



CADDO NATION AOA MENU

Caddo Nation AoA Title VI/Caregiver Programs
 Fritz Hendrix Memorial Building
 117 Memorial Lane; PO Box 487
 Binger, OK 73009 * (405) 656-9042

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
Daily menus are subject to change due to availability, inclement weather or other unforeseen events.	 Fritz Hendrix Memorial Building Caddo Nation AoA (405) 345-9869	Pork roast Butternut squash Green beans Roll & dessert	Open face beef sandwich Mashed potatoes & gravy Corn Dessert	Bacon Boiled egg Toast Oatmeal
6	7	8	9	10
Spaghetti with meat sauce Salad Croutons & dressing Garlic toast & dessert	Garlic chicken Roasted sweet potatoes Asparagus Roll & dessert	Pork & hominy Green beans Skillet bread Dessert	Hamburger w/fixin's Potato wedges Gelatin salad & cookie	Breakfast burrito Hashbrown Picante Rice with raisins
13	14	15	16	17
Goulash French cut green beans Sliced bread & dessert	Chicken fajitas w/salsa Mexican rice Refried bean Dessert	Barbeque pulled pork Baked beans Pea salad Roll & dessert	Meatloaf Mashed potatoes w/gravy Carrots Roll Dessert	Spam Fried egg English muffin Cold cereal
20	21	22	23	24
Tator tot casserole Peas & carrots Biscuit & dessert	Chicken spaghetti Side salad French bread & dessert	Pork cutlet with gravy Mashed potatoes California blend vegetables Roll & dessert	Sliced brisket Macaroni & cheese Creamed corn Roll & dessert	Sausage gravy Scrambled eggs Biscuit Cream of wheat
27	28	29	30	31
Stuffed bell pepper Spinach salad Cornbread & Dessert	Barbeque chicken Baked beans Coleslaw Corn muffin & dessert	Pork & cabbage Rice Oriental blend vegetables Roll & dessert	Steamfry meat gravy Boiled potatoes Green beans & corn Frybread & dessert	Sausage links Scrambled eggs Pancakes Orange wedges