



DISCFLEX™

Unlock the power of effective communication and teamwork with our DISCflex™ Personality Workshop.

binspiredleaders.com



UNDERSTANDING YOURSELF AND OTHERS: A DISCFLEX™ WORKSHOP

Unlock the key to better communication, stronger teamwork, and more effective leadership with our DISCflex™ Personality Workshop. At b.inspired, we'll help you uncover your unique behavioral style and show you how to adapt it to connect with others in meaningful ways. With the DISCflex™ assessment, you'll gain a clear understanding of yourself—and practical tools to transform the way you work with others.

WHAT YOU'LL LEARN:

- **Discover Your DISCflex™ Style:** Explore your natural tendencies—Dominance, Influence, Steadiness, and Compliance—and learn how these traits shape your decisions, interactions, and communication.
- **Enhance Communication Skills:** Build confidence in adapting your approach to match the styles of colleagues, clients, and teams for better collaboration and fewer misunderstandings.
- **Build Stronger Teams:** Leverage the unique strengths of different DISCflex™ styles to create a cohesive, supportive, and high-performing team environment.
- **Improve Leadership Abilities:** Learn how to adjust your leadership style to meet the needs of your team, inspiring trust and driving results.
- **Increase Self-Awareness:** Gain insights into your strengths and areas for growth, empowering you to make intentional choices and improve your relationships.

WHY DISCFLEX™?

The DISCflex™ assessment is simple, effective, and backed by research that shows its impact on team productivity, reduced conflict, and stronger collaboration. When individuals and teams understand their DISCflex™ profiles, they can work together with clarity, respect, and purpose.

Ready to unlock your potential and create lasting change? Join us for the DISCflex™ Personality Workshop and take the first step toward stronger communication, better teamwork, and greater success. Let's grow together!

OBJECTIVES

- Reveal your DISCflex profile
- Adapt and thrive
- Strengthen team dynamics
- Elevate your leadership

WORKSHOP FORMAT

- In person or online
- 3 hour workshop
- Retreats
- Conference general session
- Breakout session



BETH FLYNN

B.Inspired Leadership Consultants, LLC

Beth specializes in creating interactive learning experiences that leave a lasting impact. Her ability to connect with participants and tailor sessions to meet specific organizational needs has led to rave reviews and repeated invitations from clients who value her transformative approach.