

SUCHI

Social Unit for Community Health and Improvement
Jodichinthala, Yadamari Mandal, Chittoor

2023 - 2024

ANNUAL

REPORT

SUCHI

Annual report by the Secretary
at the Annual General Body Meeting of SUCHI
held on 05.10.2024 at YWCA Internl. Guest House, Chennai.

Dear Friends

I consider it a great privilege to present our organisation SUCHI Annual Report for the period from 1st April 2023 to 31st March 2024 before this August body.

Projects of this Reporting Period

- I. Mothers in Small Business -MfM
- II. Health Camps
- III. Motivation to the families of Physically Challenged Persons:
- IV. Livelihood Promotion to Deserving Women
- V. Distribution of saplings to small farmers & Agriculture Labourer

Brief Report of the Projects Carried out:

Mothers in Small Business –MfM:

The focus of this Project is to Ensure Economic Development of women from marginalized community through promoting small rural business, ensure regular improved income and sustainability of the small business.

- First Project
- Second Project
- women leaders from Netherlands.
- Third Project – Approval

It was in 2018 the first project started by way of small loan of Rs. 10,000/ to 50 and this was rotated to another 50 mothers to promote small rural business-like cow rearing, goat rearing, small shops, vegetable shops etc.

Similar pattern was extended to another 72 +72 women. After the evaluation of the MfM 1st Project. Following this the MfM Project Officer by appreciating the work of SUCHI sent a team of 10 Dutch women leaders to SUCHI Project for sharing and learning from the mothers involved in small business with MfM support. The team visited our villages, interacted with mothers in small business involved in small business very much impressed by the changes the

project has brought in with the mothers, gave 3rd project to and as well accepted our request to increase loan amount from Rs.10,000/ to Rs.20,000/ extending the loan to another 72 women.

- The families are engaged in their own business.
- Promoted Business assets like:
Cow, Goat, Tailoring unit, Broom stick, Vegetable shop, laundry & Ironing Shop .
- Mothers in this project have regular improved income.
- Mothers practice regular savings
- Capable of making best use of the govt. schemes to continue, upgrade their business.

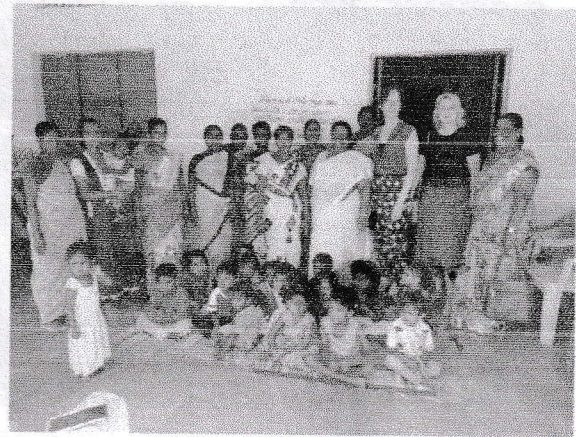
Few pictures of Mothers engaged in small business:



Visit by the support Agency – MfM:

Ms. Judith Jansen and Ms. Allentta Lennips Programme Managers MfM Netherlands visited SUCHI -MfM project for 2 days during April 2023, they both visited the villages, interacted with beneficiaries had discussion with women engaged in small Business and SUCHI team.

They were impressed to witness the outcome with the women/mothers involved in small business with their support, also assessed the need for such programme and appreciated the women leadership and their aspiration towards women socio economic empowerment. This paved way for making a 2nd project plan through participatory discussion which was sanctioned immediately after they returned to Netherlands.

