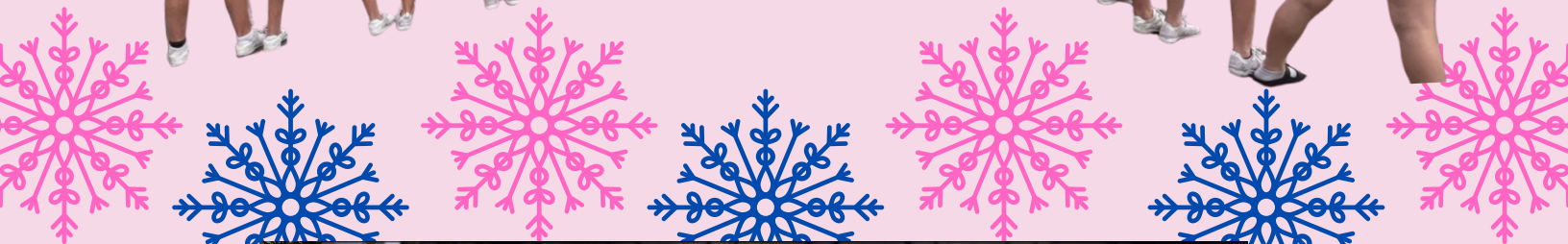


OWATONNA CHEER



Join us for Try Outs

Link to sign up: [Owatonna Cheer Tryout Registration](#)

Try Out Fee: \$80.00 (This fee includes team yard sign) Cash, Check or Venmo Accepted

Location: The Freezer, 3325 9th Street NW, Owatonna, MN 55060

Owatonna Cheer 2025-2026 Teams:

Performance Team: This team is geared towards athletes in grades 1st - 6th & 7th - 12th. Splitting of grades could change based off number of athletes. This is a great starting point for families who want a lower time and financial commitment. They will perform their routine but not compete. Practice is 1 day a week and the season runs from September - February.

All Travel Teams (Prep Team): These teams will compete / showcase at 3-4 local (MN) competitions and/or performances and 1 travel competition. These teams practice 2 days a week. Their season runs from late June -mid February. Competition weekend days will typically be 1 day. Grades 3rd - 12th.

*Flyers will be required to attend extra stretching and flyer classes outside of team practice.

Evaluations:

The evaluation process is low-pressure and fun! The athletes demonstrate jumps, tumbling skills, and stunts. They meet the coaches and new friendships are formed. We can't wait for you to experience it for yourself to truly understand the dynamics and traditions of the Owatonna Cheer program!

Performance Team: No Try Out Required. Registration will open in June.

Please sign up at: [Click Here](#)

All Travel Teams: **EVALUATION DATES: Tuesday, May 5th - Thursday, May 7th**

You will receive an email the week before tryouts telling you what time slot your athlete is assigned to for Tuesday May 5th. At the end of Tuesday's evaluation, each athlete will receive a call back via email for Wednesday May 6th, Thursday May 7th, or both.

Teams will be announced by: May 24th. **REQUIRED** parent meeting & fitting June 1st 6:00 PM at the gym.



Season Fees

All Travel Teams

- Tuition: \$2,340 (Billed monthly June-February \$260.00) This includes: Monthly tuition, competition entrance fees, end of season fee, 3 team bonding events and photographer fee for team fun photoshoot.
- All tuition payments are due on the 1st of the month. If payment has not been received by the 5th of the month, your credit card on file will be run and the credit card processing fees (4%) will be added to your monthly payment.
- There will be a credit card fee (4%) added to all credit card payments. Venmo, cash and checks accept. There will be a \$35 NSF charged to any returned checks.
- If you pay the season in full upfront (June 1) you will receive a discount. The season total will be \$2,106
- Sibling discounts: First athletes tuition is 100%. Each additional family athlete will get \$20 off each month's tuition (applies only to All Travel Teams only, NOT performance team, and NO pay in full discount combining).
- Uniform (Shirt, Skirt): \$285.00 - Billed half on July 1st and half on August 1st
- Bow: \$40.00 - Billed on July 1st
- White Cheer Shoes: Rebel Shoes \$110.00 / GK Shoes \$70.00*
- Practice Wear (2 outfits): \$140.00 - Billed June 1st
- Warmups (Sweatshirt & Pants): \$150.00 - Billed July 1st
- Spectators should expect to pay \$25-\$40 per adult person per comp to attend performance
- Each family is in charge of booking & paying all travel accommodations for athlete and family attending. This includes but not limited to, flights, hotels, meals and entertainment.
- All competing athletes must have a USASF membership that is renewed each season. This cost \$50 and you will be responsible for completing the registration and making payment no later than September 1st.

