

A close-up photograph of watermelon leaves with prominent green and white stripes, filling the background. The leaves are arranged in a dense, overlapping pattern, creating a rich texture and color palette of greens and whites.

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BUILT FOR LIFE

**ROWNTREE**<sup>™</sup>  
ENTERPRISES

**AUBERGE**  
ON THE PARK<sup>™</sup>



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# AUBERGE

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COMING SOON

[tridel.com](http://tridel.com)



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THE STORIED HISTORY OF

# Inn on the Park

There is a lot of history here.

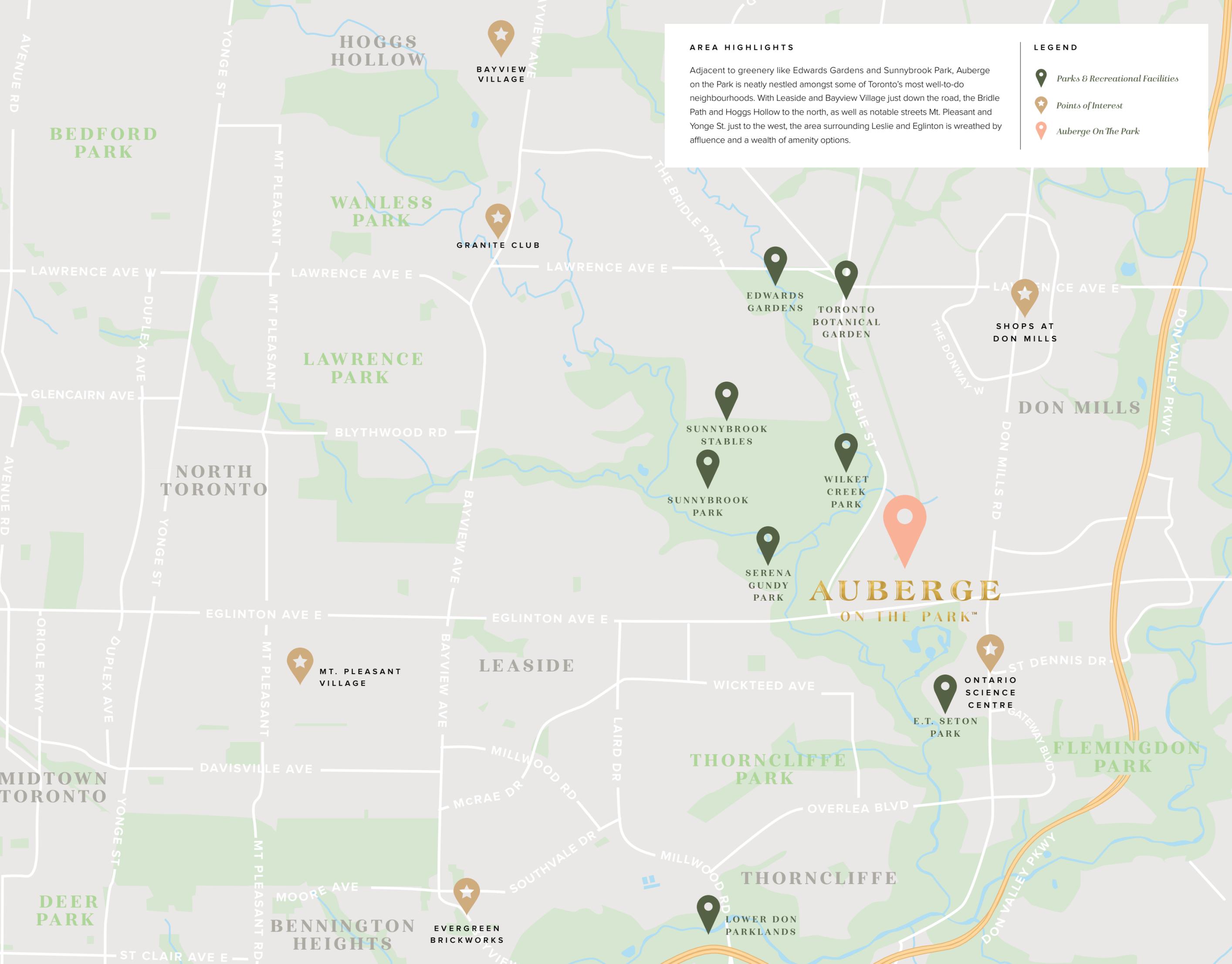
Auberge on the Park is an homage to the iconic status of the former resort, from its bright beginnings in the early 60s, through its continuous reincarnation to hotel, to car lot, to now.

Initially selected for its proximity to the Don Valley Parkway and surrounding 600 acres of parkland, Inn on the Park was geared towards upper-class businessmen. It included fine dining, Canada's first disco, Olympic-sized pools and one of the first-ever on-site fitness clubs.

At the time, Inn on the Park epitomized innovation. It was a place to see and be seen.

Auberge on the Park rises from this history-steeped location, breathing new life into the site. It brings forth a fresh, new vigour, highlighted by lush, surrounding parklands. Enjoyed from the comfort of terraced balconies, Auberge on the Park is a breath of fresh air, complete with the glimmer of a historical icon.





**AREA HIGHLIGHTS**

Adjacent to greenery like Edwards Gardens and Sunnybrook Park, Auberge on the Park is neatly nestled amongst some of Toronto's most well-to-do neighbourhoods. With Leaside and Bayview Village just down the road, the Bridle Path and Hoggs Hollow to the north, as well as notable streets Mt. Pleasant and Yonge St. just to the west, the area surrounding Leslie and Eglinton is wreathed by affluence and a wealth of amenity options.

**LEGEND**

-  Parks & Recreational Facilities
-  Points of Interest
-  Auberge On The Park

**AUBERGE**  
ON THE PARK™

BAYVIEW VILLAGE

GRANITE CLUB

EDWARDS GARDENS

TORONTO BOTANICAL GARDEN

SHOPS AT DON MILLS

SUNNYBROOK STABLES

SUNNYBROOK PARK

WILKET CREEK PARK

SERENA GUNDY PARK

MT. PLEASANT VILLAGE

LEASIDE

ONTARIO SCIENCE CENTRE  
E.T. SETON PARK

THORNCLIFFE PARK

FLEMINGDON PARK

THORNCLIFFE

LOWER DON PARKLANDS

EVERGREEN BRICKWORKS

BENNINGTON HEIGHTS

DEER PARK

BEDFORD PARK

WANLESS PARK

LAWRENCE PARK

NORTH TORONTO

MIDTOWN TORONTO

HOGGS HOLLOW

DON MILLS



AUBERGE ON THE PARK

# TERRACE LIFE

The terrace is really an extension of your home, and yet there's something so magical about dining al fresco. Thoughtful conversation beneath a canopy of stars, string lights illuminating faces and table settings. This is terrace living at its very best, as you freely blur the line between being outside and being at home.





# TERRACE ENTERTAINING

What is an outdoor gathering if not the perfect excuse for a cheese platter? Take terrace entertaining to the next level with a few helpful cheese-related hints guaranteed to impress.

The perfect cheese plate:

#### CRUSTY BREAD OR CRACKERS.

The cheese is obviously the main event, but there should be at least one tasty delivery method.

#### MIX IT UP.

Include a variety of textures and flavours such as a familiar aged cheddar, a soft brie, a firm Manchego, a smoky gouda, and a crumbly blue.

#### KNIVES.

Each cheese should have a knife suited to its unique texture.

#### FRUIT.

Add some dried fruit or fresh grapes to the platter as a foil for the rich, savoury cheese.

#### LABELS.

An excellent excuse to purchase mini chalkboards.

#### SPACE.

Try not to overcrowd the plate – the right sized surface can be as important as (if less delicious than) the edibles themselves.



# Planting Inspiration

## INCORPORATING PLANTS INTO YOUR DÉCOR.

Decorating with plants satisfies a very primal need, restoring a sense of balance, especially in the city.

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Filling your home and terrace with plants and greenery has benefits beyond aesthetic appeal. For one thing, plants oxygenate the air, making every breath you take more pleasantly efficient, and improving your overall sense of well-being. It's been argued that plants like bamboo palms and peace lilies actually work better than HEPA air filter machines!

And then there's the benefit of those fresh, herbaceous aromas and flavours that accompany eating the actual

fruits of your labour. Take herb gardens, for example. They add a pretty pop of green to your windowsill or balcony and depth to your meal prep.

For upkeep that's even more low maintenance, try an asymmetrical selection of succulents, or set up some small glass terrariums and hang a few air plants, which, like their name suggests, take most of their nutrients from the air.

## LOCAL GARDEN CENTRES WORTH EXPLORING

To get you started on seamlessly integrating plants into your décor and making the best of your terrace, here are a few of our favourite garden centres in the area:

**THE HOME DEPOT GARDEN CENTRE**  
101 WICKSTEED AVENUE

**EVERGREEN BRICKWORKS**  
550 BAYVIEW AVENUE

**DAVENPORT GARDEN CENTRE**  
1466 BAYVIEW AVENUE

Your best bets for adding colour and greenery, indoors and out.

**MARIGOLDS**

Low maintenance, pest-repellent, and bright.



**BAMBOO**

Create a cool, zen-like patio with strategically placed bamboo shoots.



**HERB GARDEN**

Rosemary, oregano, parsley – low maintenance, and edible.



**IVY GERANIUM**

Double-petaled flowers, perfect for hanging baskets.

# Plants

# With Benefits

**AUBERGE ON THE PARK**



**ALOE**

Looks pretty while cleaning the air. Plus it has natural healing properties.

**ENGLISH IVY**

One of the best air filtering plants, and incredibly adaptable and easy to grow.



**BAMBOO PALMS**

Attractive and almost exotic-looking, and one of the best air purifying plants out there.



*Indoor*



**PEACE LILIES**

Low maintenance and does well in the shade.



*Outdoor*



**TRIDEL**  
BUILT FOR LIFE

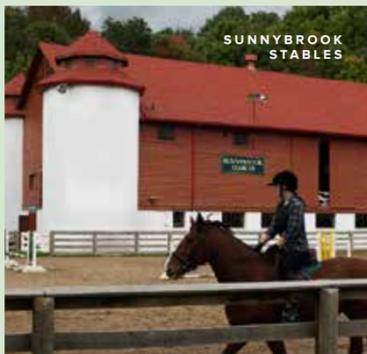
**ROWNTREE**  
ENTERPRISES

## ENTERTAIN YOUR SENSES

Playfully decorative flourishes, like oversized floral pendant lamps, lend charm to a French-inspired vestibule, welcoming you to the Party Room. Elegantly paired with rich marbled surfaces, a soothing sense of balance is expertly established.

