



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

QUINTA PEDAGÓGICA FLORESTAL

INNER PEACE FOREST HOME SCHOOL SYSTEM

**Forest School
Support System
for
IGCSE Cambridge
Clonlara Home Study
and other online learning
systems.**

*A holistic approach to natural
project-based learning with
nature .*

**Sistema de Apoio Escolar
Florestal
para
Sistema IGCSE Cambridge e
Clonlara
e outros sistemas de
aprendizagem online.**

*Uma abordagem holística
para uma aprendizagem
baseada em projetos naturais*



**32 disciplines
in daily
activities for 36
weeks –
organized in 6
terms**

**-Sciences-
- Languages-
-Math-
-Creativity-
-Sports-
-Humanities_
-IT-**

Our Forest School learners are different. As well as mastering the core competencies of math, science and literacy in a highly supportive environment, they become calm, confident and aware young adults, individually secure, effective collaborators and

For more information please/ Para mais informações por favor contact:



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

communicators, empowered decision-makers, and willing risk-takers. Through student-guided, hands-on projects (PBL) they learn to think like entrepreneurs, ask the right questions, and be confident in their search for answers. All within a Buddhist-led, nature-based Martial arts, yoga and meditation home school and outdoor-based blended learning system.



Here every child can live up to their full potential in a natural, creative project-based learning environment. This is a very special schooling system—connected to nature – developing mind, body and spirit - with compassion at its heart.



For more information please/ *Para mais informações por favor contact:*



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural



Project-based learning in home-school support systems offers a holistic alternative to traditional education by focusing on students' mental, physical, and emotional development. Our mission is to equip students and parents with a nature-based learning environment that fosters critical thinking, problem-solving, communication, collaboration, and creativity. This approach ensures academic success within the English and Portuguese examination systems and prepares students to become responsible, innovative global citizens. By emphasizing global and local citizenship, students learn to engage with diverse cultures and communities, making them ready to face contemporary challenges and seize future opportunities.



For more information please/ Para mais informações por favor contact:



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

School Timetable for 2024-2025

	<u>Autumn Term 2024</u>		<u>Winter Term 2025</u>		<u>Spring Term</u>	<u>Summer Term</u>
	<u>Term 1</u>	<u>Term 2</u>	<u>Term 3</u>	<u>Term 4</u>	<u>Term 5</u>	<u>Term 6</u>
START	Tuesday, 10 September 2024	Tuesday, 29 October 2024	Tuesday, 7 January 2025	Tuesday, 25 February 2025	Tuesday, 22 April 2025	Monday, 9 June 2025
END	Friday, 18 October 2024	Friday, 13 December 2024	Friday, 14 February 2025	Friday, 4 April 2025	Friday, 30 May 2025	Friday, 20 June 2025
Holiday and Half-Term	Tuesday, 22 October - Friday, 25 October 2024	(Christmas Holiday from Wednesday, 16 December 2024 to Friday, 3 January 2025)	Monday, 17 February - Friday, 21 February 2025	Easter Holiday from Monday, 7 April to Monday, 21 April 2025)	Monday, 2 June - Friday, 6 June 2025	Summer Holiday from Saturday, 21 June to Friday, 9 September 2025)

For more information please/ *Para mais informações por favor contact:*



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

Prices:

Kindergarten ?	Primary PT	Primary GB	Lower Secondary	Higher Secondary	Boarders
20 euros/day	25 euro/day	25 euro/day	25 euro/day	30 euro/day	50 Euro/day
Breakfast activities Project work Supervision	Breakfast 3 lessons Project work Supervision	Breakfast 3 lessons Project work Supervision	Snack 3 lessons Project work Supervision	snack 4 lessons Project work Supervision	4 lessons Food (2 meals)= 10 euros Accommodation= 10 euros (shared room) Supervision

Payment Options

We offer three payment plans to accommodate your financial planning:

Monthly Payments: Pay at the beginning of each month with a 10% discount for advance payments.

Termly Payments: Pay at the beginning of each term with a 20% discount for advance payments.

Yearly Payments: Pay at the start of the school year with a 20% discount for advance payments.

Please select your preferred payment option and make payments promptly to secure your child's enrolment.