Tuition & Apparel Schedule:

- June's Payment: \$395 (monthly tuition & practice wear)
- July's Payment: \$445 / \$587.50* (monthly tuition, ½ uniform, bow & warm ups)
- August's Payment: \$255 / \$397.50* (monthly tuition, ½ uniform)

*New Athletes only unless returners need to replace the items

On even years the program will get new warmups & on odd years the program gets new uniforms. 2026 is a new warmups season.

Required Program Fundraising

- All athletes will be selling Kwik Trip car wash cards. Each family will be required to presell 10 cards. We will presale these for \$36.00. Cards will be delivered around September. Car wash sales will start June 1st and end June 30th. All money and forms due to program by July 1st. This money will go directly to the program to help pay for choreography fees, music fees and misc. program fees.

Fundraising options will be available throughout the season to help with athlete's monthly tuition fees.



Gym Closed Schedule

4th of July: Closed July 1st - July 6th

Fair Week: August 17th - August 23rd

Labor Day: September 2nd - September 7th

MEA Break: Oct 15th -October 19th

Thanksgiving: November 22nd - November 29th

Christmas: December 20th - January 4th

- During summer months if the gym is too hot for the team to be safe we will reschedule/cancel practice. This will not be prorated or refunded tuition.
- During winter months if the weather is bad and unsafe driving conditions, we will reschedule/cancel practice. There will not be prorated or refunded tuition in these cases.
- If 25% or more of the team is out for a school event, illness, etc practice will be rescheduled/cancelled. There will not be prorated or refunded tuition in these cases.

Practice Schedule

Summer Schedule: - begins June 22nd

- Each team will have 2 practices, Monday - Thursday, each week for 2 hours each practice.
- Schedules will be released with team announcements

School Year Schedule: begins September 8th

- Each team will have practice on Sundays for 2 hours and 1 day a week for 2 hours
- Schedules will be release by July 15th



Competition Schedule

All Travel Teams: Subject to change

- MN Madness, Rochester - November 21, 2026
- NCA, Minneapolis - January 30, 2027
- Rockstar, ST. Paul - February 6, 2027
- JAMZ Nationals - February 12-13, 2027
- There will be 1 additional performance locally in MN - Date and Location TBD

JAMZ Details

Parents will be in charge of booking travel for you and your athletes for this comp. There will be a charge of \$350.00 for this competition. This fee will cover the athlete's competition entrance fee, coach's travel fees, & Nationals gift. This will be billed in your monthly tuition.





Owatonna Cheer Program Rules and Expectations

Cheerleaders and parents must sign all appropriate contracts and consent forms and pay all fees prior to participating in the cheerleading program. By the very nature of the activity, cheerleading and stunting carry a risk of physical injury. No matter how careful the cheerleader and coach are or what landing surface is used, the risk cannot be eliminated. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and will not hold Owatonna Cheer or any of its personnel responsible in the case of accident or injury. Medical insurance is the responsibility of the individual cheerleader. All MCCA guidelines for cheerleaders apply. Coaches must be in attendance for ANY stunting during practices or performances.