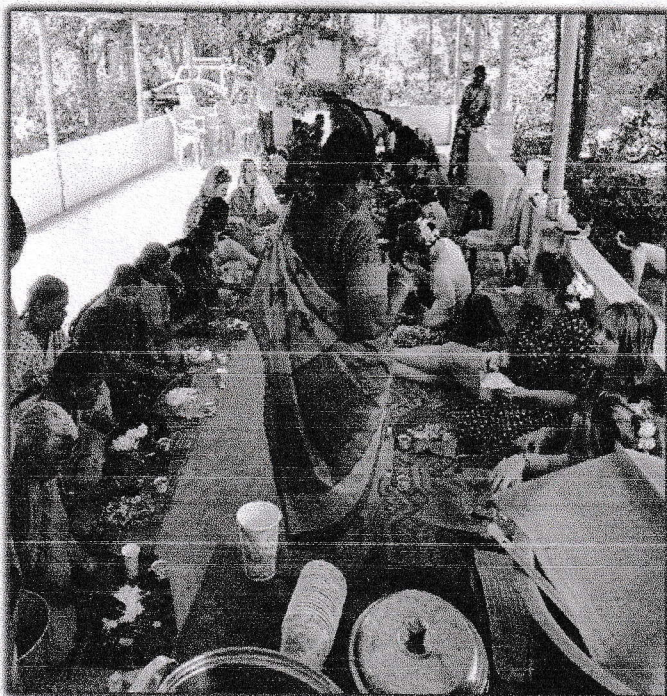
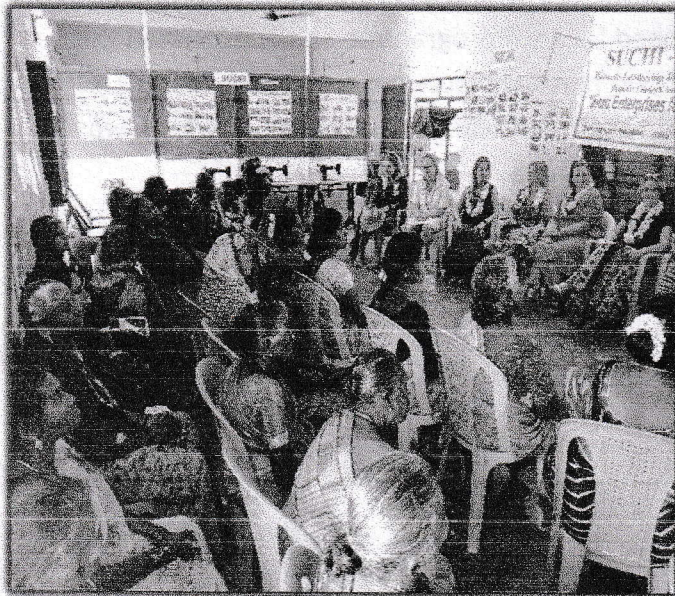


Also, they made a request to SUCHI to give opportunity to 10 Dutch women leaders who are back donors / support MfM to visit SUCHI programme especially the mothers engaged in small business towards their economic development. These women every year visit one project in a country as women leadership journey to different country and this year they selected SUCHI-India for the women leaders' journey team to visit our women economic development project.



Women Leadership Journey Team visiting to SUCHI

10 women from the Netherlands visited our project area and had a good interaction with our project women sharing of experiences, practices and cultural expressions. Both the team of women collectively cooked our Indian rural food item and all together had a community meal.

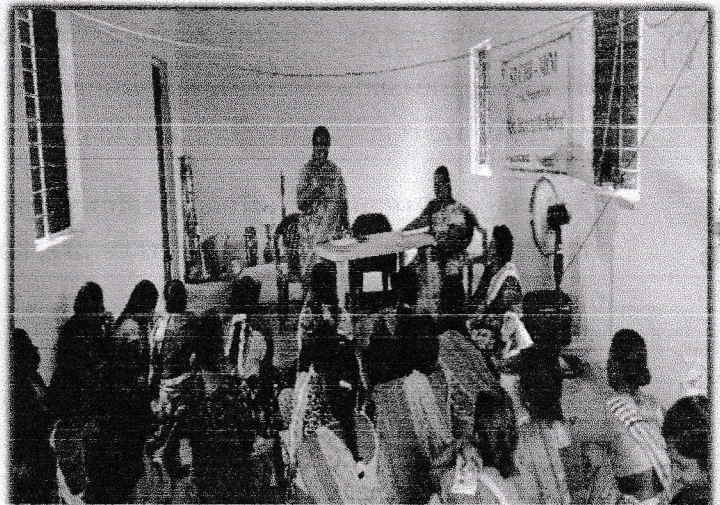


Capacity building to Mothers - MFM Project

Capacity Building is the preparatory aspect of the small business. Through this capacity building the mothers are adequately prepared to understand the focus of the rural business. This is the base to bring about the desired outcome with mother in business:

- Mothers become aware of various rural small businesses.
- Select the right small business, recognise skills required and capable of Managing the small business
- Promote savings, business asset and become capable of Managing the business by expanding and upgrading small business.
- Sustainability of the rural business.

Follow up and monitoring the business with the mother in the field in done by SUCHI team to ensure its success.



