

## Risk assessment template

Company name: Isla Sell Physiotherapy

Assessment carried out by: Isla Lacey

Date of next review: Ongoing

Date assessment was carried out: 17/05/2020

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
<b>Contracting COVID-19</b>	Staff or patients	-Access only to the clinic with no diagnosis or COVID-19, symptoms of COVID-19 and no contact with COVID-19 in the past 14 days -Follow strict clinic cleaning protocol -Staff and patients to wear appropriate PPE -Strict handwashing protocol -Please see extra information at the bottom of this assessment	-Keep up to date with government, and governing body guidelines  -Closure of clinic	Staff and patients	Immediately	17/05/2020
<b>Slips and Trips</b>	Staff and clients may	-Lighting step into clinic room	Routinely check	Isla Sell	17/05/2020	17/05/2020

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	be injured if they trip over objects or trailing wires, or slip on wet floors, mats or steps	<ul style="list-style-type: none"> <li>-Verbally bring the attention of the step to patients</li> <li>-Sign to highlight 'mind the step'</li> <li>-Change of colour to make step obvious</li> <li>-Clinic kept clean and tidy and spillages cleaned</li> <li>-Appropriate footwear to be worn</li> <li>-No Trailing cables</li> </ul>	for spills and trip hazards			
<b>Fire</b>	If trapped in clinic or other areas, eg stockroom, staff and clients could suffer from smoke inhalation and burns.	Fire risk assessment done with Torpoint Council	Keep fire risk assessment up to date	Torpoint Council	17/05/2020	17/05/2020

## COVID-19 Consent to treatment – Clinic Protocol and Procedures

Based on Public Health England (PHE) COVID-19 infection prevention and control (IPC) guidelines

Clients and Staff:

- **Symptoms of COVID-19** include: A new or persistent dry cough and a high temperature/ fever (37.8deg+) for symptomatic persons. Other signs for carriers may include reduced smell or a raised respiratory rate. Staff (Laura Jamieson) and all clients must immediately go into isolation and inform all individuals who have had contact with them in the past 14 days should these symptoms be present.
- On arrival to the clinic if any visible signs of COVID-19 (any of the above) are observed treatment will not be started and the individual will be asked to leave. Treatments will be cancelled that day and there is a chance a 2-week isolation of the staff will commence – therefore please take this very seriously.
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- **Hand Washing:** A sink with pump dispensed soap and clean water is provided with the PHE guidance for effective hand washing techniques visible. Please wash your hands after entering the clinic, before treatment commences. Paper towels and a foot pedal bin is provided near the sink. Please also wash your hands if at any point during the treatment should you need to touch your face, nose or mouth. I also advise you wash your hands on-arrival home. Gloves can be provided to reduce your need of washing hands if they are showing signs of damage. Staff will be wearing gloves during the treatment for this purpose. If staff are using and picking up objects during the treatment, please be assured all surfaces and equipment have been cleaned between treatments.

- **Use of Face Masks:** Face masks are used to minimise any water droplets produced when talking, they are not designed to fully protect from coughs and sneezes. Should you need to cough, or sneeze please inform the staff to allow for appropriate distancing to be made and for tissues to be provided, hand washing to be performed and cleaning around the area to be performed. Staff will be wearing a face mask throughout the treatment and there will be clean re-usable masks available if you do not have your own/ a bandana.

Staff protocols – For client’s knowledge:

- **Cleaning Protocols:** Client treatments will be finished on time to allow 30minute gaps, that have been allocated to the staff cleaning protocol.

### **PHE Guidelines techniques are used for each step**

- Staff removes gloves and mask
- Staff cleans hands, watch and forearms
- Decontaminate equipment and all surfaces touched or used by the client or staff with disposable paper towel and fresh PHE approved solution.
- Equipment is cleaned from the top or furthest away point.
- The disposable paper towel is then immediately disposed of into a peddle bin.
- All cleaning solution bottles are cleaned.
- Hand hygiene then repeated.

- **Staff appearance and PPE**

- Hair will be tied back
- No jewellery worn
- On arrival to clinic staff change into fresh, clean uniform. On completion of the final treatment (no more than 4 per day) uniform is removed and placed into a sealed bag for cleaning.
- Mask is changed once a day. Long term to save on PPE equipment it may be that staff will have re-usable masks that will be changed after each client and cleaned daily.
- Gloves will be changed after each client and disposed of.