

# 2024 Napa Primary Care Conference

## Agenda

Revised June 21-2024

All Lectures held in the Napa Ballroom at the Napa Marriott Hotel

**Wednesday November 6, 2024**

2 HOURS CME

## Hot Topics n Primary Care

Wednesday November 6, 2024	Lecture Topic	Speaker
4:25 PM	Opening Remarks by the Chairman	Robert Sallis, MD
4:30 PM	Common Rashes in Primary Care	Linda Tolbert, MD
5:10 PM	Osteoporosis Assessment and Management	Dennis Khalili Borna, MD
5:50 PM	Responsible Opioid Prescribing	Timothy Munzing, MD
6:30 PM	Adjourn	
6:30 PM	Wine Tasting Reception	

Exhibit Hall open 4:30 pm-6:30 pm



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**Thursday November 7, 2024**

4 HOURS CME

### Common Musculoskeletal Issues

Thursday November 7, 2024	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Shoulder Problems	Jason Brayley, MD
8:40 AM	Elbow, Wrist and Hand Problems	Robert Sallis, MD
9:20 AM	Common Knee Issues in Primary Care	Jordan Metzli, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Low Back Pain Evaluation	Robert Sallis, MD
11:10 AM	Common Foot and Ankle Problems	Cindy Chang, MD
11:50 AM	Heel Pain in the Active Patient	Dennis Khalili Borna, MD
12:30 PM	Adjourn	
Exhibit Hall open 7:00 am-12:30 pm		

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**Friday November 8, 2024**

4 HOURS CME

### Staying Healthy

Friday November 8, 2024	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Healthy Pleasures: Applying the Science of Happiness to Health	David Sobel, MD
8:40 AM	Preparing Patients to Enter the Golden Years	Timothy Munzing, MD
9:20 AM	Thriving with Stress: The New Science of Resilience	David Sobel, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Small Lifestyle Changes Can Lead to Giant Health Impacts	Cindy Chang, MD
11:10 AM	The Exercise Prescription in Primary Care	Jordan Metz, MD
11:50 AM	Rx Healthy Sex: Is Sex Good Medicine?	David Sobel, MD
12:30 PM	Adjourn	
Exhibit Hall open 7:00 am-12:30 pm		

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**Saturday November 9, 2024**

4 HOURS CME

### Primary Care for the Active Patient

Saturday November 9, 2024	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Running Medicine 101: What's New in the Science of Running	Jordan Metzl, MD
8:40 AM	Skin Conditions and Sports	Linda Tolbert, MD
9:20 AM	Stress Fractures in the Active Patient	Jason Brayley, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Upper Extremity Numbness and Tingling	Cindy Chang, MD
11:10 AM	Musculoskeletal Pearls for the Primary Care Physician	Dennis Khalili Borna, MD
11:50 AM	The Masters Athlete: Tricks to Keep Your Aging Patients Moving	Jordan Metzl, MD
12:30 PM	Adjourn	

Exhibit Hall open 7:00 am-12:30 pm

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**Sunday November 10, 2024**

2 HOURS CME

### Issues in the Athlete

Sunday November 10, 2024	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Update on Concussion Management	Jason Brayley, MD
8:40 AM	Facial Injuries in the Athlete	Robert Sallis, MD
9:20 AM	Infectious Diseases in Athletes	Dennis Khalili Borna, MD
10:00 AM	Final Adjourn	

Exhibit Hall open 7:00 am-10:00 am