Medical Camps:

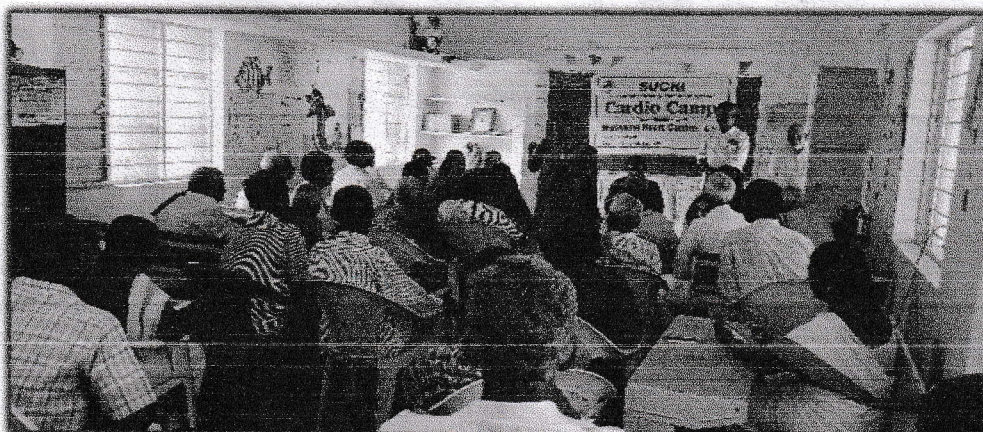
Normally in rural areas people go to doctor only when there is alarming situation with regular to their health. The chronic cases don't regularly to attend to hospital for regular treatment, assessment / review for change in treatment etc. In order to help and support such chronic cases SUCHI in coordination with Narayana Irudalaya Hospital , Kolar started to conduct cardiac camps by doing intensive publicity in villages, organising camp at the SUCHI centre making follow up visit to ensure the best use of the available services in our PHCs, and district hospitals Chittoor. During this reporting period .

Cardiac Camps:

SUCHI in coordination with Narayana Heart centre, Kolar conducted 3 Cardiac camps in different mandal location. 185 patients attended and 21 given referral to the hospital for special investigation and treatment.

Prior to the camps publicity to the villages about the camp is done by SUCHI team and organising the camp at its centre. During this camp check up to the chronic cases, motivating them to have regular such checkups to maintain their health is given by the team.

Persons who required further treatment and investigation are referred to district govt. hospitals, Chittoor/ Narayana Heart centre, Kolar by used the health card.



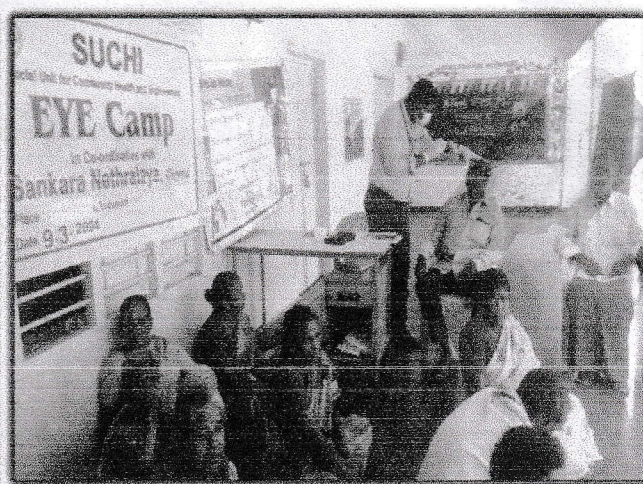
Eye Camps :

SUCHI in coordination with Sankara netharalaya conducted Eye camps once a month. Prior to the camp wider publicity is done by SUCHI team and organised the camp at the mandal level.

After every eye camp the bus from Sankara netharalaya takes the persons identified for free cataract surgery and brings them back after 3 days of the surgery.

Sankara netharalaya team also makes regular follow up visit to assess the improvement of the cataract cases after the surgery and provide them free spectacles.

During this reporting period conducted 7 Camps in different peripheral locations and screened 320 persons and 75 had free cataract surgery and 5 had specific treatment for their eye.



Cancer screening camp

Cancer has been an alarming one now a days especially with women early detection and treatment helps to prevent complications, prolongs life and lessen the cost of treatment. Rural women do not get the right information on this especially the rural women.