**AUBERGE**  
ON THE PARK™

# AN INTERWOVEN NETWORK OF PARKLAND



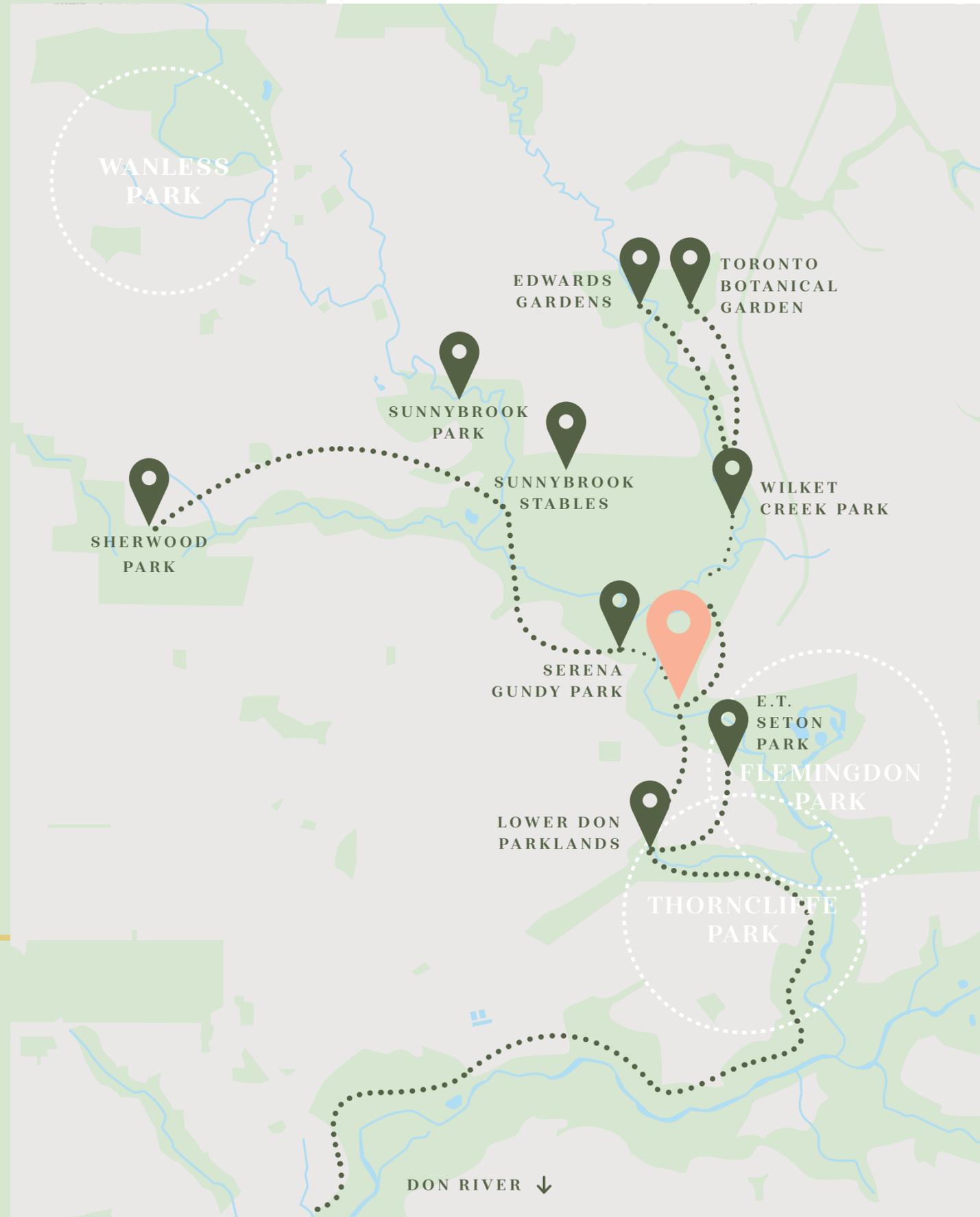
SUNNYBROOK STABLES

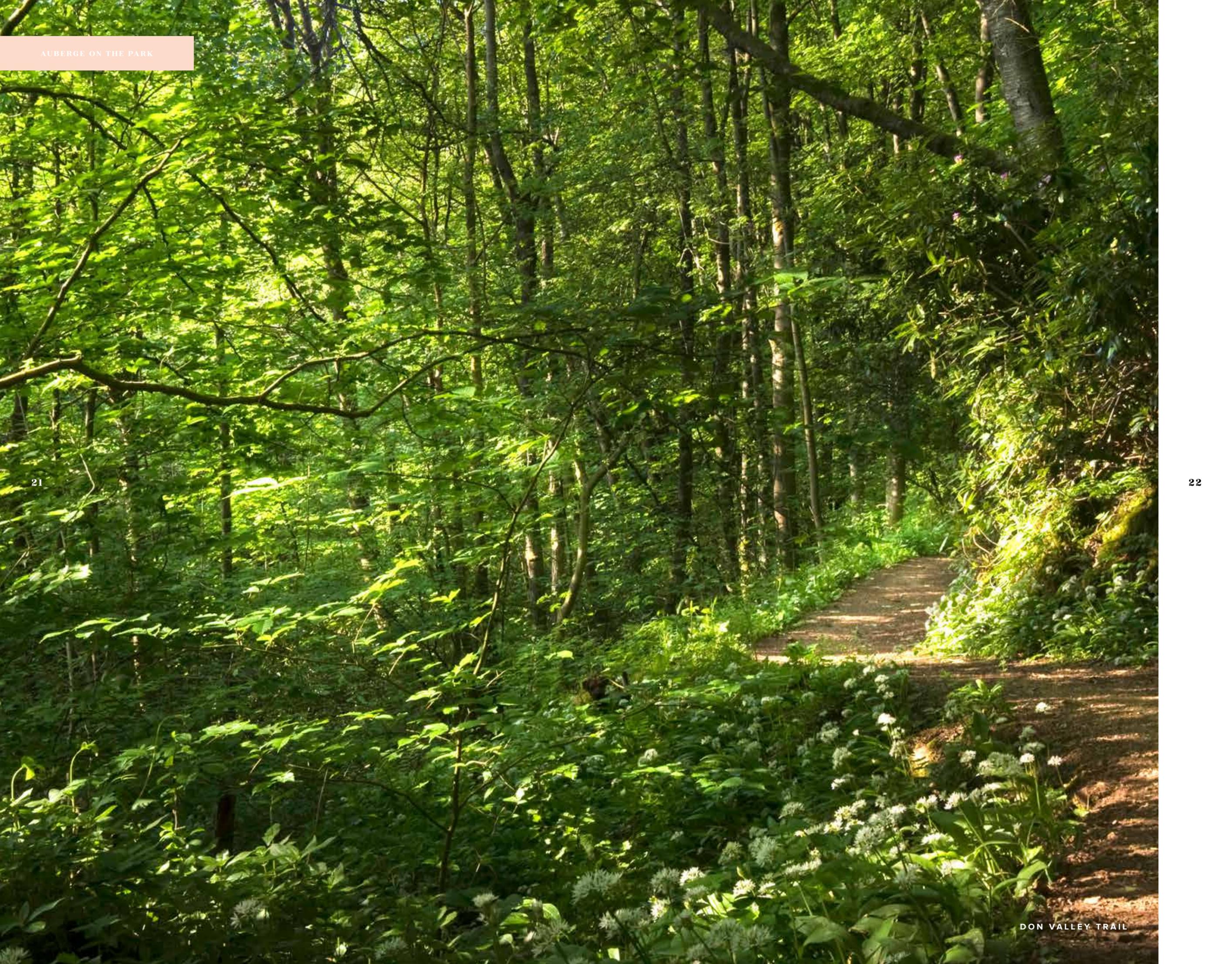


WILKET CREEK PARK

Whether it's to park yourself on a bench with a book or beneath a shady tree, the verdant pull of park space is irresistible. Luckily, you happen to be in the enviable position of living amidst a vast network of lush parklands, making this particular area of Toronto especially unique.

The Don River stretches about 38km from the Oak Ridges Moraine, all the way down to Lake Ontario, with many trail opportunities and manicured gardens to meander through along the way. The Lower Don Parklands is one of the largest urban environmental restoration projects in the world.



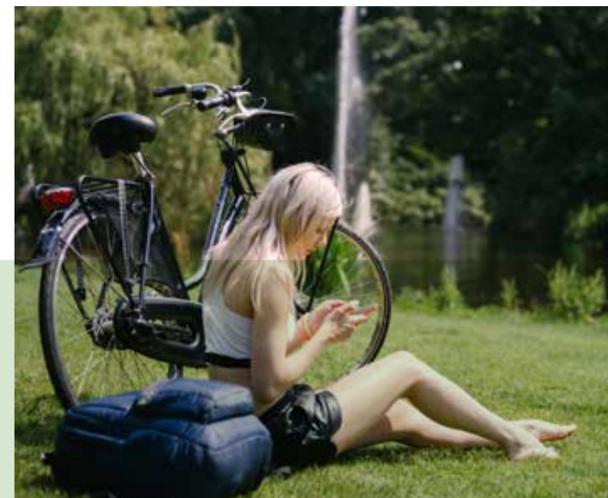
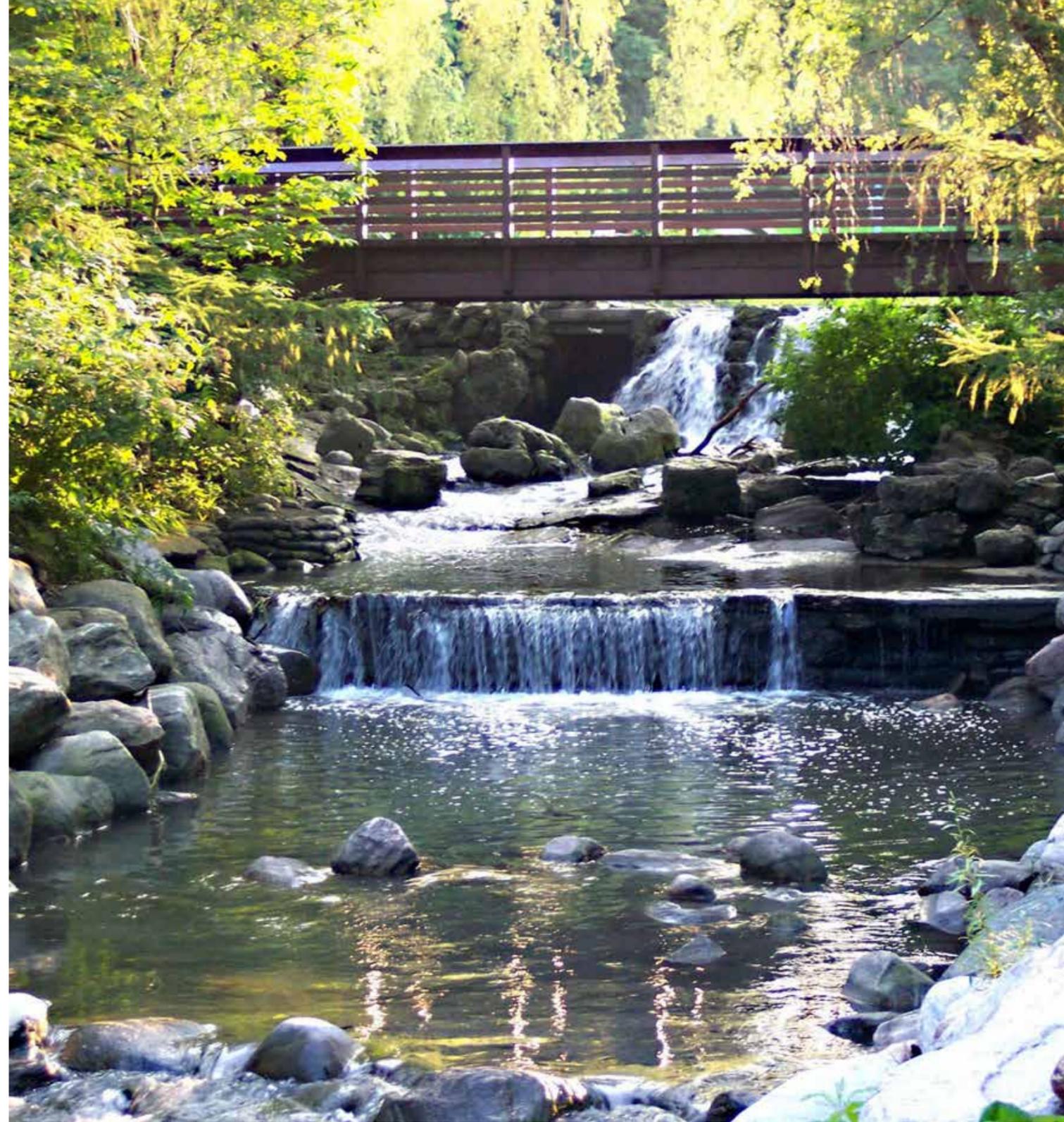




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# INTO THE GREEN

Here are just a few of the many neighbouring, intertwined green spaces you have the pleasure of visiting whenever the mood strikes.



EDWARDS GARDENS/TORONTO BOTANICAL GARDEN ^

This former estate garden features perennials and roses on the uplands and wildflowers and an extensive rock garden. On the upper level, it also boasts an impressive arboretum.

AUBERGE ON THE PARK



WINDFIELDS PARK

This nature park includes two hundred-year-old-trees, a pond and marsh area, and many species of wild flowers, birds and other wildlife. It's ideal for picnicking in the summer and cross-country skiing in the winter.



LOWER DON PARKLANDS

The Don offers many opportunities for long and short walks away from city traffic. Walk the Don in a series of self-guided interpretive paths located throughout the watershed, with prepared trails suitable for family use.



SHERWOOD PARK

This picturesque wooded park has two wading pools, great walking or running trails, picnic tables and a large playground, as well as a fenced-in, off-leash area for dogs.



SERENA GUNDY PARK

Named after the first wife of the late James H. Gundy, owner of a 20-hectare private estate. It was donated to the city with the stipulation that \$200,000 would be spent on park improvements and a memorial to the Gundy Estate.



