

# THRIVE KIDS! Summer Camp

## Life Coaching for Children

Founded and Facilitated by Shaista Kaba Fatehali
Certified WISDOM Coach & Early Childhood Education Specialist

# "Life is 10% what happens to you and 90% how you react to it." – Charles R. Swindoll

THRIVE KIDS! Uses stories to teach growth mind-set skills in a way that kids understand. Too often, the school system is highly focused on meeting standards and academic expectations. As a result, not a lot of work is put into cultivating and growing the heart mind. Through my program, clients will learn critical life skills for developing strong selfesteem, powerful self-confidence, overcoming challenges such as fear, self-doubt and disappointment.

They learn to cope with change and how to manage mistakes, failures and peer pressure. I teach specific skills sets in building emotional intelligence while cultivating the skills of mindfulness where your child will develop an awareness of themselves and others to build positive relationships and understanding our impact on others. The heart mind will help cultivate self growth and help your child thrive!

Click here to register:

 $\underline{https://goo.gl/forms/1h4ufMEBpHzPdFT13}$ 

#### **DATES:**

July 29<sup>th</sup> – August 2<sup>nd</sup>

#### TIME:

9:00am to 3:00pm

#### **LOCATION:**

Fortius Health & Sport 3713 Kensington Ave Burnaby, BC

#### **COST:**

\$375 per child

### **NEW THIS YEAR**

Physical Literary Coach New Activities Set Skills and more....

Private sessions also available For price and more information

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