

Laugh Away Stress

Have Fun **Exercising**  **Make New** 

**Friends** 

Improve Memory

## New Dancer Classes begin 3/9/2023

Come have fun with the GOLDANCERS Square Dance Club. Enjoy physical and mental exercise while getting your steps in!! No experience necessary and No partner required. Singles and couples are welcome!

When: Thursday Evenings 6:30pm - 7:30pm for 12 weeks

Where: Golden Empire Grange 11363 Grange Ct. Grass Valley, CA

Cost: First 3 classes free; remaining 9 classes \$60.00 total

Attire: Casual and comfortable dress

Questions: Call Barbara at 530-272-9986 basindorf@yahoo.com or Laura 916-765-3948

Visit our website: www.Goldancers.com

First 3

Classes

FREE