

903272-KIDS IPE TP Ramen Edamame Noodle Bowl

Number of Servings: 1 (283.5 g per serving)

Weight: 283.5 g

Nutrition Facts

Serving Size (283g)
Servings Per Container

Amount Per Serving

Calories 320 **Calories from Fat** 50

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 50g **17%**

Dietary Fiber 11g **44%**

Sugars 5g

Protein 18g

Vitamin A 10% • Vitamin C 15%

Calcium 8% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients:

Water, Soybeans, Whole Wheat Spaghetti (Whole Durum Wheat Flour, Semolina, Durum Wheat Flour, Isolated Oat Product), Mushrooms, Vegetable Broth (Water, Green Cabbage, Sea Salt, Brown Sugar, Onion, Bean Sprouts, Torula Yeast Extract, Onion Powder, Garlic, Ginger, White Pepper, Dried Kelp), Onion, Garlic Puree, Modified Food Starch, Rice Wine Vinegar, Light Brown Sugar, Scallions, Canola Oil, Mushroom Extract (Mushrooms, Maltodextrin), Chili Paste (Bell Peppers, Fruit Vinegar, Chili Peppers, Lemon, Salt, Onion, Spices), Sesame Oil, Garlic Powder, Flavor Enhancer (Salt, Yeast Extract, Natural Flavor, Maltodextrin, Sugar), White Pepper.

Allergens:

Contains Soy, Wheat.

Notes:

Ramen Edamame Noodle Bowl