If you have any questions or concerns that need immediate attention, please reach out to Patricia Kurtz: 425.623.8624

- Team parents are not gym representatives. Any issues with billing, staff, etc. should be directed to the program directly. Team parents will plan team bonding events and check athletes in on comp days and make sure they are performance ready.
- Owatonna Cheer is not responsible for any lost or stolen items or responsible for tracking down lost items.
- NO GOSSIP about a child on your team or another team.
- NO GOSSIP about coaches and staff. It is much better to address a problem than to listen to idle gossip.
- Our program is a positive environment. Negative behavior and comments are not welcome in the gym, the lobby, or outside of the gym.
- Practices may be modified or added at any time during the season.
- Anyone threatening to quit or to pull their child from a team will be dismissed from the program.
- Only cheerleaders and coaches are allowed in the gym unless invited by a coach.
- The coaches reserve the right to close practices at ANY time for ANY reason.
- It is the parent/guardian's responsibility to know what is going on with your team. Check your emails and the Band App regularly.
- Withholding a child from practice or a competition should never be used as a form of punishment.
- Athletes should be able to handle school, work, practice, and events. Homework, studying, work, etc. is not an

acceptable excuse for missing practice. An important aspect of extracurricular activities is the emphasis on time management.

- If a problem arises between an athlete and a teammate or another parent, the problem will be addressed with all parties involved at a meeting with your coach and/or director.
- If a problem arises between parents, it is expected that it will be handled outside of the gym and it is not the responsibility of the program.
- Anonymous emails/letters/texts/facebook mentions, etc. will be ignored.
- Owatonna Cheer has a zero-tolerance policy for drugs, alcohol, and tobacco. Any athletes found to be in possession/using drugs, alcohol, or tobacco at the gym or competition may immediately be removed from the program.
- Text, Email or Band message is the preferred method of communication with the coaches. In-person or phone calls should be previously scheduled with the coaches via text or email. Please be respectful to keep all communication within reasonable hours and not during practice times.

Athlete Expectations

- Good sportsmanship, polite manners and good disposition are mandatory at all practices and competitions.
- Athletes should arrive at scheduled practices 10 minutes prior to start time.
- It is your responsibility to wear the appropriate practice wear to every practice. Athletes that fail to wear the assigned practice wear will be required to stay after practice for 15 minutes and complete an assignment from the coaches.
Examples: putting equipment away, cleaning the lobby, stretching, jumping, conditioning, etc.
- Personal items such as cell phones, school bags, or gym bags must be stored in the locker room.
- Athletes are expected to clean up after themselves at the gym. We want to be proud of our space, and we want our athletes to take pride in it as well.
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST. Tardy athletes will be required to stay after practice for 15 minutes and complete an assignment from the coaches. Examples: putting equipment away, cleaning the lobby stretching, jumping, conditioning, etc.
- All squad and routine decisions are left to the discretion of the coaches.
- Please feel free to talk to your coach about anything: remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice would not be an appropriate time.
- Any behavioral issues that pertain to Owatonna Cheer will result in 1 verbal and 1 written warning before being dismissed from the program.
- Sportsmanship and respectable behavior are of the utmost importance at competitions. Failure to adhere to this guideline will be treated with the same consequences as a behavioral issue.

- Athletes are required to be at all practices leading up to a competition. Failure to attend the 2 practices prior to a competition may result in the athlete being pulled from the routine. Any awards/bids received during this time may be forfeited by the athlete. The athlete will be added back to the routine at the convenience of the coaches.
- Athletes are required to stay/arrive at competitions to support the teams assigned to them, as well as their awards session. Any exception must be approved by your coach no later than one week prior to the event. Consequences of not following this rule may result in the athlete being pulled from future competition/s.
- Athletes are responsible for being in the appropriate attire.
- Competitions are not optional. If an athlete misses a competition for an unexcused reason, their end of season eligibility may be forfeited.
- Athletes with any pre-scheduled vacations are responsible for alerting coaches know with as much notice as possible.
- Our competition schedule will be released on or by July 15th. We suggest waiting for this to book any travel during the competition season.
- Travel to out-of-state competitions on the day of competition is NOT allowed.
- Athletes with chronic injuries/illness may be moved to alternate status at any time. It is our belief that we owe it to our program, teams, and families to make sure our teams are competing as close to 100% capacity at every competition.

