



# St. Anthony School

P.O. Box 789, Show Low, AZ 85902  
928-537-4497 Office 928-537-4507 FAX

[www.stantschool.org](http://www.stantschool.org)

*Developing a Child's Mind, Body, & Soul*

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SA Families,

Our school rocks! Staff & kids have had a great time this week and we spent a lot of time recognizing what makes our school incredible. The last day of Catholic Schools Week is tomorrow (*Saturday, Feb. 3rd*) where we are *United in Faith & Community... in Our Families*. What a great way to end this special week. We encourage you to participate in prayer and activities with your family.

Here is a prayer that you might want to pray with your family & friends:

*Dear Lord,*

*We ask today that You shine Your light upon our family. Through Your Grace, let us grow closer together in love, peace, and gratitude for one another. When things are difficult for our family, send Your Holy Spirit to comfort, protect, and heal us. For times when we have hurt each other, grant our family forgiveness. In Your Holy Image, allow us to always forgive one another with love and selflessness. We ask that You bless all families of the world. Allow Your love to work through the brokenness that families often face. Please grant us Your Blessings and look upon all families today.*

*In Your Holy Name we pray.*

*Amen*

On the back of this letter are some activity ideas for you and your family to do tomorrow. Treasure the time that you get to spend together! **We will have a special "SA Family Photos" post on our Facebook page tomorrow: [www.facebook.com/stantschool](http://www.facebook.com/stantschool).** We would love to see pictures of all our families posted there. **Please email a family picture to [byorksmith@stantschool.org](mailto:byorksmith@stantschool.org) by noon. Any family that submits a picture for posting will receive 1 entry into a drawing for a fun family game. We will also give 1 volunteer hour to every family that submits a picture.**

God Bless all of you and your families. Thank you for helping to make this week so special.

Bryan Yorksmith  
Principal - St. Anthony School



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## Try one of these activities today!

### **1** Family game night

Spend any regular evening relaxing and creating memories with classic games like Monopoly, cards, chess, Pictionary, charades or any other family favorite. It's really not about the game, nor does it matter who wins or loses; it's about enriching your life with the people around you.

### **2** Family sports night

A night filled with low-impact sports like mini-golf, ping pong, playing around the world basketball or bowling is perfect for the active family fun night. If you have a large brood, start a tradition of flag football or maybe kick around a soccer ball. You know the saying: the family that plays together stays together.

### **3** Family movie night

Pick a movie, whether it's classic or a new release, and settle in for a relaxing family movie night. Go all out by turning your family room into a theater, and having the kids print out movie tickets and play the usher of the cinema. Don't forget the popcorn and after the movie is over, talk about what everyone liked or didn't like about the movie – you never know what valuable life lessons might sneak into family movie night.

### **4** Family archives night

It's time to blow the dust off those old family photo albums or pop in the family movies to remember times gone by. Looking at photographs of events, places and people is an easy way to teach children about their heritage and about themselves. Mom and Dad might get a tear or two when they see just how much little Johnny has grown.

### **5** Family craft night

You don't have to be Martha Stewart to engage the household in a family craft. Find a project that is age appropriate or can be customized for the young ones. Consider crafts involving clay or dough, beads, making paper airplanes or putting together a collage or vision board. Whichever craft you choose, remember that it's the creative process that's important and not the finished product.

### **6** Family baking night

Think of the wonderful smells that will fill the house after a family night of baking cookies, breads or muffins. Assign a job for each member of the family, or break them up into teams to be sure that everyone participates.