

2024 Lesson Guidelines & Liability Form

Student Name(s) _____

Important Lesson Rules & Information- A signed copy of this Guidelines form is required for all students. You may submit your signed copy in person or electronically. All electronic versions must be submitted no less than 24 hours prior to your child's first lesson. Please retain a copy for your records.

Initial highlighted fields then sign and date last page

_____ 1. Payment: The single lesson rate is \$50 and is paid to School of Fish Swimming. Weekly rates can be paid 1 or 2 installments. The Lesson Fee Structure is provided on page 2. You may pay by check, cash, or through PayPal or Zelle quick pay. Please make checks out to Caitlyn Warren. All fees will be prorated ONLY for Instructor cancellations. Please do not send payments through the mail.

_____ 2. Time Schedule: You should arrive at the pool 5 -10 minutes before your time slot and have your child ready for lessons at his/her scheduled time. My schedule can be very full and my ability to stay on time is contingent on my clients being on time. If you are late, I will do my best to fit you in, but it cannot be guaranteed. When your child has completed his/her lesson, please take the necessary steps to dry off, allow for recovery, redress and safely exit the pool area so that the next students may arrive and get set up for their scheduled lesson.

_____ 3. Attendance Policy: Consistency is crucial to not only the learning process, but also the retention of those learned skills. Bringing your child every day will increase the rate of progress and retention of skills. Your child may not occupy a time slot for more than 8 weeks and will need to schedule another session if attendance is inconsistent. Please respect my schedule and avoid asking to change your child's lesson time during the session. Please note that weekly rates are NOT prorated for student absences.

_____ 4. Practice: After lessons I greatly encourage practice in the bathtub at home. It is very beneficial if your child is not acclimating to getting their face and ears wet in the pool. Spend part of each bath time letting water drip over their face, blowing bubbles, getting their face wet, and having them lie on their back to get their ears wet. For some children, this is an unnatural feeling and must be done gradually. Have your child practice floating on his/her back. Begin in a small amount of water and then increase the depth. This helps the child become accustomed to having water in their ears and gain an understanding of buoyancy on their body. For advanced levels, have children practice arm movements for various strokes while standing on the floor. They can practice crawl stroke arms, back stroke arms, breaststroke arms and butterfly arms. Remember, never, ever leave a child alone in the bathtub or swimming pool.

_____ 5. Attire: All students under 36 months and who are not toilet trained must wear two swim diapers when using my pool. This double protection will help to ensure a safe pool environment for everyone. If lessons take place in the client's pool, I am comfortable with your chosen attire.

_____ 6. Towels: I require 2 towels per child every day. Please do not leave your child unattended, as there may be some minor temperature fatigue as well as a need to briefly rest following the lesson. Safety before, during, and after your child's lessons is a priority and your ongoing compliance is appreciated.

_____ 7. Diet: Please do not give your child any food or drink at least 1 hour prior to lessons.

_____ 8. Sibling/Child supervision: All children who are not in the water with the Instructor MUST stay within arm's reach of a parent while at the lesson site.

_____ 9. Pool & Backyard Environment: Please be respectful of the pool. Please do not bring food to the backyard or pool area. Participants, parents/guardians, and/or guests may not get in the pool or hot tub for any reason unless it is for his/her lesson with the instructor. You (the parent or designated caretaker) must stay within arm's reach of any child that you bring to the lesson premises. You, (the parent or designated caretaker) are responsible for any injuries that your child or any child under your care incurs while on the premises.

_____ 10. Adverse Weather: Lessons may not take place during inclement weather. Please check your phone for messages before leaving for your child's daily lesson. If lightning is detected within 10 miles of the pool location lessons will be put on hold for 30 minutes. You will be prorated or given a make-up opportunity If your child's lesson is canceled due to lightning.

_____ 11. Illness: Your child may not have lessons if he/she is experiencing fever, vomiting, diarrhea, or has developed a rash or open skin lesion. These issues must be resolved for 48 hours prior to resuming lessons. Head injuries may require 24 hours observation before resuming lessons. If your child must miss a lesson unexpectedly, please call or send me a text message so that I won't worry about why your child has not come to the pool. If a child has missed 3 or more days of lessons due to a medical issue that has required medical intervention, or if your child begins an antibiotic treatment or new medication, lessons will be put on hold and you will be required to update me on the status of the child's recovery. If a week or more is missed due to illness, please contact me as soon as possible so that arrangements can be made to hold or reschedule your child's time slot. Keep in mind that you are still required to pay the full weekly fee when lessons are missed.

_____ 12. Restroom: Children must be accompanied by a parent/guardian in the restroom at all times.

_____ 13. Questions: If you have questions or concerns about your child's lessons, I am happy to speak to you at the end of the day by phone or email. Parents and their children in lessons will be my first priority when returning calls. In consideration of other parents who are scheduled after you, please try to help me stay on schedule. I may be reached on my cell phone at 832-474-8208.

_____ 14. Accidental Contamination: I understand that should the pool facility require closing due to any fecal or vomiting accident caused by my child, I will be responsible for reimbursing the instructor for all lost fees as a result of having to close and treat the facility for the prescribed amount of time required (treatment times vary from 12 hours - 24 hours depending on the circumstances). In addition, I agree that my child will not participate in lessons if he/she has had any diarrhea or vomiting episodes within the previous 48 hours.

Lesson Fees for New Students

Single lesson rate is **\$50**. The weekly lesson rate is **\$150 x the # of weeks**. There is a total of **3 days in a swim week**. The total lesson fee will depend on the sequence your child is learning and will therefore be paid in 1 or 2 installments.

Ex:

- **1 Weeks, 3 Lessons: \$150**
- **2 Weeks, 6 Lessons: \$300**
- **4 Weeks, 12 Lessons: \$600**
- **6 Weeks, 18 Lessons: \$900**
- **8 Weeks, 24 Lessons: \$1200**

_____ Liability Waiver- I agree to hold the organization (School of Fish Swimming), the Instructor (Caitlyn Warren), and School of Fish Swimming property owner(s) harmless from any liability resulting from the use of the premises offered for lessons. I agree to be solely responsible for the care of my child before and after lessons with Caitlyn Warren, and solely responsible for the care of any child I have brought to the pool with me. I do understand my instructor carries Liability Insurance and that my child will be insured from any accidents that may occur during swim lessons with Caitlyn Warren.

_____ Dispute Resolution- In the event of any dispute, claim, or disagreement arising from or relating to the services and / or the facility provided, the parties shall endeavor to settle the matter; however, if informal discussions are unsuccessful, the parties agree to try to settle the dispute by mediation, using the services of a mediator of the choosing of Caitlyn Warren.

_____ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTAND THE GUIDELINES AND PAYMENT STRUCTURE, AND I ACCEPT AND AGREE TO FOLLOW THEM. I ALSO ACKNOWLEDGE THAT THIS IS A BINDING CONTRACT THAT WILL BE VALID FOR THE ENTIRE DURATION OF LESSONS FOR AS MANY WEEKS AS MY CHILD IS IN LESSONS.

Print your child's/children's name(s):

Parent Signature

Print Name

Date