

903269-IPE TP Fajita Chicken Brown Rice

Number of Servings: 1 (198.45 g per serving)

Weight: 198.45 g

Nutrition Facts

Serving Size (198g)
Servings Per Container

Amount Per Serving

Calories 270 **Calories from Fat** 45

% Daily Value*

Total Fat 5g **8%**

 Saturated Fat 2g **10%**

 Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 210mg **9%**

Total Carbohydrate 28g **9%**

 Dietary Fiber 2g **8%**

 Sugars 2g

Protein 16g

Vitamin A 6% • Vitamin C 15%

Calcium 8% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients:

Brown Rice (Water, Brown Rice), Grilled Chicken Strips (Chicken Breast With Rib Meat, Water, Potato Starch, Lemon Juice, Sugar, Granulated Garlic, Salt, Black Pepper), Water, Shredded Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto [Color], Powdered Cellulose), Onion, Red Bell Pepper, Tomato Paste, Green Bell Pepper, Garlic Puree, Canola Oil, Chicken Base (Natural Flavor, Salt, Yeast Extract, Rendered Chicken Fat, Potato Starch, Onion Powder, Garlic Powder), Modified Food Starch, Vegetable Base (Vegetables [Onion, Tomato, Potato, Carrot, Celery], Salt, Yeast Extract, Corn Starch, Vegetable Oil [Corn, Soy, Canola], Onion Powder, Sugar, Natural Flavoring), Lemon Juice, Dark Chili Powder Blend (Chili Powder, Salt, Cumin, Garlic, Oregano), Light Brown Sugar, Taco Seasoning (Dehydrated Garlic, and Onion, Spices Including Chili Pepper, Salt, Tricalcium Added to Prevent Caking), Cumin, Oregano, Onion Powder, Red Pepper Flakes, Saffron, Annatto Color.

Allergens:

Contains Milk.

Notes:

Fajita-Style Chicken with Brown Rice