Social Media

- Social media posts that include the Owatonna Cheer in any form must be professional. No profanity or inappropriate behavior can be included.
- Do not post any videos, clips or photos of an athlete falling.
- Never post any negative comments on social media about our program or ANY program.

CONTRACT VIOLATIONS

Any violations of the above rules will result in disciplinary action. We will use the strike system, and if the cheerleader receives three strikes (or other specified amount stated above) she is subject to removal from one or more competitions.

These guidelines have been established with the goals of safety, clear communication between coaches, cheerleaders and parents, and fairness to all team members. By signing this contract, the cheerleader and parents indicate an understanding of the contents of this contract, including the potential risks involved, knowledge of the Owatonna Cheer Rules and Regulations, and the willingness to abide by them.



Owatonna Cheer
Release and Waiver of Liability
Agreement

I consent to have my child participate in cheerleading programs and related tumbling and cheerleading activities offered by Owatonna Cheer. I fully understand that there is inherent risk of injury in the sport of cheerleading and its related activities. This release is valid for any and all classes, programs, events, and other related activities my child participates in, held at, or sponsored by Owatonna Cheer.

I consent to the use of my child's name, portrait, picture or photograph as part of Owatonna Cheer publications. This includes posting photos and videos on the Owatonna Cheer Facebook page, sharing photographs via email and text, and possible future advertising (print, website, etc.). I understand that these photos may be viewed by the public. I agree that I shall have no claim against Owatonna Cheer or any of their owners, coaches, assistants, parents or other related parties by agreeing to this release.

Should my child be injured while participating in cheerleading or tumbling activities, I give my consent and authorize employees/independent contractors of Owatonna Cheer to administer emergency first aid required and to obtain medical attention including transportation by ambulance if the employee/independent contractor deems it needed. My child and I fully understand that cheerleading and tumbling activities involve motion, rotation, and height, in a unique environment, and as such carry with them the assumption of risk. I and my child hereby assume full responsibility for and risk of bodily injury, death or property damage due to negligence of Releasees (as defined below) or otherwise, while in or upon Owatonna Cheer facilities for any purpose including training, competing, observing, working or participating in activities. There are risks and dangers associated with participation in cheerleading and tumbling including, but not limited to those of bodily injury, partial and/or total disability, paralysis, death and property damage. All the risks and dangers associated with participating in the activities held at, or sponsored by, Owatonna Cheer are assumed notwithstanding.

I and my child hereby forever and fully release, waive, discharge, indemnify and agree to hold harmless Owatonna Cheer, and its officers, directors, employees, agents and independent contractors (each a **Releasee** and collectively the **Releasees**), from and against all claims, demands, causes of action and liability of every type and kind and nature whatsoever, for damage, loss, injury or death to any of myself and my participating child, or to any of my property or property of my child which results from participation in activities held at, or sponsored by, Owatonna Cheer, whether such claim demand, cause or action or liability is based upon negligence, breach of warranty, breach of contract, product liability, or upon any other legal theory or basis of any nature whatsoever.

I hereby agree that this Release and Waiver of Liability Agreement is intended to be as broad and inclusive as is permitted by the law of the State in which my child participates in activities at, or sponsored by, Owatonna Cheer and that if any portion hereof is held invalid, it is agreed that the balance shall continue in full force and effect. This Agreement is a legally binding contract and supersedes any other agreements or representations by and between these parties, written or oral, regarding the subject matter hereof, this document is intended to be full and comprehensive release of liability.



Owatonna Cheer
Team Commitment and Financial
Contract

Attendance Policy

1. Athletes are expected to attend all practices.
2. We understand that illnesses happen, but please do your best to make practice a priority.
3. If you have vacations planned any time through the season that interfere with practices or competitions, please let us know those dates as soon as possible.
4. If an athlete misses several practices, the choreography may need to be changed to allow the other teammates to continue practicing. There are no guarantees that an athlete will automatically return to her original position. The coaches will determine what is the best fit for the team overall.
5. If an athlete has more than 4 absences, it is possible she will be taken out of sections of the routine. The coaches will determine what is the best fit for the team overall.