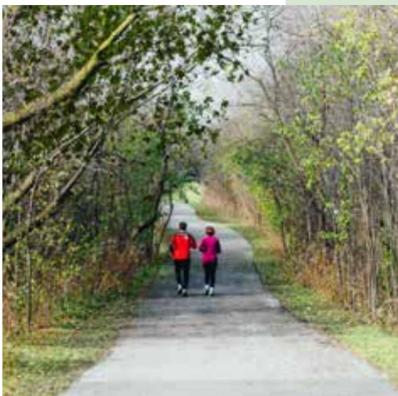
WILKET CREEK

Well-known for its mature coniferous and deciduous forest communities, as well as some uncommon bird species that stop by during seasonal migrations.



E.T. SETON PARK

Named after Ernest Thompson Seton, a British author and naturalist, this park features an archery range, Nordic skiing and equestrian trails, as well as fire pits and plenty of paths for cycling and jogging.



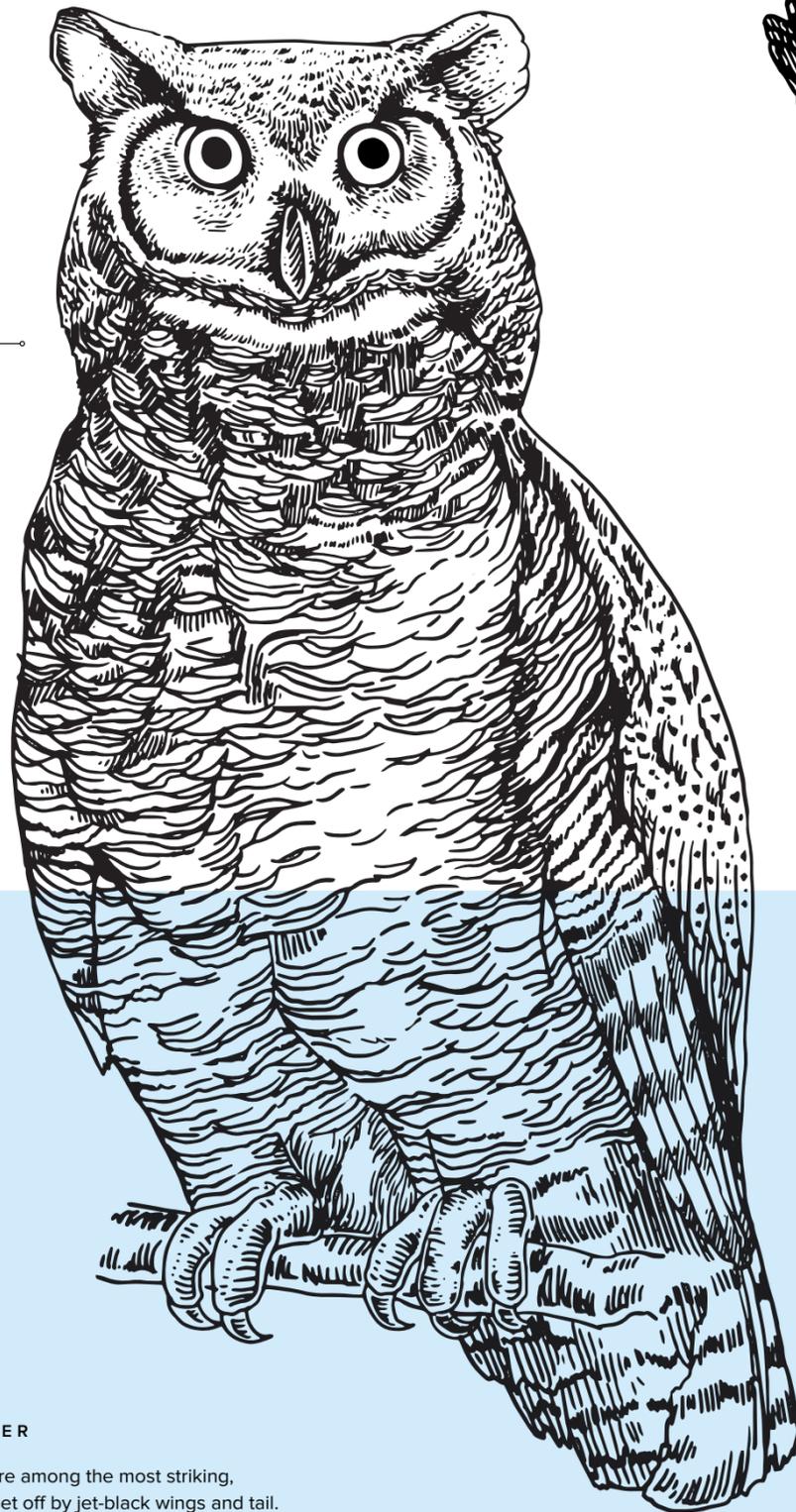
# BIRDWATCHING

## AT SUNNYBROOK PARK

Sunnybrook Park, Serena Gundy Park and E.T. Seton Park together form a very large patch of mature deciduous and mixed forest. This makes the area an especially rich locale for birdwatching. Several notable bird species can be found in these parts: Great Horned Owl, Wood Thrush, Veery, Scarlet Tanager, Red-tailed Hawk, American Redstart and both species of Cuckoo.

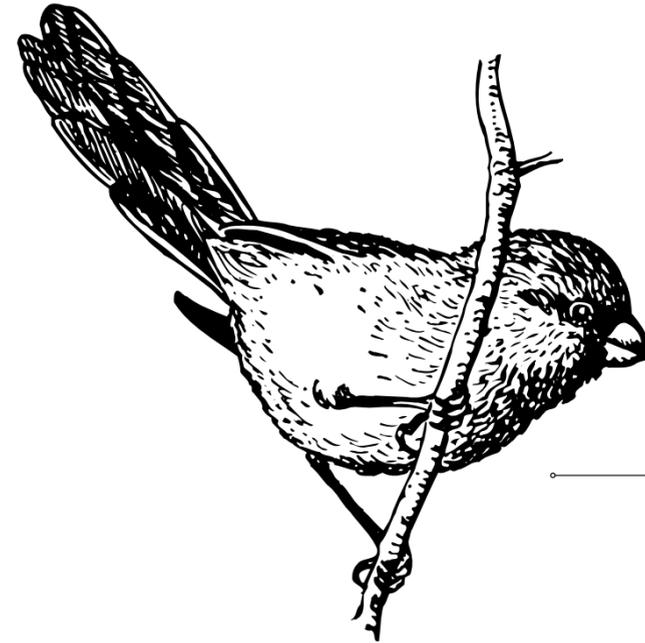
### GREAT HORNED OWL

An extremely adaptable bird with a vast range, it is the most widely distributed true owl in the Americas.



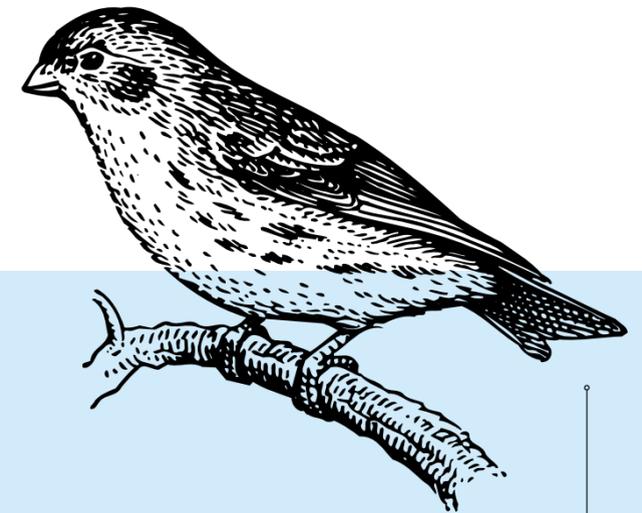
### CUCKOO

Find both black-billed and yellow-billed cuckoos in these forests. Look for their brown backs, white bellies and long tails.



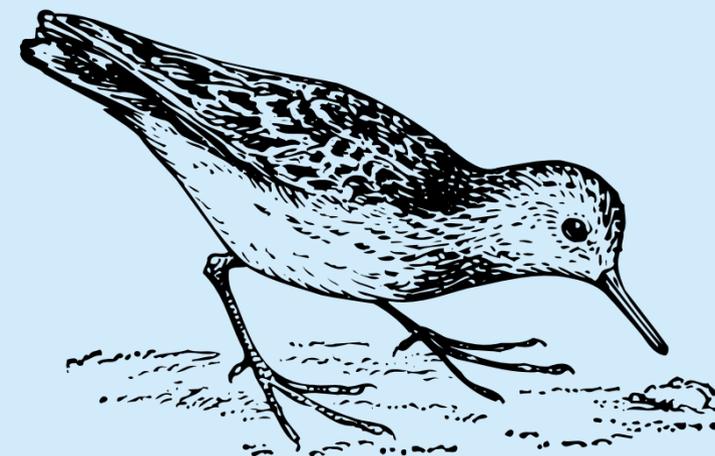
### AMERICAN REDSTART

Coal black with vivid orange patches, this lively warbler hops among tree branches in search of insects.



### WOOD THRUSH

A medium-sized songbird, about 20 cm long – slightly smaller than the American robin and similar in shape.

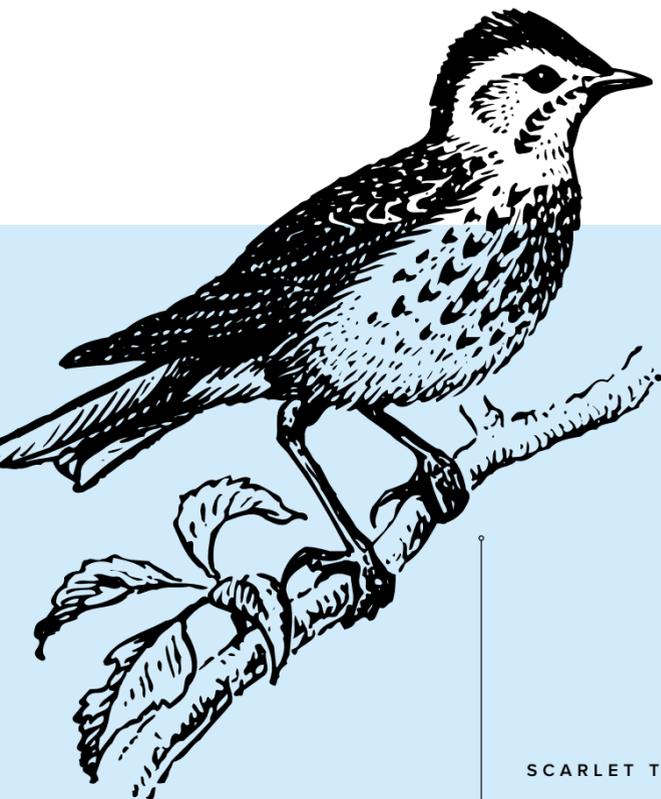


### VEERY

This small, cinnamon-brown forest thrush gets its name from the cascade of “veer” notes that make up its song—a common sound at dusk and dawn in summer.

### SCARLET TANAGER

Male scarlet tanagers are among the most striking, with blood-red bodies set off by jet-black wings and tail.





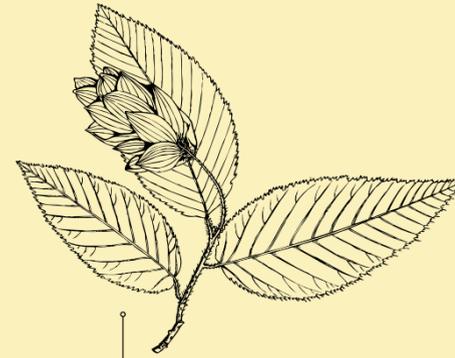
# A FLORA FIELD GUIDE

WHAT THESE WOODS ARE MADE OF.

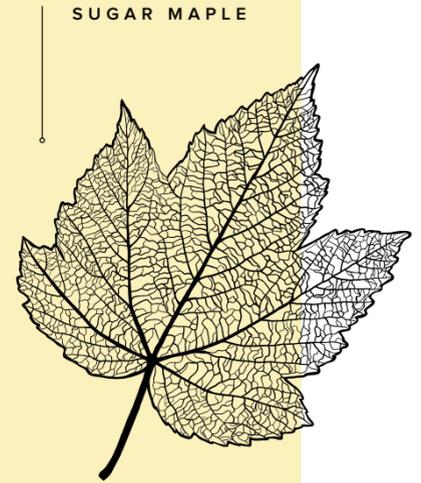
Arm yourself with a pair of binoculars, a notebook to record your finds and a whole lot of patience. Get ready to forget, at least for a few minutes, that you're right in the centre of the city.



