

Preparing for Surgical Excisions

Excision: An excision is when a dermatologist surgically removes harmful or unwanted tissue such as skin cancers or cysts. It's highly effective and can usually be completed in one appointment. The surgery is done under local anesthesia and does not require sedation.

Knowing what to expect and how to prepare for surgery can help your procedure go as smoothly as possible. Dr Brantley will answer all your questions and help put you at ease. In the meantime, please see the following list of Do's and Don'ts to help prepare for your procedure.

DO:

- Shower or bathe before your appointment to cleanse the area. We recommend leaving the wound covered for the first 48 hours post-op, so thoroughly cleaning before is a preferred.
- Make sure to dress comfortably so your doctor can easily access the surgery site during the procedure.
- Continue your daily routine the day of your procedure. (e.g., Take medications as prescribed, eat, etc.)

DON'T

- Please do not schedule your procedure in a time frame where you will be traveling directly after the procedure. Complications after your procedure, though rare, are best taken care of with in-person visits rather than with phone calls. Also, suture removal is required within two weeks after the procedure. (The time frame varies depending on the surgery site).
- Please avoid heavy lifting, swinging, twisting motions for the duration of your stitches. This can cause the stitches to fall apart. Keep these restrictions in mind when scheduling your procedure.
- Avoid applying lotion near the surgical site as this can interfere when applying bandages.