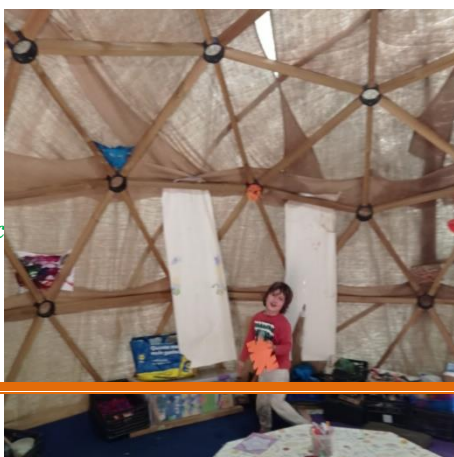
Scheduling and Attendance

To provide the best experience, you must preselect your child's attendance days. This helps us ensure appropriate staffing and resources for all students.

Please note that once you have chosen your child's attendance days, changes can only be made after the completion of one term. This policy helps us to maintain consistency and stability within our learning environment.



for favor c





Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

TEAM

Gordon - School Director - (Tutoring English Language, Sustainable Development, Work Skills, Business Studies & Personal Development World Views and History. Holistic studies: WadoRyu Karate, Martial Arts Movement, Hatha Yoga, Meditation)

Stella- Head Teacher Secondary and Coordinator, (Mathematics, Geography, Combined Science, Portuguese,)

Jaenne- Head Teacher- Higher Primary GB (English, Math, General Knowledge)

Tamara- Teacher of Lower primary – (math, Portuguese, General knowledge)

Kelly- supply teacher –Secondary (all subjects)

Lucie- Lower secondary (Math and Sciences)

Ola- Art teacher

Other parents and volunteers will join as assistant teachers and helpers if needed.

Example of a secondary timetable- each secondary student might have a slight different timetable – as they choose their disciplines and path of study. Lower and higher secondary are distinguished for Exam purposes.

SECONDARY TIMETABLE 13-16					
	Teachers- Stella, Lucie and Kelly (supply)				
	Monday	Tuesday	Wednesday	Thursday	Friday
09.00	Independent study Homework day	Math	Math	Chemistry	Math
10.50		Physics	Biology	Chemistry	English
10 min		Break snack	Snack	snack	Snack
11.00		English	Geography	Languages- French or Spanish	Combined Science
12.00		Portuguese	History	Math	Geography
12.50		Yoga	Yoga	Yoga	Yoga
13.30		Lunch	Lunch	Lunch	Lunch
14.00		Music	English/World views	Art	Horse riding/gardening
15.00		Capoeira	Capoeira	Capoeira	Karate
16.00		Departure	Departure	Departure	Departure

For more information please/ *Para mais informações por favor contact:*



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

Example of a primary timetable – Jaenne will modify some of the sequences of lessons

Higher Primary 09-12 Janne					
Starting times	Monday	Tuesday	Wednesday	Thursday	Friday
09.00		Arrival – Yoga	Arrival – Yoga	Arrival – Yoga	Arrival – Yoga
09.30		Walk and Breakfast	Walk and Breakfast	Walk and Breakfast	Walk and Breakfast
10.00		English	Morning circle book reading	English	Morning circle book reading
10.20		English	Reading discussion	English	Reading discussion
10.40					
11.00		Portuguese (Carolina)	Math	Math	Math
11.20		Portuguese	Math	Math	Math
11.40		General Knowledge /Project	General Knowledge /Project	Music	General Knowledge /Project
12.00		General Knowledge/Project	General Knowledge/Project	Music	General Knowledge/Project
12.30	Body conditioning				
13.00	Lunch				
14.00		Project work	Art (Ola)	Dance (Jessica)	Horse riding or Gardening
15.00		karate	Karate	Karate	Horse Riding or Gardening
16.-00		Hora de partida	Hora de partida	Hora de partida	Hora de partida