WHITE SPRUCE



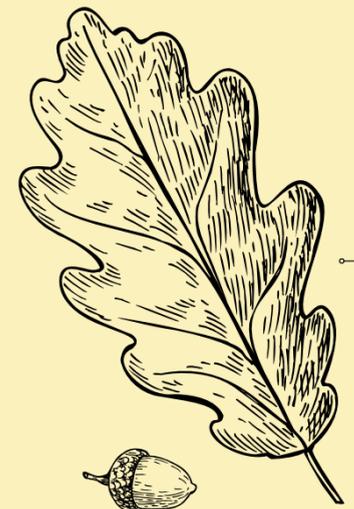
HOP HORNBEAM



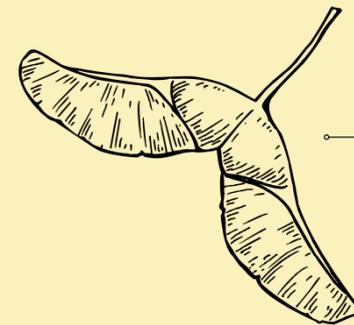
SUGAR MAPLE

*Discover what's in your neck of the woods.*

From white spruce to eastern hemlock, sugar maple to sumac, these woods provide a study in botanical breadth. In the warmer months, an array of earthy greens permeates the palette. But come autumn, the most vibrant reds and yellows you've ever seen unveil themselves for a truly breathtaking experience.



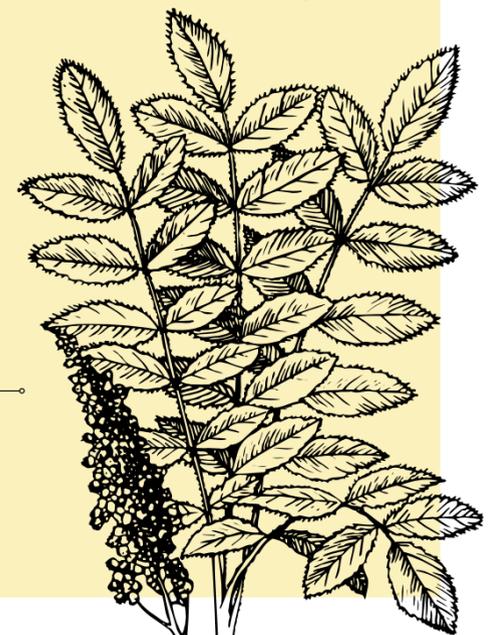
RED OAK



MAPLE  
KEY



EASTERN HEMLOCK



STAGHORN  
SUMAC

# The Sunnybrook side of the street

## THE EGLINTON CROSTOWN LRT

The future Eglinton Crosstown LRT\* will feature an accessible, surface-level stop right at Leslie and Eglinton. The Sunnybrook Park stop is less than a 5-minute walk from Auberge, whisking passengers across the city in dedicated right-of-way transit lanes.

Projected to be complete in 2021, the route will stretch from Mount Dennis in Toronto's west end, all the way to Kennedy Station in Scarborough – a 19km corridor. With 25 stations and stops, The Crosstown will link to 54 bus routes, three subway stations and various GO Transit lines.



Image Source: thecrosstown.ca

Auberge On The Park

\*Source: www.metrolinx.com, such information is for information purposes only and has been provided as a public service by the website. The Vendor does not represent or warrant that any content of the website is accurate, current or error-free. The Vendor shall not be liable or responsible for any warranties or representations made by Metrolinx in terms of the creation and completion of the proposed crosstown LRT and related stations. Illustrations are artist's concept. Map not to scale.

## LRT VEHICLE DESIGNS

LRT vehicles will be of modern European-style design with a length of approximately 30 metres. They will be fully accessible to all riders, with low floor vehicles with level boarding from platforms. Boarding will occur at all doors to reduce time spent serving stops/stations.



## IN CASE YOU WERE WONDERING: FACTS ABOUT THE LRT

### What is light rail transit?

Light rail transit (LRT) is a rapid transit system that uses electric-powered vehicles, running on rails, in a dedicated right-of-way lane (not shared lanes with cars), and stops at stations instead of bus stops.

### What makes it "rapid" transit instead of just transit?

- The vehicles run in dedicated right-of-way lanes so they don't get stuck behind traffic.
- They have signal priority at intersections. That means the signal will turn green or stay green so the LRT vehicle can proceed through the intersection.
- Stations are spaced farther apart than bus stops so there are fewer stops along the route.
- Passengers pre-pay at stations so boarding is faster through multiple entrances when the vehicle arrives.
- Vehicles will arrive frequently enough that passengers just arrive at the station and take the next vehicle instead of waiting for a schedule.
- Electric vehicles can accelerate faster and more smoothly than buses.

### Is LRT accessible?

Yes. Modern LRT vehicles allow low-floor with at-grade boarding right on the curb. People travelling with mobility devices like wheelchairs and scooters can just roll on and roll off.

# WILDBIRD

622 MT PLEASANT ROAD

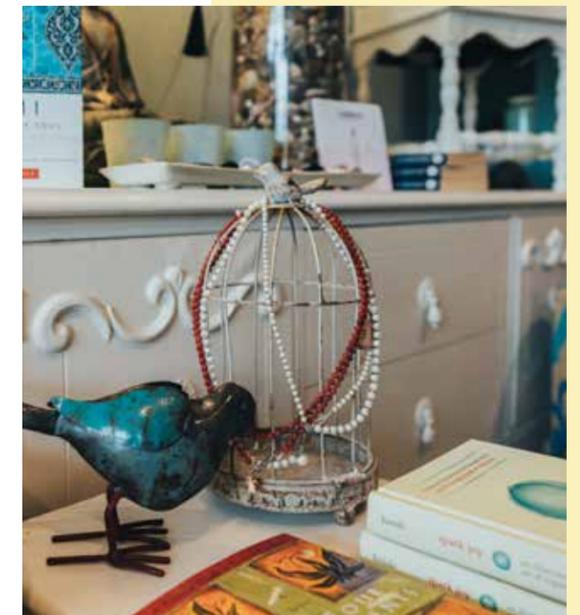
Catering to “friends of feathered friends”, Wildbird in Mt. Pleasant Village opened its doors 20 years ago, at the time dealing exclusively in birdseed.

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Today, the shop still carries an extensive range of GMO-free organic birdseed, but it's expanded and evolved to include a variety of decorative birdfeeders, as well as other trinkets and tchotchkes for your terrace garden. Full of unique finds, at Wildbird you can also peruse local, reclaimed and one-of-a-kind furniture pieces, artwork and organic skincare products.



# To the MARKET



**Your weekly grocery excursion has never been this enjoyable.**

With so many places to picnic nearby, not to mention your own personal terrace, it helps to have a solid selection of go-to grocers in the vicinity.



Your checklist of unique and tantalizing food purveyors – find something for every palate at one of these fine establishments.

**ROWE FARMS**  
1617 BAYVIEW AVENUE

**METRO**  
1050 DON MILLS ROAD

**GAIA NATURAL FOODS**  
864 EGLINTON AVENUE EAST

**HEALTHY PLANET**  
95 LAIRD DRIVE

**LOBLAWS**  
301 MOORE AVENUE

**LONGO'S**  
93 LAIRD DRIVE

**MCEWAN**  
38 KARL FRASER ROAD

**WHOLE FOODS**  
1860 BAYVIEW AVENUE



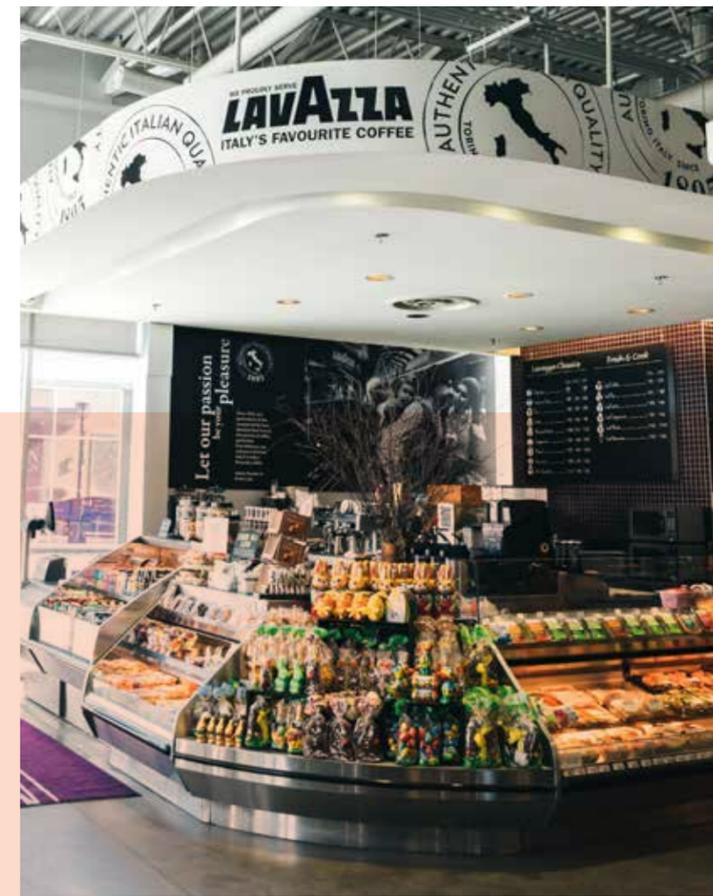
MCEWAN GOURMET GROCERY STORE

Located at Shops at Don Mills  
38 Karl Fraser Road, Toronto | (416) 444-6262

AUBERGE ON THE PARK

mcewan





## MCEWAN

A gourmet marketplace for foodies and the people who love them. MCEwan features a delectable selection of specialty and hard-to-find grocery items.





# OPEN-AIR SHOPPING

More than a shopping centre, Shops at Don Mills is an outdoor lifestyle destination modeled after California-style open air shopping malls. A network of meandering inner streets lead you on a stroll, converging at the central square, and stopping in at various shops along the way. Don't have time to take in the entire thing? Here are some of our top picks at Shops at Don Mills.



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## ANTHROPOLOGIE

PROFILE

19 CLOCK TOWER ROAD

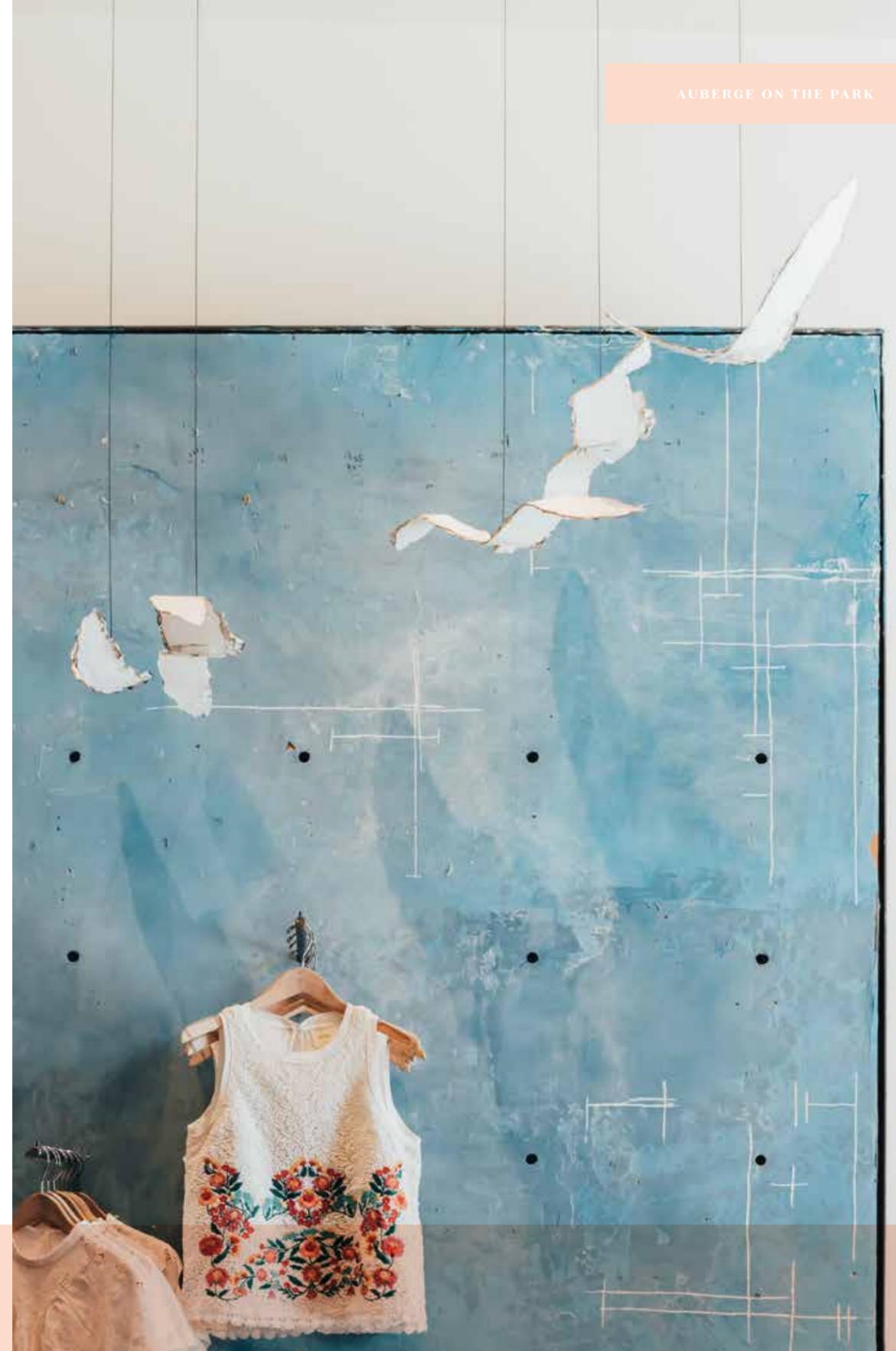
Anthropologie's co-creator Richard Hayne spent two years conceptualizing the store with architect and interior designer Ron Pompei before opening its doors. The two travelled, visited museums, took in cultural events, and shopped at outdoor markets. During this time, they gleaned the

