



# GOOD REASON THERAPY PLLC

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INSURANCES ACCEPTED ABOUT ME

AETNA

BCBS TX

CIGNA

OSCAR

OXFORD

UNITED HEALTHCARE

Matthew Harmon is a Licensed Clinical Social Worker (LCSW-S) who has worked with adults and children with disabilities, with death and dying, and extensively in the inpatient/outpatient behavioral health setting with individuals in crisis, Matthew now works in private practice helping adults 18-65 address their mental health issues and work towards finding peace and well being.

**"IT'S NOT WHAT HAPPENS TO YOU, BUT HOW YOU REACT TO IT THAT MATTERS" - EPICTETUS**

