

GOAT YOGA

With Instructor Shannon Sims



Sunday, March 10th

8:00 AM and 9:15 AM

At the FireFighters Ag Barn

1 Hour class for \$30

Bring your mat and a towel for under the mat, you will be exposed to baby goats.

Indian River County Fairgrounds

7955 58th Ave. Vero Beach, FL

All proceeds raised go to offset the costs for the youth exhibitors showing their projects during the fair.

PLEASE pre-register as only 30 spots per class are available:

To pre-register, visit IRCYLH.com/community

for questions contact:

Karrie Pastor, Email: wyliepastor@msn.com

Phone: 772-696-2175

Instructor

Shannon Sims Bending Light Yoga

<https://bendinglightyoga.com/>