importance of texture, as well as imbuing the shopping experience with a sense of narrative. The way each Anthropologie location is laid out allows customers to create their own narratives as they meander through the store.



45

Indeed, Anthropologie feels more akin to a museum or gallery than a retail environment. Each visit is an experience, and you could peruse its wares for hours, simply taking in the lavish details and rich combinations of colours, textures and found objects. Truth be told, it's rather difficult not to make a purchase – everything is just so beautiful. But even so. The experience of being there is satisfying in itself.



# ARTEMANO

PROFILE

1090 DON MILLS ROAD



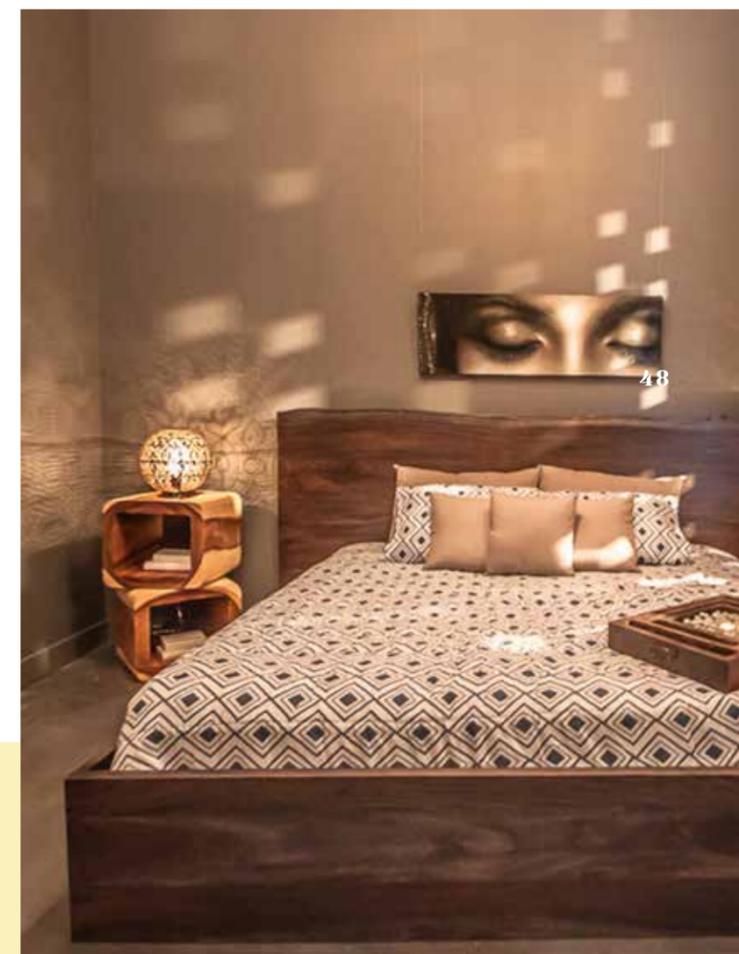
## Natural States

### THE ONE-OF-A-KIND WOOD FURNISHINGS OF ARTEMANO

There's something about surrounding yourself in wooden accents and furnishings that makes you feel closer to nature. There's a sturdiness about the material. It adds warmth to a space, and without fail, makes us feel safe and at home. Wood tells a story, one that's unique to its culture and place of origin, imbuing every space with its calming, ambient energy.

Artemano is passionate about wood in all its forms, so you can imagine their furniture showroom reflects exactly this. From rosewood and mango wood from India and teak from Thailand, to wood that's been recycled and repurposed, each piece is as true to its natural state as possible. Each has its own unique story to tell.

When deciding what kind of story you want your new home to tell, here's some visual inspiration to get you started.

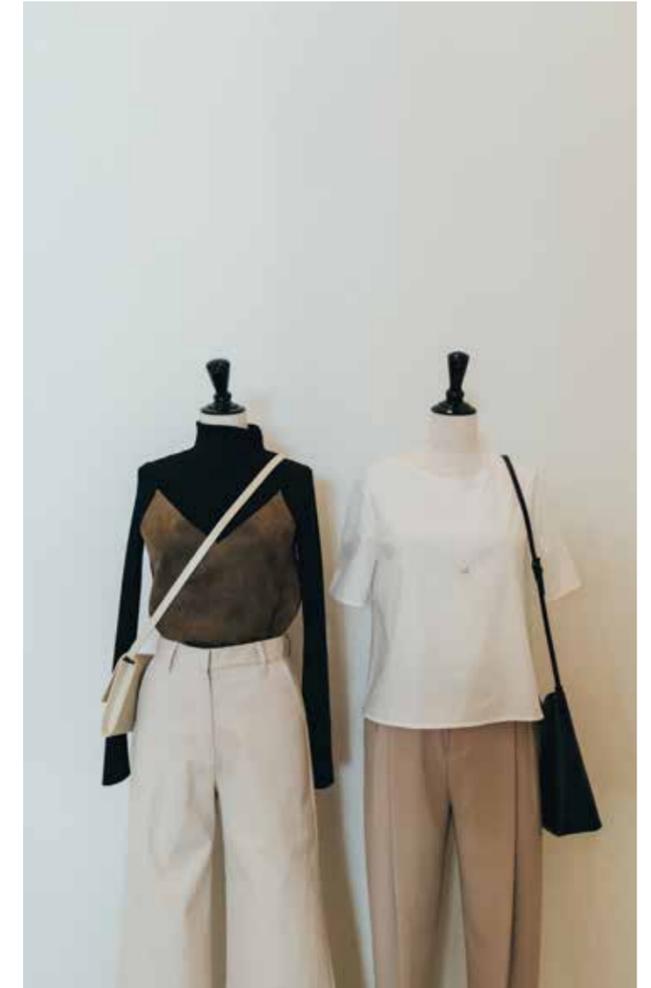




OAK + FORT ^

v 12 KARL FRASER ROAD

MORE  
TOP PICKS



ARITZIA

1090 DON MILLS ROAD

Canadian women's fashion boutique stocked with the latest in clothing and accessories, selling in-house brands like Wilfred, TNA and Talula.



FRANK + OAK

15 KARL FRASER ROAD



# SIPS & BITES

A selection of cafés and high end watering holes are strategically sprinkled throughout Shops at Don Mills. Here are some of our favourites.



ICE'N CAKE



PANERA BREAD



GLOW



STARBUCKS



TEAVANA



BOOSTER JUICE



AROMA ESPRESSO

## SATISFY YOUR CRAVINGS

### ICE'N CAKE

Gelato and sweets to nibble on, on the patio beneath an awning or as you walk.

### STARBUCKS

Old faithful. Everyone's go-to, right where you need it, and perfect for grabbing on-the-go.

### BOOSTER JUICE

Canada's largest chain of fresh juice and smoothie bars, specializing in beverages made of pure fruit juice, real fruit sorbets and yogurt.

### AROMA ESPRESSO

Fresh bites like homemade bread and salads, plus espresso beverages brewed to perfection.

### TEAVANA

A wide variety of premium loose-leaf teas, as well as teaware and accessories, gifts, and drinks to go.

### PANERA BREAD

A counter-serve bakery and café chain serving sandwiches, salads and other light fare. Just follow the scent of fresh-baked bread.

### GLOW FRESH GRILL

In the mood for something with a little more kick? Stop by Glow for a glass of red or white or a light bite, before continuing on your way.

## SUBTLY FRENCH-INFUSED

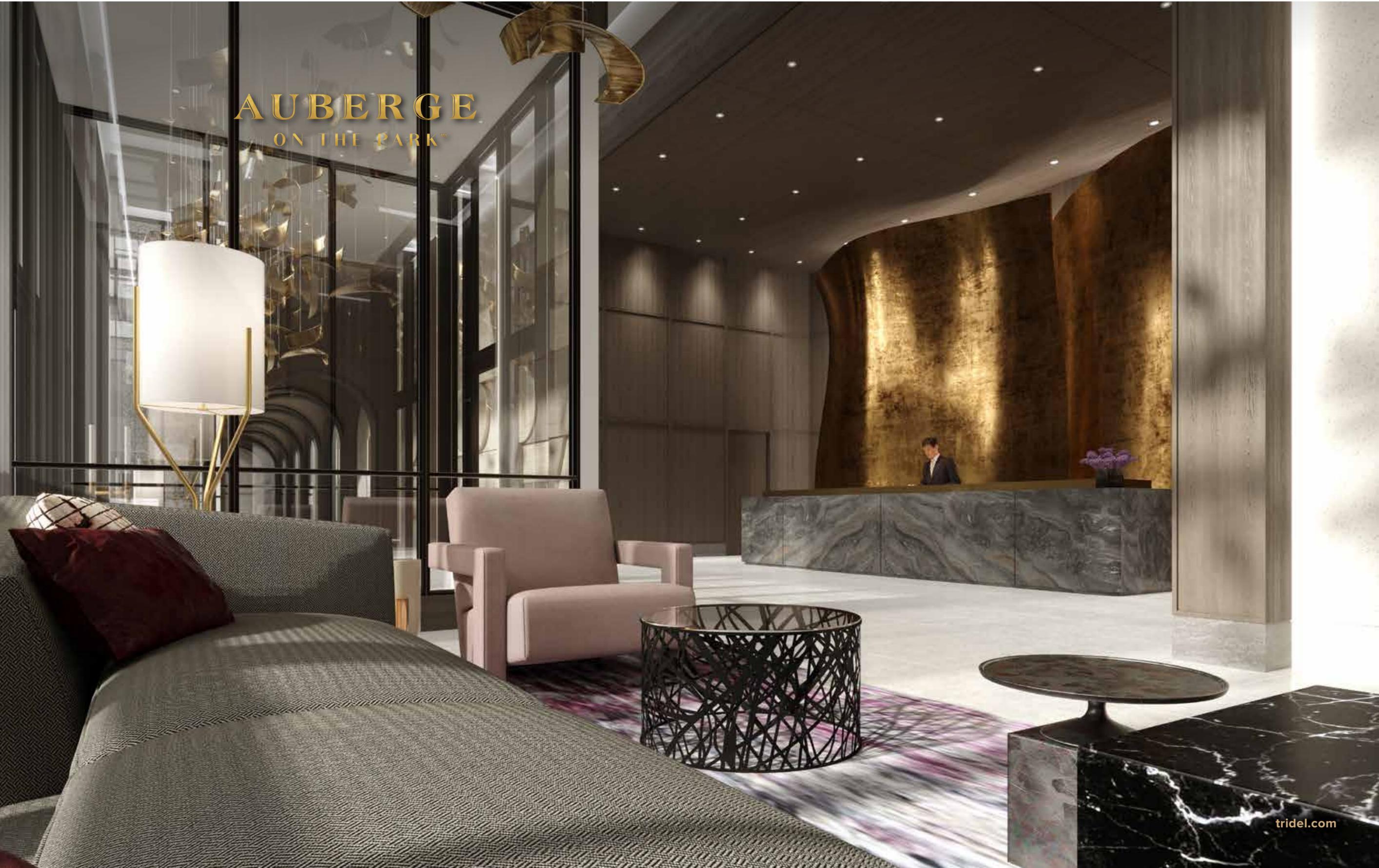
A curved statement chandelier anchors a refined foyer, organically twisting towards a cluster of plush, oversized seating. Natural materials like classic marble and visibly grained wood work to create an overall aesthetic of a calm welcoming space that evokes a subtle *je ne sais quoi*.

