

# 903226- Teriyaki Chicken Brown Rice Steamed Corn

Number of Servings: 1 (382.72 g per serving)

Weight: 382.72 g

## Nutrition Facts

Serving Size (383g)  
Servings Per Container

Amount Per Serving

**Calories 430**      **Calories from Fat 40**

% Daily Value\*

**Total Fat 4.5g**                      **7%**

    Saturated Fat 0.5g                **3%**

    Trans Fat 0g

**Cholesterol 40mg**                  **13%**

**Sodium 350mg**                      **15%**

**Total Carbohydrate 69g**        **23%**

    Dietary Fiber 6g                  **24%**

    Sugars 11g

**Protein 20g**

Vitamin A 6%      • Vitamin C 10%

Calcium 2%        • Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

### Ingredients:

Corn, Brown Rice (Water, Brown Rice), Grilled Chicken Strips (Chicken Breast With Rib Meat, Water, Potato Starch, Lemon Juice, Sugar, Granulated Garlic, Salt, Black Pepper), Water, Sugar, Soy Sauce (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate [Preservative]), Corn Syrup, Lemon Juice, Cornstarch, Onion, Canola Oil, Ginger, Ground Cloves.

### Allergens:

Contains Soy, Wheat.

### Notes:

Teriyaki Chicken w/ Brown Rice & Steamed Corn