

Art assignment: making cards for those in need

During this trying time, there are many seniors who are stuck indoors in isolation. They are facing discouragement and fear, and could use an uplifting word now more than ever.

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Parent info: Once your child completes their card, please drop it off at the White Mountain Independent Office (3191 S. White Mountain Rd. #3) There will be someone at the front desk to take them and keep them in an envelope to be quarantined for three days for safety. From there, they will be picked up and delivered to Haven of Lakeside/Haven of Show Low. Please drop off the cards by **April 3rd**. If you are unable to go to the White Mountain Independent office, please have your child make a nice card for someone in their home.

Student instruction: Please make one card for one of the folks at Haven, who have to stay inside. Write something kind about hope, faith, peace, love, and about **what makes you happy to think about** or **what you like to do when you're stuck indoors**. Draw a nice picture to go with it, and if you want to, **pick a Bible verse to put on the card**. Please don't write anything about outside activities, as the senior that this card is for is stuck inside their room and cannot go outside. Please do not include any personal information besides your first name.

Here are a few ideas for things that you can write. You can choose from this list or you can write your own nice saying:

Dear friend at Haven,

I'm proud of you for staying strong in these hard times. Keep up the great work and keep being awesome!

Dear friend at Haven,

Keep on smiling! There's lots of reasons to smile.

Dear friend at Haven,

Here's a list of things I like to do when I'm stuck inside:

Dear friend at Haven,

I hope that you can think of things that make you happy. Here are some things that make me happy to think about: