## Class information

4's class:

Monday~Wednesday~Friday

9:00 to 11:30 am

The four year old class is a "pre-kindergarten" class. We work on social and emotional development while focusing on age appropriate academics to prepare the child for the kindergarten experience. We offer many opportunities for our children to become good citizens as well as students. Our curriculum is rich with art, science, music, dance and literature and math and is balanced with opportunities for child directed play. Play is an important part of our day. Play helps to reduce stress, improve brain function, it teaches cooperation with others, it stimulates the mind and it also helps develop and improve brain function. Academically we are aligned with the Washington State Academic Learning requirements. (EARLS) Parents are encouraged to attend a Spring conference to discuss how their child is progressing in all of the developmental areas. Children need to be four years old by September 1 to enroll in this class.



3's class:

Tuesday~Thursday

9:00 to 11:00 am

The three year old class focuses on social and emotional development. Social and emotional development is important at this age because it helps them gain confidence, teaches them how to make and keep friends, learn their strengths and weaknesses, learn empathy, helps them manage stress and helps them learn to solve problems and learn to regulate their emotions.

Play is an important part of our class too. Through play children learn compromise, conflict resolution and how to share with their friends. They gain problem solving skills and cause and effect. The importance of outdoor play for kids can not be understated. We play outside every chance we get too! Children need to be three years old by September 1 to enroll in this class.

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Toddler class:

Thursday 6:00 to 7:00 pm (child & parent class)

The toddler class promotes parent child bonding away from home and other kids and responsibilities, social development and interaction with other mom's and toddlers, this improves babies language skills. It also helps to develop emotion regulation. Playing in a group environment enables toddlers to engage creatively with other children and learn valuable social skills. Children will be introduced to concepts like sharing, taking turns and working together. It is great for brain stimulation and builds confidence. Children need to be 2-3 years old to enroll in this class

## Daily Schedule

(Times are flexible and approximate)

Depending on the time of year

## 3's Class (Tues\Thurs)

Free Play

May include: playdoh, painting, rice table, kitchen area, blocks, books, cutting, coloring, puzzles, and trains

Clean-up

Circle Time

May include: Pledge of allegiance, calendar Bible story and music & movement

Wash hands

Snack/Story

Sharing (show and tell)

Outside or table time

Time to go!



## 4's Class (Mon\Wed\Fri)

9:00 Children arrive

Free Play

May include playdoh, painting, rice table, kitchen area, blocks, books, cutting, coloring, puzzles, and trains

Clean-up

Circle Time

May include: Pledge of allegiance, calendar Bible story and music & movement

Wash hands

Snack/Story

Sharing

Small group\table time

11:30 Time to go!

Videos are occasionally viewed by the children.

Videos will be age appropriate, and compliment our unit or theme of the month.