TRIDEL®  
BUILT FOR LIFE

ROWNTREE™  
ENTERPRISES

# AUBERGE

ON THE PARK™



FABBRICA



**FABBRICA**

49 Karl Fraser Rd, North York  
(416) 391-0307

Serving up rustic Italian offerings from Chef Mark McEwan, Fabbrica features a cozy vibe with wooden textures cleverly balanced with a chic lounge aesthetic. An authentic pizza oven anchors the open kitchen where handcrafted dough is tossed to perfection, adding to the humble Italian ambience. Other options include meatball sandwiches and scratch-made pastas, but the menu changes seasonally. The best part: after a tasty meal, simply walk across the street to McEwan Grocery to pick up supplies for your own Italian feast.

*[fabbrica.mcewangroup.ca](http://fabbrica.mcewangroup.ca)*



NEIGHBOURHOOD

# DINING





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**LOCAL PUBLIC EATERY**

180 Laird Dr, East York  
(416) 696-6226

Slick, stylish neighbourhood tavern with elevated pub grub, small plates & craft beers.

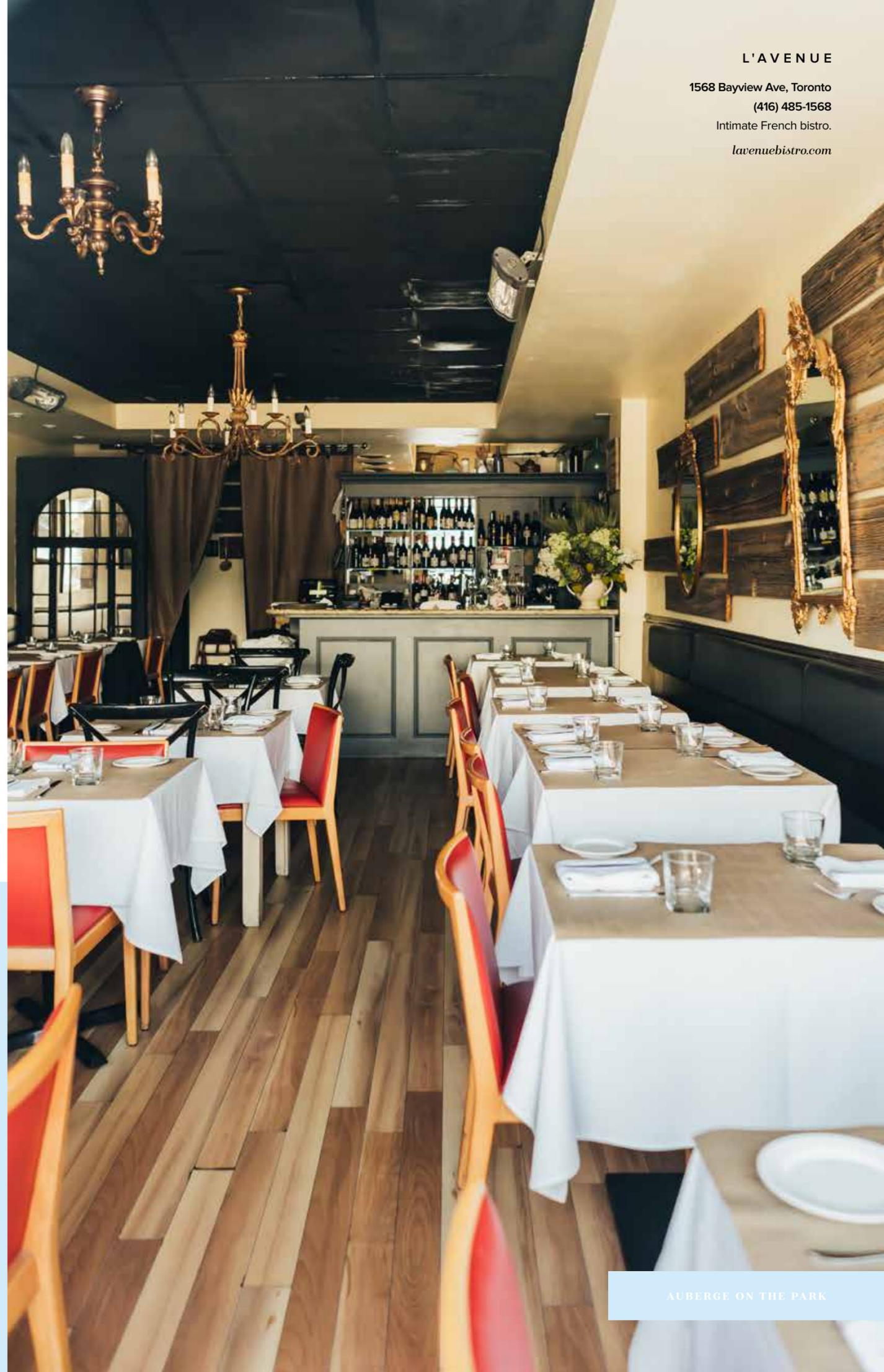
[localleaside.com](http://localleaside.com)

<

**LEMONGRASS**

1630 Bayview Ave, Toronto  
(416) 322-8202

Asian-fusion fare blending traditional tastes with Western flavours in a bright contemporary space.



**L'AVENUE**

1568 Bayview Ave, Toronto  
(416) 485-1568

Intimate French bistro.

[lavenuebistro.com](http://lavenuebistro.com)

AUBERGE ON THE PARK



### KABUKI SUSHI

4 O'Neill Rd, North York  
(416) 222-0118

Offering an extensive menu of traditional Japanese specialties & reimagined dishes.

[kabukisushilounge.com](http://kabukisushilounge.com)

>

### KAISEKI YU-ZEN HASHIMOTO

6 Garamond Ct, North York  
(416) 444-7100

Refined, upscale restaurant with just 3 tables serving multi-course meals & a tea ceremony.

[kaiseki.ca](http://kaiseki.ca)

v



### MORE LOCAL EATS

#### POSITANO

633 Mt Pleasant Rd, Toronto  
(416) 932-3982

Italian cuisine from the Amalfi coast.

[positanorestaurant.ca](http://positanorestaurant.ca)

#### EAT INDIAN BY AMAYA

1574 Bayview Ave, Toronto  
(416) 322-0020

Casual Indian dining.

[amayarestaurant.com](http://amayarestaurant.com)

#### JOEY DON MILLS

15 O'Neill Rd, North York  
(416) 445-6391

Modern, fashionable dining with a broad menu.

[joeyrestaurants.com](http://joeyrestaurants.com)

#### OLDE YORK FISH & CHIPS

96 Laird Dr, East York  
(416) 696-9670

Large traditional British pub with comfy leather booths that focuses on seafood dishes.

[oldeyorkfishandchips.com](http://oldeyorkfishandchips.com)

#### MEXICO LINDO

1618 Bayview Ave, Toronto  
(647) 436-4340

Tasty authentic Mexican cuisine.



^

#### NANDO'S

939 Eglinton Ave E, Toronto  
(416) 425-9292

Slick, stylish neighbourhood restaurant famous for its legendary butterfly-cut, flame-grilled PERI-PERI chicken. Pick up one of their famous sauces to go!

[nandos.ca](http://nandos.ca)



# Something Sweet

There is something decidedly French about a really good pastry, and indeed, a great sense of nostalgic comfort that goes along with it. Here are some of the sweetest spots you'll find to hone your pastry appreciation skills.

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“There is little in life that could not benefit from a little love, a little time, and a stick of butter.”

— JULIA CHILD

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## Charmaine Sweets Studio

115 Vanderhoof Avenue, East York  
(416) 234-5105  
[charmainesweetsstudio.com](http://charmainesweetsstudio.com)

An adorable neighbourhood bakery with the feel of a French boulangerie, Charmaine Sweets is the creation of pastry chef Teresa Ho, and named after her eldest daughter, also a trained pastry chef.

Only the best ingredients fill the Charmaine Sweets pantry – European-style butter, fresh nuts and premium dark chocolate. Fresh breads are baked daily with gourmet sandwiches made to order, along with French bakery classics like Napoleons, choux pastries, and fluffy chiffon cakes.

Charmaine Sweets also offers classes. Check their website for schedules.





### ^ Rahier Patisserie

1586 Bayview Ave, Toronto  
(416) 482-0917

A warm patisserie featuring fruit tarts and other delicate French pastries, as well as a charming patio on which to enjoy your sweets.

[rahierpatisserie.com](http://rahierpatisserie.com)

### Thobors Boulangerie Patisserie Café ^

627 Mt Pleasant Rd, Toronto  
(416) 544-1733

An authentic French bakery that uses only the freshest, highest quality ingredients. Confections are handmade by an expert pastry chef, baker and chocolatier.

[thobors.ca](http://thobors.ca)

### > Cupcakes

85 Laird Dr, East York  
(416) 287-2253

Irresistible cupcakes reign supreme at this Leaside locale. Pop in for one, or surprise your family with a boxful.

[originalcupcakes.com](http://originalcupcakes.com)



### The Rolling Pin >

1970 Avenue Rd, Toronto  
(416) 691-4554

A trendy spot featuring donuts, cakes and pies, the likes of which light up any Instagram feed with images good enough to eat.

[therollingpin.ca](http://therollingpin.ca)



# WINE NOT?

Three Wines You'll Love this Fall  
(at every price point!)



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NATALIE HO  
MYLITTLESECRETS.CA  
A DIY/LIFESTYLE BLOG

There is nothing more fabulous than being able to enjoy terraces and patios extending into the fall season. When you've spent so much time and energy putting together a tranquil outdoor living area, you certainly want to prolong the use of it as much as you can.

I find fall evenings a great time to entertain outdoors. With the help of some extra comfy cushions and snuggly blankets, your terrace can transform into a cozy and welcoming sanctuary. And guess what, serving up your favourite wines helps too!

I love wine. I can't say that I have any one bottle that I most adore. I also like to experiment. However, typically I stick to specific regions (some of my go-to's include Italy, Spain, and Australia). And to be honest, sometimes a pretty label also catches my attention!

Here are three wines I've recently tried at varying price points that would be a great fit for your next late summer evening soirée.



## BY.OTT Rosé 2016

Provence, France

Rosé is quite popular during the hotter months, but is certainly not only reserved for summer. It's equally as refreshing and appealing all year round. I was recently gifted a bottle of Rosé from France that I thoroughly enjoy, and it inspired me to give a few others a try.

BY.OTT is an extension to the Domaines Ott family of wines originating from Provence, France. This Rosé exhibits a pretty and translucent pink colour. And in terms of notes, it is fruity with hints of white peach, apricot, passion fruit and mango. I think it is extremely suitable for the fall season, as it's delicately infused with sweet spices like cinnamon and cardamom.

I really enjoy this selection, it is fresh, crisp, and clean. It is perfectly paired with a light salad, fish and seafood dishes.

For under \$30, the BY.OTT is a great choice for easy terrace entertaining.



## Robert Mondavi Cabernet Sauvignon 2014

Napa Valley, USA

To me, red wines always go hand in hand with classiness and relaxation. I don't generally reach for Cabernet Sauvignon at the wine shop but the late Robert Mondavi is considered the godfather of California wine country, so I had to give this one a try.

If you're like me and enjoy a bold and full bodied wine that will leave you feeling warm and cozy, this 2014 Cabernet Sauvignon is a great choice. The tasting note is a combination of black cherry, plum, and blueberry with a dose of sweet spice, herbs, and a hint of tobacco. It is fabulous paired with meats and cheeses or a pasta dish for a casual yet sophisticated evening with friends.



