

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

**6**  
Meatball Penne  
½ Cup Green Beans  
Pears  
-----  
Alt Cold: Turkey & Cheese Sandwich

**7**  
Chicken Leg  
Whole Grain Rich Bread  
½ Cup AuGratin Potatoes  
¼ Cup Mixed Vegetables  
Apple Sauce  
-----  
Alt Cold: Ham & Cheese Sandwich

**8**  
Sloppy Joes  
Whole Grain Bun  
½ Baked Beans  
1 Cup Romaine  
Orange  
-----  
Alt Cold: Chef Salad

**9**  
NO SCHOOL

**10**  
Salisbury Steak  
Whole Grain Bread  
½ Cup Mashed Potatoes  
¼ Cup Baby Carrots  
Pineapple  
-----  
Alt Cold: Ham & Cheese Sandwich

**13**  
Spaghetti  
½ Cup Green Beans  
Peaches  
-----  
Alt Cold: Turkey & Cheese Sandwich

**14**  
Chicken Nuggets  
1 Cup Romaine  
¼ Cup Cherry Tomatoes  
Fruit Cocktail  
-----  
Alt Cold: Ham & Cheese Sandwich

**15**  
Hamburger  
½ Cup Baked Beans  
¼ Cup Baby Carrots  
Apple  
-----  
Alt Cold: Chicken Caesar Salad

**16**  
Turkey Gravy  
Whole Grain Bread  
½ Cup Mashed Potatoes  
¼ Cup Cucumbers  
Banana  
-----  
Alt Cold: Turkey & Cheese Sandwich

**17**  
Mac and Cheese  
¾ Cup Mixed Vegetables  
Cantaloupe  
-----  
Alt Cold: Ham & Cheese Sandwich

**20**  
NO SCHOOL

**21**  
Chicken Patty\*  
Whole Grain Bun\*  
½ Cup Baked Beans  
¼ Cup Baby Carrots  
Apple Sauce  
-----  
Alt Cold: Ham & Cheese Sandwich

**22**  
Beef Taco  
Whole Grain Tortilla\*  
1 Cup Romaine  
¼ Cup Corn  
Orange  
-----  
Alt Cold: Chef Salad

**23**  
Pizza Hut Cheese Pizza Slice  
on Whole Grain Crust\*  
½ Cup Baby Carrots  
Banana  
-----  
Alt Cold: Turkey & Cheese Sandwich

**24**  
Hot Ham and Cheese on a  
Whole Grain Bun\*  
½ Cup French Fries  
½ Cucumbers  
Pineapple  
-----  
Alt Cold: Ham & Cheese Sandwich

**27**  
BBQ Chicken  
Whole Grain Bun\*  
½ Cup Baked Beans  
¼ Cup Carrots  
Peaches  
-----  
Alt Cold: Turkey & Cheese Sandwich

**28**  
Meatball Sandwich  
Whole Grain Bun\*  
½ Cup Corn  
Fruit Cocktail  
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Alt Cold: Ham & Cheese Sandwich



Menus subject to change based on availability of items.

Menu items marked with (\*) are whole grain rich.

NOTE: Menus may contain nuts, seeds, milk, egg, soybean, and other ingredients

Vegetable Serving Size = ¾ Cup unless otherwise noted