

# Family Social History Questionnaire

Client's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Father's Age: \_\_\_\_\_

Mother's Age: \_\_\_\_\_

Occupation: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer: \_\_\_\_\_

Highest Grade Completed: \_\_\_\_\_

Highest Grade Completed: \_\_\_\_\_

Number of Biological Siblings \_\_\_\_\_

Number of Step Siblings \_\_\_\_\_

Client presently lives with (circle all that apply):

Both Parents          Mother          Father          Step-Parent          Other: \_\_\_\_\_

Others living in the home:

Name	Age	Relationship
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

## Family History

Please check any of the following that apply to the extended family of each parent and any siblings of the client. Please provide a brief explanation of any checked areas at the bottom of the page.

	Mother's Family	Father's Family	Siblings
<b>Anxiety</b>	_____	_____	_____
<b>Depression</b>	_____	_____	_____
<b>Attention/Concentration Difficulties</b>	_____	_____	_____
<b>Learning Disabilities</b>	_____	_____	_____
<b>Alcohol/Substance Abuse</b>	_____	_____	_____
<b>Other Mental Health Issues</b>	_____	_____	_____
<b>Serious Health Issues</b>	_____	_____	_____

Please Explain:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Developmental Information

Please check any of the following that apply to the client's mother during pregnancy and provide additional comments as appropriate.

<input type="checkbox"/>	Serious Injuries/Falls	_____
<input type="checkbox"/>	Excessive Bleeding	_____
<input type="checkbox"/>	Emotional Stress	_____
<input type="checkbox"/>	Lack of Pre-natal Care	_____
<input type="checkbox"/>	Alcohol/Drug/Cigarette Use	_____
<input type="checkbox"/>	Complications with Delivery	_____
Child was born <input type="checkbox"/> Early <input type="checkbox"/> On Time <input type="checkbox"/> Late. If early or late, how much?		
Weight at birth: _____		Length at birth: _____
General health of child at birth: _____		

Developmental Milestones	Early	On Time	Late
Walking	_____	_____	_____
Motor Coordination	_____	_____	_____
Talking	_____	_____	_____
Speaking in Sentences	_____	_____	_____
Toilet Training	_____	_____	_____

Has your child experienced any of the following? (Please circle and provide dates and details)

<b>Accidents/ Serious Injuries</b>	_____
<b>Severe Illnesses/Hospitalizations</b>	_____
<b>Head Injuries</b>	_____
<b>Surgery</b>	_____
<b>Chronic Pain</b>	_____
<b>Seizures or Convulsions</b>	_____
<b>Lyme Disease</b>	_____
<b>Exposure to lead paint</b>	_____
<b>Allergies (Environmental; Food; Drug)</b>	_____
<b>Death of person close to child</b>	_____
<b>Divorce or Separation of Parents</b>	_____
<b>Adoption</b>	_____
<b>Other Chronic Illnesses</b>	_____
<b>Physical Abuse</b>	_____
<b>Emotional Abuse</b>	_____
<b>Verbal Abuse</b>	_____
<b>Sexual Abuse</b>	_____
<b>Neglect</b>	_____
<b>Bullying and Harassment</b>	_____
<b>Alcohol/Substance Use</b>	_____
<b>Suicidal Thoughts/Attempts</b>	_____
<b>Aggression/Homicidal Thoughts</b>	_____
<b>Access to Firearms or other weapons?</b>	<b>No</b> <input type="checkbox"/> <b>Yes (If yes, details):</b> _____
<b>Destruction of Property</b>	_____
<b>Fire Setting</b>	_____
<b>Running Away</b>	_____

**Name of Child's Physician** \_\_\_\_\_ **Date of last Physical:** \_\_\_\_\_

**This Child's Current State of Health Is** (please circle):      **Excellent**      **Good**      **Fair**      **Poor**  
Please Explain: \_\_\_\_\_

**Current Medications** (Please list name and dosages) \_\_\_\_\_  
\_\_\_\_\_

**Does this child have regularly scheduled appointments with:**

Dentist	Yes	No	If no, any current dental needs? _____
Eye Doctor	Yes	No	
Other Specialists	Yes	No	If yes, Please explain _____

**Has this child ever received mental health services in the past?**      Yes      No  
Dates of Treatment: \_\_\_\_\_ Mental Health Professional's Name \_\_\_\_\_  
Location of Practice: \_\_\_\_\_  
For what issues? \_\_\_\_\_  
Prior Diagnoses (If known) \_\_\_\_\_