## FANTI Brunello di Montalcino 2011

Tuscany, Italy

On celebratory occasions or when I'm in the mood to really impress, I like to pick up something extra special, and that means I typically reach for an Italian Red, but that's just my preference!

The FANTI Estate has been around since the early 1800's and has always been known for the production of wine, extra-virgin oil and cereals. Currently still run as a family business, FANTI produces a number of famous wine products.

This Brunello is medium bodied with rich fruity notes of plum, dried fruit, spice, mushroom and chocolate. I found this combination both unexpected and intriguing. Paired with a finely seasoned steak for a special celebration, this wine will have your guests requesting more!

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## Final Thoughts

Selecting a wine for your next get together can be quite overwhelming. I generally start with deciding on a price point, then what type of food I may serve.

It's always fun to experiment, so don't be afraid to do so! I hope these three selections have inspired you to give them a try.



# GO ANYWHERE

404

DON VALLEY PARKWAY

BAYVIEW EXTENSION

TTC

CROSSTOWN LRT

Need to get downtown? The downtown core, along with major routes in and out of the city, are easily accessible. Not only are you just a few minutes' drive from the Don Valley Parkway, Hwy 404 and the Bayview Extension, but you're close to TTC and located neatly along the future Crosstown LRT\*, as well.

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\*Source: [www.metrolinx.com](http://www.metrolinx.com), such information is for information purposes only and has been provided as a public service by the website. The Vendor does not represent or warrant that any content of the website is accurate, current or error-free. The Vendor shall not be liable or responsible for any warranties or representations made by Metrolinx in terms of the creation and completion of the proposed Crosstown LRT and related stations. Illustrations are artist's concept. Map not to scale.

# BEST LAID PLANS.

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Consider your next few weekends planned.

Whether it's a culture fix or simply getting in touch with your natural surroundings, there is no shortage of things to do around these parts.



## SUNNYBROOK STABLES

1132 LESLIE ST  
(416) 444-4044

[sunnybrookstables.ca](http://sunnybrookstables.ca)



## GRANITE CLUB

2350 BAYVIEW AVE  
(416) 449-8713

[graniteclub.com](http://graniteclub.com)



## CINEPLEX VIP CINEMAS DON MILLS

12 MARIE LABATTE RD  
(416) 644-0660

[cineplex.com](http://cineplex.com)



## SKY ZONE TRAMPOLINE PARK

45 ESANDAR DR #1A  
(416) 421-4567

[skyzone.com](http://skyzone.com)

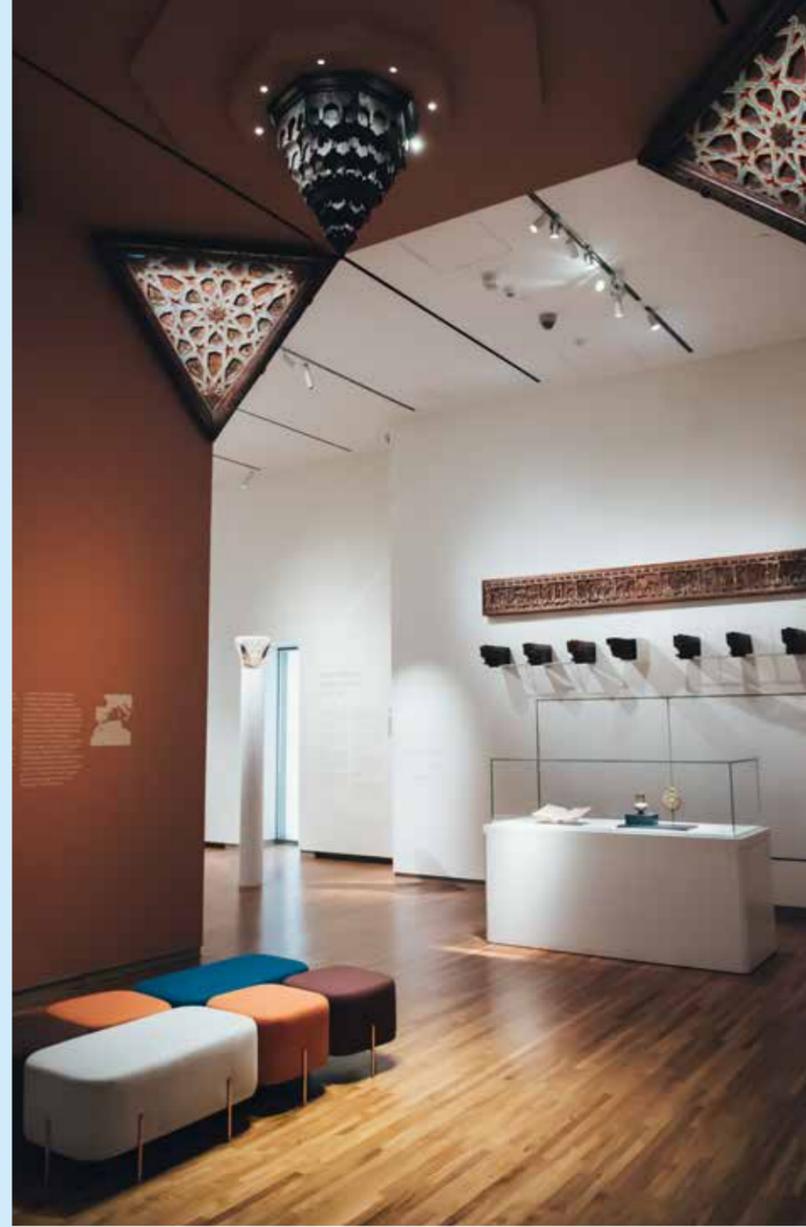


## JAPANESE CANADIAN CULTURAL CENTRE

6 GARAMOND CT  
(416) 441-2345

Founded in 1963, the Japanese Canadian Cultural Centre (JCCC) is one of the largest and most vibrant Japanese cultural centres in the world. Its mandate is to promote Japanese culture and Japanese Canadian heritage. It offers a broad spectrum of Japanese traditional and contemporary cultural programs, martial arts, festivals, performances, film screenings, art exhibitions and other experiences.

[jccc.on.ca](http://jccc.on.ca)



## THE AGA KHAN MUSEUM

77 WYNFORD DR  
(416) 646-4677

Beyond a spectacular venue for the exhibition of artifacts, the museum is a catalyst for dialogue and expansion of understanding. An ongoing incubator of talent, performing artists are invited here to interpret and expand on Islamic civilizations' contributions to arts, science, and intellectualism.

[agakhanmuseum.org](http://agakhanmuseum.org)



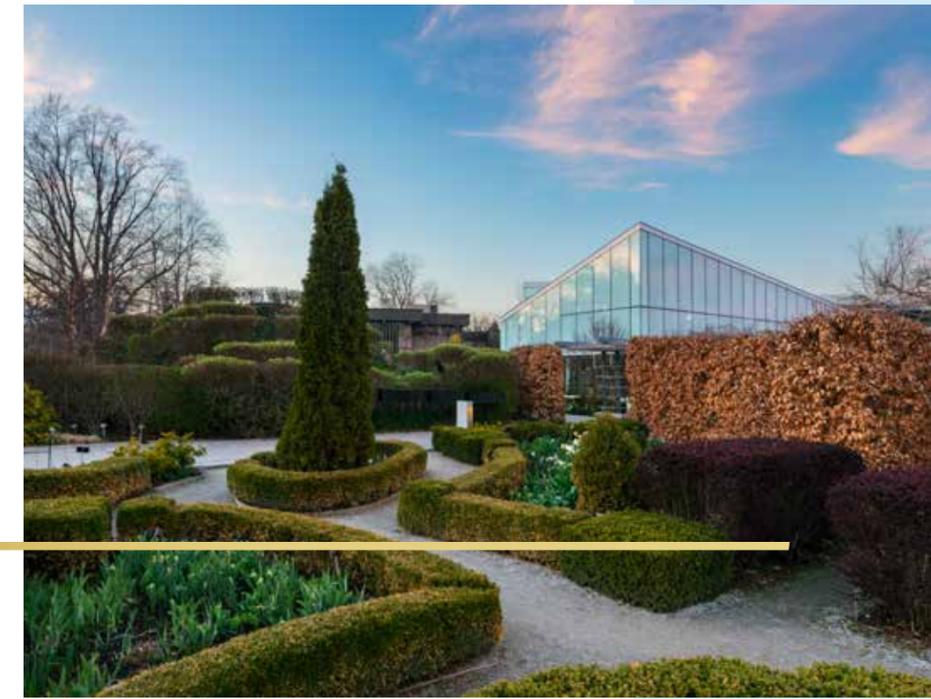


## TORONTO BOTANICAL GARDEN

777 LAWRENCE AVE E  
(416) 397-1340

Designed to educate and inspire, these gardens span four acres along Toronto's Don Valley Ravine, and offer indoor and outdoor learning experiences like courses, garden tours and nature camps. In the summer, dine at the garden café, visit the Thursday organic farmers' market, and enjoy free guided tours and outdoor music.

[torontobotanicalgarden.ca](http://torontobotanicalgarden.ca)



## EVERGREEN BRICKWORKS

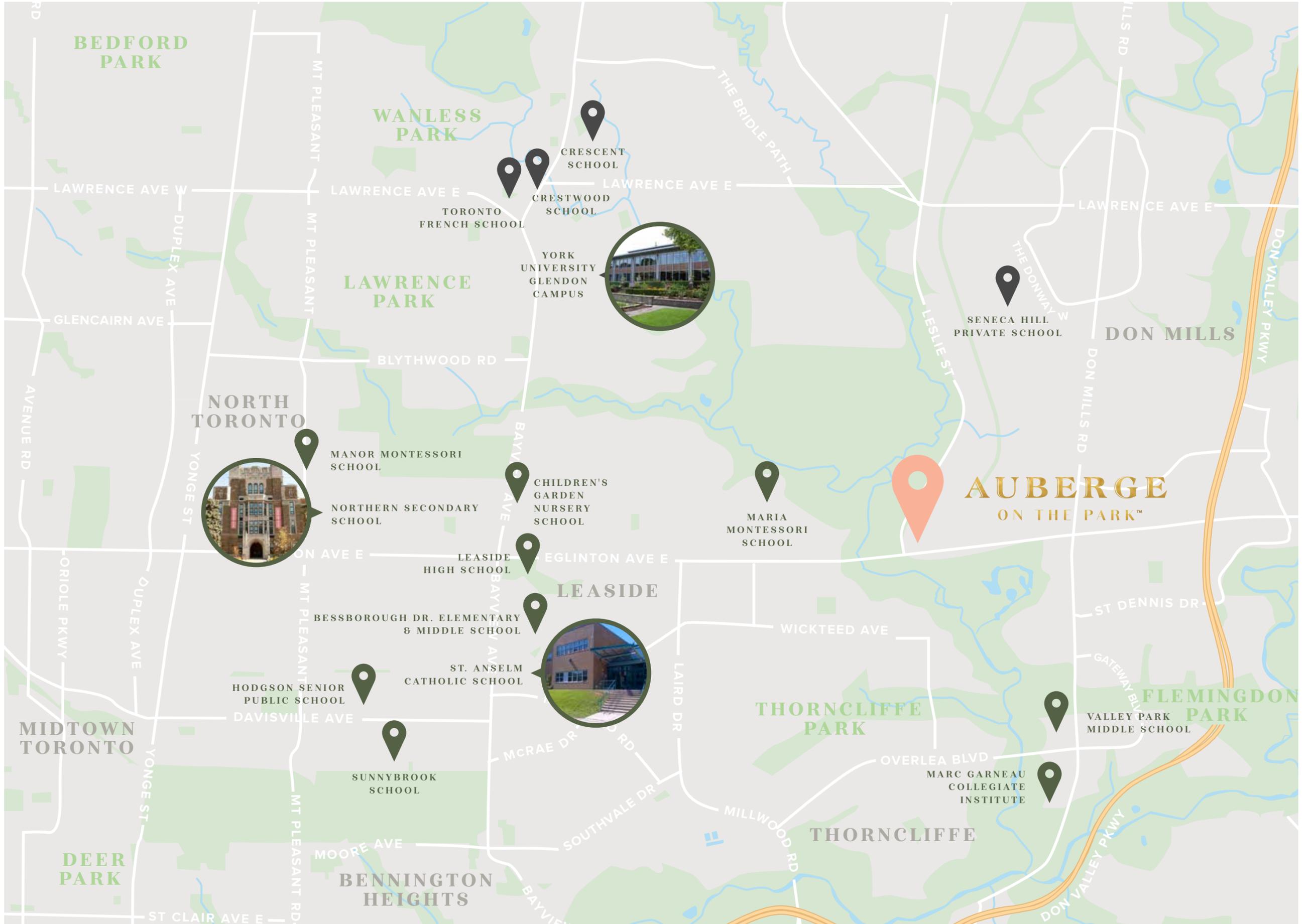
550 BAYVIEW AVE #300  
(416) 596-1495

A former quarry and industrial site in the Don River Valley, the Brickworks is an environmentally-focused community and cultural centre featuring weekly farmers' markets, an expansive garden centre, a series of naturalized ponds and trails, and fabulous local food that's sustainably sourced.

