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S	Disease/Condition	Diet Modification
).,	Hypertension	Low-sodium
7	Heart Failure	Low-sodium, fluid restriction
,	Chronic Kidney Disease	Low-protein, low- potassium, low-sodium
(Ó	Celiac Disease	Gluten-free
	Gastroesophageal Reflux Disease (GERD)	Low-fat, avoid spicy/acidic foods
S	Peptic Ulcer	Avoid spicy foods, caffeine
1	Crohn's Disease	Low-residue, low-fiber
	Lactose Intolerance	Lactose-free
	Iron-Deficiency Anemia	High-iron
Ò	Osteoporosis	High-calcium, vitamin D
	Gout	Low-purine
	Gallbladder Disease	Low-fat
PC.	Liver Cirrhosis	Low-sodium, low-protein
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Pancreatitis	Low-fat, small frequent meals
Diverticulitis	High-fiber (when not inflamed)
Cystic Fibrosis	High-calorie, high-fat, high-salt
Dysphagia	Pureed or thickened liquids
Malnutrition	High-calorie, high- protein
Renal Stones (Calciu Oxalate)	Low-oxalate, adequate hydration
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