Financial Contract

1. Athletes on travel teams are asked to commit to the full season up front. If an athlete decides to leave the team mid-season for ANY REASON, they will be assessed a termination fee of 80% of the remaining season fees. The reasons for this fee are as follows:
 - a. Our choreography is based on the specific athletes we have, and any changes to that require a great deal of re-work. The costs involved for our coaches and choreographers for this additional work need to be recovered.
 - b. We register for competitions months in advance, and those costs are non-refundable.
 - c. Insurance is paid for each athlete at the beginning of the season for the entire year, so regardless of how much time is spent on the team, that is a fixed upfront cost that has been incorporated into tuition.
 - d. Our tuition costs, which include rent and coaching fees, have been calculated based on the number of athletes we have on our teams. Once practices begin in the summer, those costs are fixed for the remainder of the season even if an athlete decides to leave the team.

2. While it is not common, there are circumstances where coaches feel it is best for an athlete to be on a different team. Some examples may include low attendance, lack of interest in the team, or poor attitude. In these cases, there will be NO REFUNDS of any kind given for the time spent on the original team. We expect athletes to honor their place on the team by keeping good attendance and positive attitudes.

As a parent/guardian of an athlete on an Owatonna Cheer travel competition team, I agree that my athlete will attend all practices and competitions as listed in our schedule. I understand the attendance policy, and that if we break this policy there may be adjustments to my athlete's spot on the team. I also commit to finishing the full season with the team. If we decide to leave the team for ANY REASON mid-season, not only will there not be any refunds, but I will be required to pay 80% of the remaining season fees



Owatonna Cheer

2026 - 2027 Full Season Contract

Please initial each section below:

_____ I have read and agree to the terms outlined in the attendance policy.

_____ I have read and agree to the terms outlined in the athlete injury policy.

_____ I have read and agree to the terms outlined in the rules & expectations

_____ I have read and agree to the terms outlined in the financial agreement.

_____ I have read and understand the terms of the liability agreement below.

Liability Agreement:

In consideration of Owatonna Cheer accepting me/my child into participation and training in cheerleading, tumbling, or stretching which activity I hereby acknowledge involves greater than normal risk of injury. I agree, to assume responsibility for all risks, cost, or losses sustained by me, my child, or my child's family in connection with participation in classes, programs, lessons, or competitions/meets. I give my permission to Owatonna Cheer and/or appropriate medical facility to make whatever emergency (first aid, disaster evacuation, etc.) measures as judged necessary for the care and protection on my child while under the supervision of Owatonna Cheer.

In case of an emergency, I understand that I/my child will be transported to an appropriate medical facility by the local emergency unit for treatment if the local emergency resources deem it necessary. Me/my child will be transported at my expense. It is understood that in

some medical situations, the staff will need to contact the local emergency resource before the parent, student's physician, and/or other acting on behalf of the parent can be reached.

WARNING! Catastrophic injury, paralysis, or even death can result from the improper conduct of the activity. Further, I hereby release and agree to hold harmless and to indemnify NEAS employees, owners, or volunteers from any claims, losses or expenses incurred or on the behalf of me, my child or my child's family.

Financial Information (REQUIRED):

Cheerleader's Name:

Name as it appears on the card:

Full Billing Address:

Credit Card #:

Expiration Date: _____ **CVC Code:** _____

Cardholders Signature: _____

Date: _____

It is your responsibility to inform the office of any changes to this card.

- Monthly fees will be due on the 1st of every month.
- Payment is expected no later than the 5th of every month.
- If payment is not received, this card will be charged + a 4% credit card processing fee on the 6th.
- If the card is not valid or has insufficient funds, a \$35 late fee will be applied and