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STARTING FALL 2025!

Brainspotting Consulting

with

Jesse Jonesberg, MSW, LCSW

Brainspotting Consulting

Starting Fall of 2025

I am a community-based licensed clinical social worker, a neurodivergent therapist, and a (soon to be) brainspotting consultant who supports folks apply brainspotting skills and theory to individuals experiencing the traumatic and mental health impacts of marginalization and socially engineer trauma. I am passionate about community mental health and supporting those who work in this field.

Beginning in Summer/Fall of 2025, I will be offering brainspotting consulting. I would be honored to partner with you in your development and certification in brainspotting!



*Healing is not by rote or ritual, it's by
presence and attunement*
- David Grand

Consulting Philosophy

COLLABORATION & COMPASSION

My goal is to support your growth and confidence in practicing brainspotting in a way that feels genuine. Learning requires collaboration, safety, and connection. My approach is neuroaffirming and based in compassion, cultural humility, and community.

LEARNING ACTIVITIES

- Case consultation and discussion
- Brainspotting theory and practice
- Integrating of brainspotting to your setting
- Hands-on brainspotting practice
- Supplementary learning resources such as books, videos, handouts, podcasts, etc.



ABOUT JESSE

I have spent the last 15 years providing services, trainings, education, and consultation in community mental health in both Missouri and Wisconsin. I currently provide Medicaid funded in-home therapy through the Milwaukee CCS program, self-pay telehealth therapy through Brainspotting Online, and I offer trainings to therapists and other helpers through Share Training.

I look forward to working with you to support your learning and certification in brainspotting! If finances are a barrier for you, I offer some sliding scale fees.

