Arlene Kay O'Neal was born in Fort Worth Texas. She moved to Oklahoma to be near the tribe and participate in her Caddo culture. She is a descendant of the Cross family. Her grandmother was Frances Elliot Cross, her great grandmother was Louisa Elliot. Louisa was married to Whitebead.

Even though it was difficult to participate in our culture living in a different state; she has always made it a priority for her family to know their Caddo ways. Coming to dances, camps, and meetings whenever possible. She has done her best to properly represent the Caddo culture working as a liaison between Caddo Mounds State Historical Site and our tribe.

Kay is currently the Fort Cobb Representative for the Caddo Nation. It has been an honor to serve the tribe in this capacity. She is looking forward to being a part of the tribe as it moves forward.