

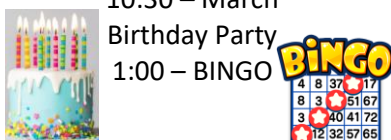


CADDO NATION AOA ACTIVITIES



Caddo Nation AoA Title VI/Caregiver Programs
 Fritz Hendrix Memorial Building
 117 Memorial Lane; PO Box 487
 Binger, OK 73009 * (405) 656-9042

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Building is open from 10:00 a.m. – 3:00 p.m. daily		1	2	3
Daily activities are subject to change due to availability, inclement weather or other unforeseen events.	 Fritz Hendrix Memorial Building Caddo Nation AoA (405) 345-9869	10:00 Chat & exercise 10:30 – 11:00 Open meeting NICOA discussion 1:00 Cheer parade “World compliment day”	10:00 Chat & exercise 10:30 – 11:00 recycling “old stuff” discussion Bingo luncheon “Old stuff day”	10:00 Chat & exercise 10:30 – 11:00 Dominoes 12:00 Movie “Caregiver appreciation day” “Employee appreciation day”
6	7	8	9	10
10:00 Chat & exercise 10:30 – 11:00 Kitchen creation Fun with oreo’s “National Oreo Cookie Day”	10:00 Chat & exercise 10:30 – 11:00 Gardening chores *we will begin working in turning over the gardens and flower beds	10:00 Chat & exercise 10:30 – CCNC to visit Exercise, Caddo word w/Miss Alaina, craft and lunch. Start gardening projects	10:00 Chat & exercise 10:30 – 11:00 Checkers 1:00 Popcorn pile up “Popcorn lovers day”	10:00 Chat & exercise 10:30 Cards 12:00 Movie “International day of awesomeness”
13	14	15	16	17
10:00 Chat & exercise 10:30 – 11:00 Crafts Jewelry making 1:00 Finishing craft “Jewel Day”	10:00 Chat & exercise 10:30 – 11:00 Gardening chores Planting what we can, creating trellises and support	10:00 Chat & exercise 10:30 – 11:00 Letter writing 1:00 Card crafts 	10:00 Chat & exercise 10:30 – 11:00 “Absolutely incredible kid day”	10:00 Chat & exercise 10:30 – 11:00 Leprechaun hunt 12:00 Movie 1:00 pot o’gold jollification “Saint Patrick’s Day”
20	21	22	23	24
10:00 Chat & exercise 10:30 – 11:00 “Earth Day” “International day of happiness”	10:00 Chat & exercise 10:30 – 11:00 1:00 Tea time & poetry reading “Tea for two Tuesday” “World poetry day”	10:00 Chat & exercise 10:30 – 11:00 Remember when memory exercises.. “As young as you feel day”	10:00 Chat & exercise 10:30 – 11:00 Kitchen creation: <i>Homemade salsa</i> “National chip & dip day”	10:00 Chat & exercise 10:30 – 11:00 Fishing exercise 12:00 Movie
27	28	29	30	31
10:00 Chat & exercise 10:30 – 3:00 Craft: Painting	10:00 Chat & exercise 10:30 – 3:00 Craft: Stick art “Something on a stick day”	10:00 Chat & exercise 10:30 – March Birthday Party 1:00 – BINGO 	10:00 Chat & exercise 10:30 – 3:00 open table games *End of FY gathering	10:00 Chat & exercise 10:30 – 3:00 open table games *End of FY gathering