



ST. ANTHONY
CROSS COUNTRY
TRYOUTS
2026

Monday, August 24th
3:30-4:30 pm

CO-ED TEAMS

-  **JV 5th/6th: 8 runners, 9th reserve runner**
-  **Varsity 7th/8th: 8 runners, 9th reserve runner**
-  **Fun Run: 10 runners**

- *If high participants, runners will be timed.**
- *If low participants, will be open to 4th grade.**

Requirements DUE 8/21

- ☐ **Completed Physical**
- ☐ **Parent Permission Form**
- ☐ **Code of Ethics Form**

More info see Coach Burnette
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