (if participant is a minor): _____

Parent/Guardian's Signature (if participant is a minor): _____

Date: _____