

# Preprocedure

## Care-guide

### Pre-Procedure Care

- No caffeine on the day of treatment
- No alcohol 24 hours prior to appointment
- No sweating prior to appointment
- No Botox 3 weeks prior to appointment
- No sunburn or recent skin damage
- No antibiotic use within 2 weeks
- No sunbeds within a week
- No retinol use 4 weeks prior to appointment

### Numbing Cream

You will be provided with a numbing cream prior to your appointment. Please ensure you patch test yourself with the numbing cream too. Numbing cream should be applied with a thick layer to both brows 25-30 minutes prior to your appointment start time and then covered with cling film. Please do not use if you have had past reactions to Lidocaine or other numbing agents.

### Follow-Up

Your initial session is where we will get an idea of how your skin reacts to Microblading and how it retains the pigment, because everyone reacts in different ways to the procedure I like to take a less is more approach to this session to ensure that should your skin not retain pigment well the hairstrokes do not then all blur and fan out. Included in the price of your initial session is an additional top up session, this session is free as long as it is booked to occur 4-8 weeks after your first session.

The top up session 4-8 weeks later is the 'perfection session', we can target areas that may not have retained ink as much, if you feel you'd like your brows thicker we can also add in strokes to accommodate this. This session is essential to complete the microblading treatment. Following this, your brows will last (in most cases, excluding extremely oily & porous skin) 1-2 years, sometimes longer. Future appointments booked with me on eyebrows less than 24 months old will be done at a lower price, provided I undertook your initial session. I do not provide top ups for other artists work, all first time clients will be charged the full microblading price.

# Risks & Contraindications

## **Contraindications to Microblading**

It is important to let me know if you have any of these conditions or other conditions you not mentioned to ensure we prioritise your safety:

- Epilepsy (GP may write a note to give the all clear for treatment)
- Pregnant or currently breastfeeding
- Undergoing chemotherapy, or chemotherapy within the last 6 months, will also require a GP note to confirm this
- Recent Botox within 3 weeks
- Hepatitis or other blood diseases
- Blood disorders such as haemophilia, sickle cell anaemia or thrombocytopenia
- Allergies to any of the ingredients in the pigments
- History of anaphylaxis, will require a GP note, and bring epi-pen to procedure
- Under the age of 18
- History of keloid scarring
- Skin conditions such as eczema, dermatitis, severe acne, psoriasis, rosacea in the affected area
- Certain blood thinning medications
- Current steroid use or accutane

## **Risks/Complications of Microblading**

Microblading is a relatively safe procedure, but like all cosmetic treatments carries risks. The main risks are allergic reactions which are pretty rare, and in most cases are mild, however in rare cases could result in anaphylaxis. Another risk of microblading is developing an infection, the blades used at Fleek and Fluff are sterile single use, I adhere to strict infection control measures to ensure I mitigate against this risk, however, aftercare which is your responsibility also involves protecting your eyebrows from infection. Microblading carries a small risk of scarring, this is more likely in those who suffer from psoriasis, eczema and acne particularly when located near the treatment area or those who have a history of keloid scarring. Neglected aftercare increases the risk of scarring.