



### **Why Kinderdance® NOW?**

The reason that children are excited by Kinderdance® programs year after year is because the programs evolve with your child's developmental age group. Our curriculum builds on itself over time from Kindertots® class (for two year-olds) to Kinderdance® or Kindergym® (Levels 1 and 2 for 3-5 years) to Kinderdance® (Level 3) or Kindermotion® (for 5-8 years). Our curriculum's evolution allows children to feel good about what they have already learned while feeling challenged and stimulated by new material and skills. Every month brings a new theme, songs, and dances. Our monthly themes often reflect the children's school curriculum, and this duality really delights our students, allowing them to find yet another connection to our classes. Sometimes our monthly theme focuses on a holiday within that month or how nature is changing that month. There is always a "color" and a "number of the month" and fun imagination songs and games associated with our monthly material.

Furthermore, as we navigate through the trials and tribulations of this Covid era, it has never been more important for children to get up and move, laugh and sing, and interact live with their teachers and friends. Unlike many Zoom classes and Youtube shows, our Kinderdance classes are not taped. They are live so that our teachers can truly check in with each child, and so teachers can make real-time corrections in their form or skills. Our live classes also allow us to call your child by name and build a relationship with them.

### **Why has my child loved Kinderdance® programs in his/her school?**

Anyone, who has watched a child jump for joy, knows that children express themselves physically as well as verbally. Kinderdance® International has literally spent the past 40 years studying how children learn, both cognitively and physically, and we know that the mind-body connection is as important in learning as it is in expressing oneself. Children love Kinderdance® programs because our curriculum is specifically designed to foster their development and their confidence, based on the mind-body-spirit learning triumvirate, and because it incorporates what children love most: music, movement, learning, imagining, positive reinforcement, and bright stimulating visual and tactile props. And it doesn't hurt that our teachers are passionate, loving, and "silly".

**FALL Kinderdance® ZOOM CLASSES:** We will begin our fall session with three Zoom classes per week; two preschool-age (3-5 years) classes, and one kindergarten-2<sup>nd</sup> grade class. If there is enough demand, we will add a Kindertots® class (for two year-olds). See schedule below:

**Sept. 15- Dec. 10, 2020 (No class 11/14 and 11/23-11/27)**

Tuesdays: 1:45- 2:30, Zoom Kinderdance®, (Mixed Level), ages 3-5 years\*

Wednesdays: 2- 2:50, Zoom Kinderdance® (Level 3), kindergarten- 2<sup>nd</sup> grade\*

Thursdays: 1:30- 2:15, Zoom Kinderdance®, (Mixed Level), ages 3-5 years\*

\*Minimum 6 students to begin a class

\*\* If you don't see a time that works for your child, please contact me!

\*\*\*Siblings may attend the same Zoom class as the enrolled family member for Free, however, the sibling will not count toward the class minimum.

### **OUTDOOR IN-PERSON CLASSES**

We are also teaching private in-person classes with pods of 6 or more. We are holding these classes outside, usually in the yard of a private home. The teacher and students are masked and try to maintain a 6-foot distance throughout the class. Depending on the comfort and co-mingling of the pod, masks and distancing can be optional for the students, but teacher will wear mask throughout class. In-person classes can be one of the following: [Kinderdance®\(3 Levels\)](#), [Kindergym®](#), [Kindertots®](#), and [Kindermotion®](#). Judging from my own excitement to be physically with my students again, I think we can't underestimate the mental and physical benefits of these classes.\*

***\*If you are interested in these in-person classes, please contact me. If you have a yard that is big enough to host a class and you are willing to do so, please let me know! (contact info below)***

### **FUN FOR PARENTS & CAREGIVERS**

Since many parents are working from home these days and all parents are looking for fun, educational, healthy ways to spend quality time with their child(ren), we are encouraging parents to join our Zoom classes with their child! It's not required, but the feedback we've received from parents, who did our Zoom classes with their child(ren) last spring/ summer, has been extremely positive. You can sing the same songs, get exercise together, step away from your computer screen, and even help your child master the skills. The benefits are numerous!! It is definitely a WIN- WIN- WIN for all of us 😊

### **IMPROVEMENTS**

We have invested in new mic's, speakers and sound systems to improve the sound quality of both the music played in class and the teacher's voice during and in between songs. These sound improvements will be notable in both our Zoom classes and our outdoor, in-person classes. The increased engagement from being able to hear the music and the teacher cues clearly cannot be underestimated.

We are also continuing to work on some fun digital additions to our Zoom classes.

### **TO ENROLL IN A CLASS**

Go to the link below and click the white "Enroll in Class" button and follow the prompts. If you already have an account, you may log in. Otherwise, you can create an account.

<https://kinderdanceeastbay.com/classes>

\*No tuition will be charged until minimum class enrollment is reached.

### **QUESTIONS/ IDEAS**

Please contact me with questions or ideas! Miss Kira at 415-385-6501 or [KinderdanceEastBay@yahoo.com](mailto:KinderdanceEastBay@yahoo.com)