Therefore, to create awareness among the rural communities on early detection of cancer, to help and guide in order to encourage women to have periodic screening for breast cancer, cervical cancer etc.

Physical Therapy to Physically challenged

Similarly, the Physically challenged patient in rural villages don't go for periodic check-up and physical therapy to manage their day-to-day challenges in life and to gradually learn to care for them. In order to help them , encourage them it was recognised by the field team to organise a camp therefore physical medicine and rehabilitation team came to SUCHI centre and conducted camp.

Along with the Cancer Screening camp team from CMC Hospital Chittoor campus, the physical medicine and rehabilitation team conducted Camp for Physical therapy to motivate the patients, make them understand their challenges, to overcome and manage their daily life /living. To encourage and advise them with rehabilitative approach and physical therapy a camp was organised in coordination with CMC Hospital Chittoor Campus. Through these camps 56 rural women had free cancer screening, 12 women referred to hospital for further tests.

21 Physically challenged persons attended assessment camp and benefitted by their assessment and advice. 8 of them were referred for further advice and treatment at CMC Hospital / Government.

Prior to every medical camp wider publicity was done to create awareness to rural villages. The local PHC team also involved in these camps.



Motivation camp to the families caring for the Physically Challenged Persons:

In order to encourage and support to the families of the physically challenged persons in SUCHI working villages by way of promoting livestock asset, it was discussed with the field team, volunteers and families during which the suggestion came up to support the families caring for the Physically challenged with Live stock / goat. Through this the families will be motivated and encouraged in caring and involving the Physically challenged in day today

family affair, also it will give ownership and feeling security in their life and later when it multiplies the value will increase.

The physically challenged when attended the Physical therapy screening camp at SUCHI the list was prepared for goat distribution in following month.

Socio Economic Development deserving women headed Families / Young Widows and deserted women to livelihood promotion:

During community meetings / discussions, discussion with women group members and women volunteers it was discussed about Economic development & livelihood promotion among deserving families . During these discussions at the village level it was suggested by the community members to consider

Livelihood promotion to the following deserving families

- Young Widows, Deserted women,
- Physically challenged families,
- Other chronic sickness of parents/spouse
- Poor income families.

It also suggested that in order to support the above-mentioned individuals/ families to promote economic development, to make best use of MGNREGA the women also suggested to distribute following tools:

- Agriculture Implements (Thala, Manvetti, kadapari, Kathie, Annakudai, kalakothie, Arrival)
- Coconut Saplings. (2)

As most of the landless labourers don't own such basic tools, they borrow from their neighbour, the need for owning agriculture implements is essential to use every day for their work without this many times they are idle and unable to go for work.

Through these community meetings a list of 25 such families were received from shortlisted by community given to SUCHI for distribution of Agriculture tools in the following months.

Distribution of coconut saplings to small farmers and agriculture labourers:

In order to encourage the landless and small farmers in tree plantation

Distributed 2 coconut saplings to 750 small farmers and agriculture labourers (1500 saplings) to encourage them start using their unused small piece of land by planting coconut saplings gradually to encourage them in planting more such saplings that would give them economic returns as well to plan such saplings to protect their land, preserve quality of soil, to use their unused land and later to make income from the yield.



Programme Coordination with Local Department

During this reporting period we coordinated with the local PHC in conducting health talks to mothers with the community health nurse in the village.

Participated and extended support to PHC during their review meeting held at SUCHI place

SUCHI team coordinated with the VELUGU team both in the villages and at the mandal level by extending support in review meetings, follow ups with villages and discussions.

ICDS - Anganwadi teachers review meetings held at SUCHI place. our field team at the village level give awareness education to the mothers of Anganwadi children on child care and protection .

MDO – Mandal Development office Yadamari, Puthalapattu participated in programmes to encourage and address the villagers during camps, distributions of materials and related activities.

Staff Exposure :

Staff were taken to different organizations with similar objectives like SUCHI for sharing & learning. 3 days exposure was organised to:

ODP- Organization for the Development of People, Mysore.

SACRED Ramnagara – (Social Animation Centre for Rural Education and Development)

BangaloreKROSS – Bangalore (Karnataka Regional Organization for Social Service)



Conclusion:

I express our gratitude to our partners MfM Netherlands, local Departments and local leaders for their coordination and support in all the activities carried out

My special thanks to all our members for your support, encouragement and upholding us in all our effort in 41 years of SUCHI 's involvement in uplifting the People in need.

Thankyou