903270- KIDS IPE TP Jerk Chicken Brown Rice

Number of Servings: 1 (198.45 g per serving)
Weight: 198.45 g

Nutrition Facts

Serving Size (198g)
Servings Per Container

Amount Per Serving

Calories 270	Calories from Fat 30
	% Daily Value*
Total Fat 3g	**5**%
Saturated Fat 0.5g	**3**%
Trans Fat 0g	
Cholesterol 40mg	**13**%
Sodium 270mg	**11**%
Total Carbohydrate 32g	**11**%
Dietary Fiber 2g	**8**%
Sugars 1g	
Protein 17g	

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients:

Water, Grilled Chicken Strips (Chicken Breast With Rib Meat, Water, Potato Starch, Lemon Juice, Sugar, Granulated Garlic, Salt, Black Pepper), Parboiled Long Grain Brown Rice, Onion, Chicken Base (Natural Flavor, Salt, Yeast Extract, Rendered Chicken Fat, Potato Starch, Onion Powder, Garlic Powder), Chimichurri Paste (Onions, Garlic, Canola/Olive Oli Blend, Jalapenos, Allspice, Lime Juice Concentrate, Cilantro, Thyme, Brown Sugar, Ginger, Salt, Cayenne Pepper, Black Pepper), Cornstarch, Chicken Broth Flavor (Natural Flavor, Chicken Broth, Salt), Enriched All Purpose Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Parsley, Garlic Powder, Jerk Seasoning (Salt, Spices, Dehydrated Onion and Red Pepper), Bay Leaf, Xanthan Gum, Flavor Enhancer (Salt, Yeast Extract, Natural Flavor, Maltodextrin, Sugar), Chicken Flavor (Chicken Broth, Maltodextrin, Salt, Natural Flavor), Canola Oil.

Allergens:

Contains Wheat.

Notes:

Jerk Chicken with Brown Rice