**Has this child ever been psychiatrically hospitalized?** \_\_\_\_\_

<b>How does this child sleep?</b>	Heavily	Lightly	Very Restlessly	Normally	
	Sleep Walks	Nightmares	Bed Wetting	Snores	
Average hours per night	_____	Insomnia			
<b>How is this child's appetite?</b>	Excellent	Good	Fair	Poor	Very Picky
	Bingeing	Purging	Laxative Use		
<b>Meals Per Day?</b>	3+Meals/Day	2 Meals/Day	1 Meal/Day	None	How Long?___

Other relevant health issues: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Social Information**

**How would you describe your child's friendships?** (Please circle all the apply)

- Makes friends easily      Changes friends often      Has few friends      Has no friends
- Has many older friends      Has many younger friends      Fights with friends      Parent's don't like choice of friends

**How would you describe your child in comparison to other children of the same age?**

- Extremely mature      Somewhat      Average      Less Mature      Extremely Less Mature
- mature

**Does your child have any of the following behaviors?** (Please circle all that apply)

- Short Attention Span      Impulsive Behaviors      Excessive Crying      Temper Tantrums
- Stealing      Violent Behavior      Fire-Setting      Holding Breath
- Pulling Out Hair      Head Banging      Hurting Self on Purpose      Being Accident Prone
- Destroys Property      Unusual Rocking      Urinating/Soiling      Suicidal Thoughts
- Excessive Thumb Sucking      Won't Give Up Special Toys      Unusual Sexual Behaviors/Interest      Suicide Attempts

**Educational History**

How old was your child when s/he started school? \_\_\_\_\_ What grade is s/he currently completing? \_\_\_\_\_

Please list the name and town of all the schools your child has attended. (Please include any pre-school, Head Start, educational programs, etc.): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Has your child ever repeated a grade? If so, what grade(s)?** \_\_\_\_\_

**How did your child feel about going to school when s/he started** (Please circle)

- Happy      Excited      Nervous      Afraid      Refused to go      Other: \_\_\_\_\_

**How does your child feel about going to school** (Please circle)

- Happy      Excited      Nervous      Afraid      Refused to go      Other: \_\_\_\_\_

**Has your child have any of the following at Elementary/Middle school?** (Please circle all that apply)

- Behavior      Concentration      Positive Peer Relationships      Conflicted Peer Relationships      Socially Isolated
- Was a bully      Was Bullied      Positive Teacher Relationships      Conflicted Teacher Relationships
- Poor Attendance      Poor Grades      Organization      Other: \_\_\_\_\_

**Has your child have any of the following at High School?** (Please circle all that apply)

Behavior                      Concentration                      Positive Peer Relationships                      Conflicted Peer Relationships                      Socially Isolated  
Was a bully                      Was Bullied                      Positive Teacher Relationships                      Conflicted Teacher Relationships  
Poor Attendance                      Poor Grades                      Organization                      Other: \_\_\_\_\_

**Does your child receive any special services or accommodations at school?**

(Please include information regarding special education, 504 Plans, or gifted and talented programs)

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**What are your child's areas of interest?**

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**What do you see as your child's strengths?**

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**Please share any other information you feel would be helpful to providing your child with effective psychotherapy services.**

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**IF YOU HAVE ANY QUESTIONS OR WOULD PREFER TO SHARE ANY INFORMATION OR CONCERNS VERBALLY, PLEASE FEEL FREE TO CONTACT ME. THANK YOU FOR TAKING THE TIME TO COMPLETE THIS FORM. THIS INFORMATION WILL HELP ME TO PROVIDE EFFECTIVE PSYCHOTHERAPY SERVICES THAT WILL MEET YOUR CHILD'S INDIVIDUAL NEEDS.**

Home phone: \_\_\_\_\_ Okay to leave message? \_\_\_\_\_

Work phone: \_\_\_\_\_ Okay to leave message? \_\_\_\_\_

Cell phone: \_\_\_\_\_ Okay to leave message? \_\_\_\_\_

Other contact: \_\_\_\_\_

Emergency Contact(s) Information: \_\_\_\_\_

Form completed by \_\_\_\_\_

Date: \_\_\_\_\_

Relation to child: \_\_\_\_\_