For more information please/ *Para mais informações por favor contact:*



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

Example of a Lower Primary timetable

Primary 06-09 Carolina					
Starting times	Segunda Feira	Terça	quarta	Quinta	Sexta
09.00		Arrival – Yoga	Arrival – Yoga	Arrival – Yoga	Arrival – Yoga
09.30		Walk and Breakfast	Walk and Breakfast	Walk and Breakfast	Walk and Breakfast
10.00		portuguese	Leitura do livro	Portugues	Portugues
10.20		portuguese	Discussao sobre o Livro	Portugues	portugues
10.40					
11.00		Ingles (janne)	Matematica	Matematica	Matematica
11.20		Ingles (janne)	Matematica	Matematica	Matematica
11.40		Estudo do Meio	Estudo do Meio	Estudo do Meio	Estudo do Meio
12.00		Estudo do Meio	Estudo do Meio	Estudo do Meio	Estudo do Meio
12.30	Body conditioning				
13.00	Lunch				
14.00		Musica	Arte (ola)	Danca (jesica)	Horse riding or Gardening
15.00		karate	Karate	Karate	Horse Riding or Gardening
16.-00		Hora de partida	Hora de partida	Hora de partida	Hora de partida

Our approach to staffing involves collaboration with parents and volunteers to ensure the best support for the students. The roles of helpers, supervisors, and teacher assistants will be determined at a later stage once parents and volunteers have chosen their preferred working / exchange slots.

Please specify in the admission form, what skills you would like to implement/contribute.

Parents meetings, staff/teacher meetings, special days and community awareness raising days

For more information please/ *Para mais informações por favor contact:*



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

	1 st Term	2 nd Term	3 rd Term	4 th Term	5 th Term	6 th Term
Parents meetings	Parents meetings can be held every Wednesday afternoon from 16.00 to 18.00 Reports will be completed and send out before every holiday- December, April and June					
Teachers meetings	Teachers/Staff meetings will be held every month- after every community event- <u>Thursdays</u> : 19 Sept, 17 Oct, 14 Nov, 12 Dec, 9 Jan, 13 Feb, 13 Mar, 15 May, 12 June.					
Special days	18 Oct	13 Dec	14 Feb	4 April	30 May	20 June Slide and Splash
Community awareness raising days	19 th Sept 17 th October	14 th Nov 12 th Dec	9 th January 13 th February	13 th March	15 th May	12 th June

We're excited to let you know about our upcoming Full Moon Community Awareness Raising Events! These gatherings aim to bring us all together, raise awareness on important topics, and offer fun and enriching experiences for students and families.

Share Your Ideas!

We'd love to hear your creative ideas for workshops and activities. Whether it's a skill you'd like to share or a topic you're passionate about, your input will help make these events diverse and impactful.

INOVATION and New this year (every Thursday and Friday afternoon)

Students who participate in the system can do so through on-line, day attendance and boarding support to families who are looking for a forest-based outdoor school alternative to mainstream urban educational processes.

The Curriculum Five Key Study Areas:

1. Arts, Science, Humanities (IGCE on-line tutoring and support)
2. Engineering & Construction (Site-based practical manual technical skills)
3. Information & Communications Technology (AI, Networking, Content Creation, Programming)
4. Natural Movement for Health and Fitness (Yoga. Martial Arts, Outdoor Activities)

For more information please/ *Para mais informações por favor contact:*



Inner Peace Forest Home-school Support system
Sistema de Apoio ao Ensino Doméstico- Florestal da Paz Interior

Life-long Learning Natural Knowledge
Educação ao Longo da Vida- Conhecimento Natural

5. Life Skills & Moral Values (Buddhism and Astanga, NLP, Communication. Teamwork, Life Management Skills, Business Skills, Gardening skills)

The above curricula is implemented by the Inner Peace Forest School Support System through a premium programme that starts with a Student Personal Learning Plan that is time-tabled according to age, ability and support time requirement, and then synchronized with other families to bring peer groups together to do their home-school learning making the best use of the new online learning environments balanced by healthy outdoor group activities and in a fresh air forest living environment.

To register your interest in supporting your children's education through the Inner Peace Forest School Support System please contact Stella or Gordon

(Gordon.sillence@gmail.com). Please note that this premium programme will come with extra costs.

For more information please/ *Para mais informações por favor contact:*

Stella Rose; Inner Peace Forest Home-school Support System ;

Atividades de Serviços de Apoio á Educação (Support to educational activities), (**Ensino Doméstico /Ensino Individual**)

Email:ja21rose@yahoo.

For more information please/ *Para mais informações por favor contact:*