[evergreen.ca](http://evergreen.ca)



# Area Academics



# THE SECRETS OF FRENCH DESIGN

## Parisian style here at home

French homes are known for their old world elegance, effortless approach to luxurious touches, and an unmistakable juxtaposition of contemporary furnishings and timeless classics. Though it may take our architectural elements a touch longer to reach a similar historical flair as those sensational duplex homes in Paris (we are still celebrating #Canada150 after all), we can most certainly achieve the Parisian style right here in Canada with six key essentials.



TIM LAM  
DESIGNMAZE.COM  
DESIGNMAZE-TIM@BLOGSPOT.CA

## SHOWSTOPPING ANTIQUE BED

If we spend, on average, one third of our lives sleeping, wouldn't it make sense to indulge in a bed we absolutely love and in the best possible quality we could afford? Nothing speaks French allure better than an authentic, curvaceous antique bed with exceptional carvings, pristine caning, and a paint finish that is nothing short of spectacular.



4

Photo: styleathome.com



5

Photo: hymnsandverses.com



Photo: interiorgod.com

## FRENCH COUNTRY

One of the most popular décor styles of all time is French Country. From super soft striped linens to well-loved furnishings full of character and charm, the shabby chic aesthetic duplicates that relaxed, French countryside vibe we all long for. To get the look, visit your local vintage shops, antique markets, and online resources. You will be surprised by the treasures available right in your neighbourhood.



1

Photo: styleathome.com

## STUNNING CHANDELIER

From favourite movie sets in Paris to the glossy pages of Vogue Living France, no space is complete without a spectacular chandelier (or two) to wow our eyes and to provide overall illumination and ambience. This glamorous kitchen hits all the right notes with a dynamite chandelier and a pair of vintage Murano glass pendants to give this new kitchen instant character and heighten the luxe factor without being over the top.



2

Photo: homebnc.com

## VINTAGE CHINOISERIE

A French word for European interpretation of artistic traditions from Asia, Chinoiserie was highly celebrated among royalty and elites in the 18th century where walls of sumptuous staterooms in palaces were decorated with breathtaking murals with a "façon de la Chine" expression. Lucky for us, hand painted wallpaper is now available, and here is a gorgeous dining room dressed head to toe in pure serenity.

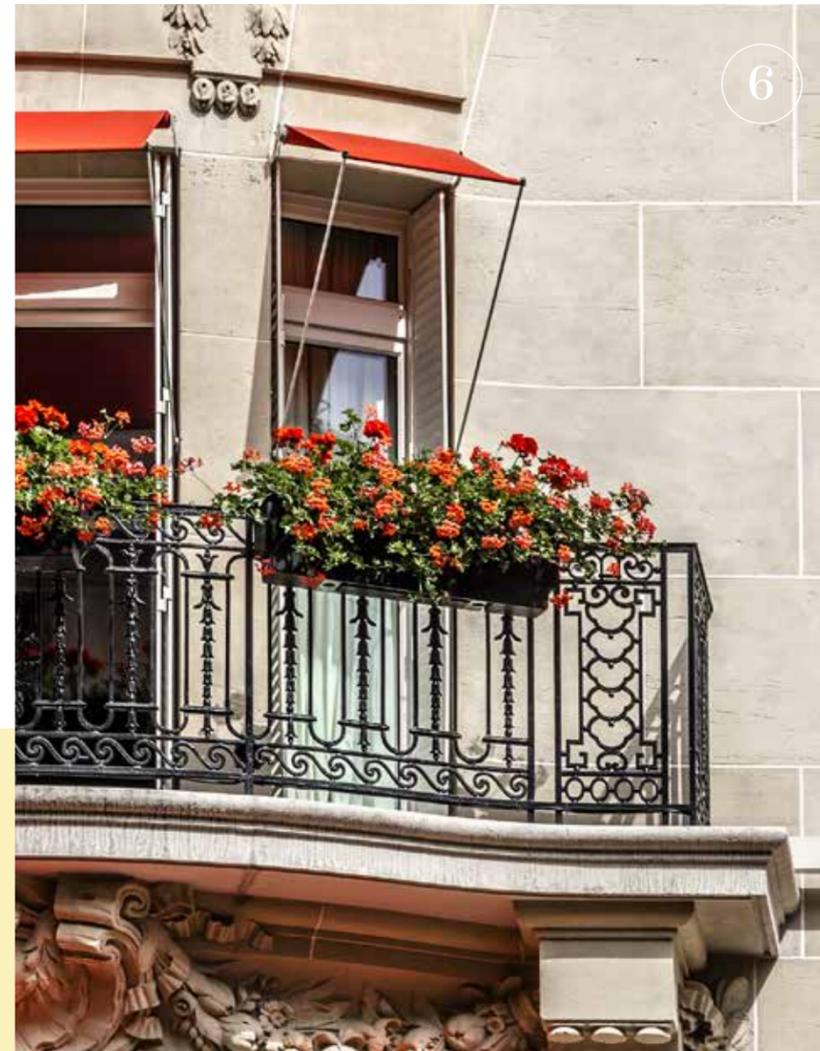


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Photo: blackroosterdecor.com

## LOUIS XVI MEETS 21st CENTURY

Speaking about luxury from a bygone era, Louis XVI furniture is known for its signature restrained, geometric reference to classical Greek architectural motif, making one-of-a-kind antiques and reproductions in the Louis XVI style a popular furniture choice. This charming daybed had me at bonjour with its French-style tufted seat cushion, handcrafted carvings, and nailhead trim detail.



6

## PARADISE IN THE SKY

Let's face it, we all love the City of Lights. The fresh blooms in the markets, the sidewalk cafés, and, of course, the infamous narrow balconies of Parisian apartments with breathtaking views.

A terrace is truly a piece of prime real estate, being your very own outdoor paradise. To create your own Parisian-inspired terrace or balcony, look for outdoor fabric in stripes, add cushions on beautiful wrought iron furniture, surround the perimeter with planters full of greenery and vibrant blooms, and then enjoy the amazing view of your city with a cup of café au lait.



Photo: instagram.com

# 5 Morning Rituals

*to help you seize your surroundings, and your day.*



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Waking up is automatically more appealing when you live in a lush, nature-infused space like this. But even so, morning rituals help keep you present, allowing you to appreciate your surroundings and make the most of every day.

Here are 5 morning rituals that will help you do just that.



JORDANA HART  
REGISTERED HOLISTIC NUTRITIONIST  
& BLOGGER

IHARTNUTRITION.COM

## 1. Water with Lemon

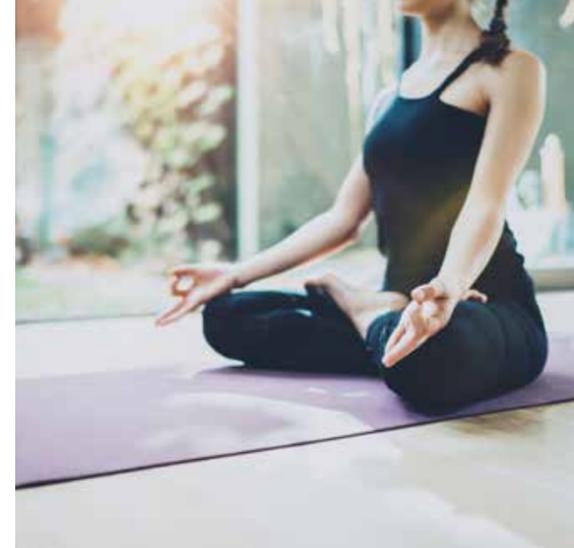
Begin each day with a glass of water and a squeeze of fresh lemon. This hydrates the body, stimulates your digestive system, and ramps up your metabolism.

## 2. Morning Brew

A small cup of hot coffee is morning comfort at its best - don't forget to sip it slowly, and savour every ounce. Source local shops for quality beans that will impress your taste buds.

## 3. Savour the Silence

Give yourself at least 10 minutes every morning to just sit and take in your beautiful surroundings. Use the time to breathe mindfully, acknowledge what you are grateful for, and think about your goals and intentions for the day ahead.



## 4. Breakfast

Eat breakfast every day. A healthy breakfast infuses you with energy that is essential for productivity. Do your best to balance fat, protein, and carbohydrates. Some examples include: whole grain toast with eggs and sliced tomato, greek yogurt with fruit and slivered almonds, steel cut oats with fresh berries and cinnamon, or a protein smoothie.

## 5. Movement

The benefits of exercise are endless: It helps improve mood, reduces stress, provides energy, supports weight management, and helps to ensure a deeply restful night's sleep – all of which make waking up the next morning that much more enjoyable.

## The Perfect Banana Chocolate Smoothie

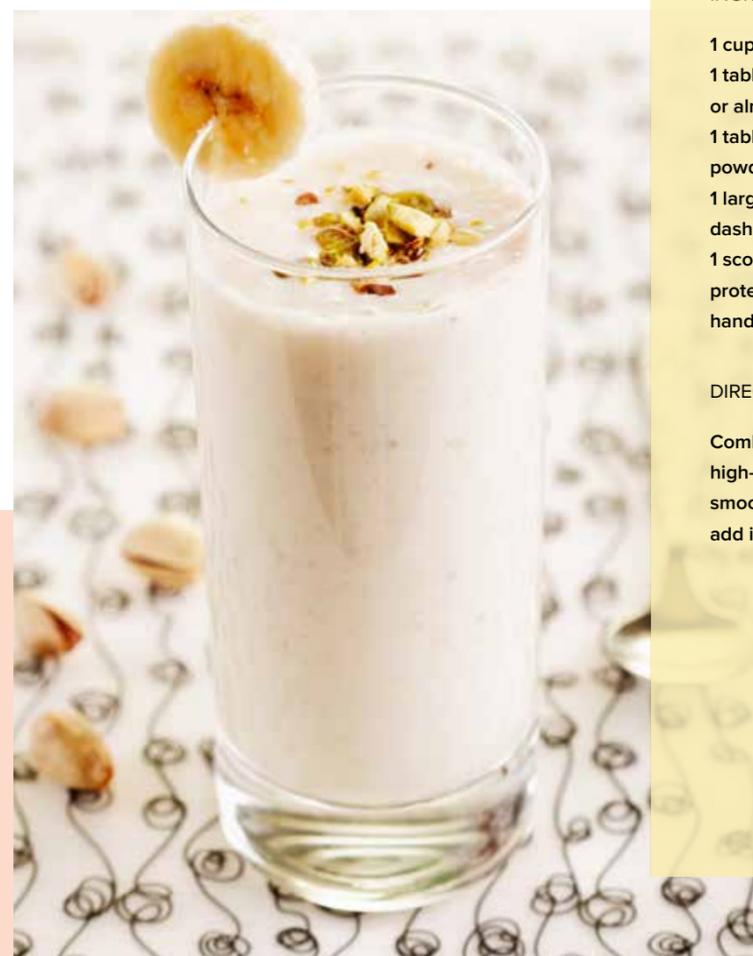
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### INGREDIENTS

- 1 cup unsweetened almond milk
- 1 tablespoon natural peanut butter or almond butter
- 1 tablespoon unsweetened cocoa powder
- 1 large frozen banana, sliced
- dash of cinnamon
- 1 scoop vanilla or chocolate protein powder (optional)
- handful of baby spinach (optional)

### DIRECTIONS

Combine all ingredients into a high-powered blender. Blend until smooth. For a thicker smoothie add in some ice.





AUBERGE  
ON THE PARK

**TRIDEL**<sup>®</sup>  
BUILT FOR LIFE

**ROWNTREE**<sup>™</sup>  
ENTERPRISES

AUBERGE  
ON THE PARK<sup>™</sup>