## Microblading AFTERCARE

To achieve the best results after your procedure, aftercare is incredibly important, it is important to take the time to read this information and adhere to it as best as possible. It takes about 4 weeks for your brows to heal, aftercare should take place for about 2 weeks. The scabbing and flaking stage is the most sensitive part of the healing process, and this is when aftercare is most important!

## You may experience the following:

- Flaking
- Tenderness
- Dryness & itchiness in the treated area
- Swelling & redness
- You may notice some unevenness in colour, this is the purpose of the top up in 4-8 weeks time.



Day 1: I love my brows so much!



Day 8-10: Umm where have my brows gone?



Day 2-4: Oh no! they're too dark!



Day 14-30: Phew! They're back, still a little patchy though!



Day 5-7: OMG they are scabbing & flaking!



After touch up: Ahhh they are amazing, I am in love!

During the healing process you will go through various stages. Initially you will love your brows, they will then become quite dark for a few days, this is completely normal, then they may start to flake and scab, following the flaking and scabbing stage they may go through a ghosting stage where the pigment appears to have disappeared, don't worry it hasn't, they will then reappear, it will then be time for your top up!



## Things to do for the next 10 days:

- Always wash hands before applying aftercare gel
- Apply <u>aftercare gel twice a day</u> at least using a cotton bud until your sachet has run out, keeping brows moist with this cream provides the best healing result.
- Use a <u>clean cotton bud</u> for each application to avoid cross contamination
- At night time saturate the brows with the aftercare gel, you can also purchase some <u>tattoo cling film</u> to apply at night time to keep the brows moist while you sleep.
- Keeping brows moist with aftercare gel will help <u>prevent strokes from fusing</u> or blurring together and will prevent scabs from forming.
- You may <u>GENTLY wash your face</u> with a very <u>mild facial soap</u> such as 'Simple', however do not scrub or rub the brow area, <u>pat dry</u> with a clean towel, again no rubbing, just gentle patting.
- After facial washing you must apply the aftercare gel again, do not allow brows to dry out.
- You can shower, but don't let it get steamy, <u>have a cooler shower</u> than usual
- Exercise is ok if low exertion and doesn't cause facial sweating, sweat from the scalp has bacteria which could run into your brows and cause an infection.
- Avoid direct sunlight and wear a hat if on holiday, once healed use high factor suncream

## **Things to Avoid:**

- No swimming, sauna, or steam rooms for at least 2 weeks
- <u>Do NOT pick, touch, or pull off scabs</u>, this will cause scarring and will pull away pigment
- No makeup on brows or brow gel on until fully healed
- No vaseline or petroleum-based products on brows whilst healing
- No threading, waxing, or laser hair removal on the area until fully healed
- No AHA/BHA/hyaluronic acid or anti-ageing products such as <u>retinol</u> for about 4 weeks, particularly around the brows, use only gentle skin care products

**IMPORTANT:** For your top up session to be included in the price you paid initially it must be booked for within 8 weeks of your initial treatment. After this period it will no longer be considered a top up, and an additional charge will be required.