



- your path to -



Brainspotting CERTIFICATION

1

Phase I Training

- Inside window
- Outside window
- Resource

2

Phase 2 Training

- One-eye practice
- Rolling, z axis, vergence
- Advanced resource

3

Guided Practice

50 hours of brainspotting practice:

- Documented on session form
- Guided by consultant

4

Consultation Meetings

Work with brainspotting consultant:

- 6 - 8 consultation meetings
- Demonstrated knowledge, skill, and proficiency

5

Documentation

- Ethics agreement
- Application form
- Consultant report
- Session form

6

Certification

Reviewed & approved by committee:

- Certified Brainspotting Therapist
- 2 year certification
- Listed on brainspotting.com

