

At NBE We Appreciate Our Teachers

Please fill out and return to your North Bend Elementary PTA

NAME: Sara Upton

ALLERGIES: Gluten & Dairy
DIETARY/RESTRICTIONS

BIRTHDAY: Dec. 6th
MONTH/DATE

These are some of my favorite things:

COLOR: Green

FAST FOOD: Thai food, tacos

SNACK: Fruit, chips

RESTAURANTS: Any Thai or Mexican

HOBBIES: Hiking

AUTHOR/BOOKS: Mystery, romance

MOVIE: Too many! Drama, romance, some scary...

SWEET TREATS: Dark chocolate, cookies, ice cream

ANIMAL: My dog

SPORTS TEAM: —

DRINK: Coffee (latte), tea

WEEKEND ACTIVITY: Coffee shops, hikes, movies, restaurants

HOLIDAY: Halloween, Xmas

FLOWER/PLANT: House plants!

STORES: TJ Maxx/Marshalls/

THINGS I DO TO RELAX: Quiet walks/

GIFT CARDS: Trader Joes/Mudbay

Sitting in nature, reality tv, movies at home or theater

SCENT: Vanilla

Yes or No?

CANDLES Y/N
LOTION Y/N
BLANKETS Y/N
SOCKS Y/N
CALENDAR Y/N
HOMEMADE Y/N

More Giftcards I Love to Receive:

Coffee (Huxdollar other local)
Pressed Juicery

This or that?

COFFEE or TEA ^{both}
MOVIES or BOOKS
SWEET or SALTY
DONUTS or BAGELS
NEUTRAL or COLOR
PODCAST or MUSIC

Just a little more about me:

I RECHARGE BY: quiet time/nature time, friends/family fun, or couch rotting
I WORK BEST WHEN/WITH: quiet, relaxed time w/ a drink and snack
I AM MOST ENCOURAGED BY: encouragement (support/connection) from others!