

2025 Napa Primary Care Conference

Agenda

All Lectures held in the Napa Ballroom at the Napa Marriott Hotel

Wednesday November 5, 2025

2 HOURS CME

Mental Health

Wednesday November 5, 2025	Lecture Topic	Speaker
4:25 PM	Opening Remarks	Robert E. Sallis, MD
4:30 PM	Managing Depression and Anxiety in Primary Care	Neel Doshi, DO
5:10 PM	Relationship Between Cardiac Health and Mental Health	Columbus D Batiste, MD
5:50 PM	Get Selfish: The Relationship Between Selfish Principles and Exercise	Columbus D Batiste, MD
6:30 PM	Adjourn	
	Exhibit Hall open 4:30 pm-6:30 pm	
6:30 PM	Wine Tasting Reception	

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Thursday November 6, 2025

4 HOURS CME

Lifestyle Medicine

Thursday November 6, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Prescriptions Every Cardiologist Should Give	Columbus D Batiste, MD
8:40 AM	The Effect of Sedentary Behavior on Health and Wellness	Jessie Fudge, MD
9:20 AM	Prescribing Exercise in Clinical Practice	Robert Sallis, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Managing Insomnia in Clinical Practice	Neel Doshi, DO
11:10 AM	GLP-1 Medications: What You Need to Know	Columbus D Batiste, MD
11:50 AM	Helping Your Patients with COPD Get Back to Activity	Ted O'Connell, MD
12:30 PM	Adjourn	
Exhibit Hall open 7:00 am-12:30 pm		

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Friday November 7, 2025

4 HOURS CME

Hot Topics for the Primary Care Physician

Friday November 7 , 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	What is the Evidence Behind Dietary Supplements?	Ted O'Connell, MD
8:40 AM	Diagnosing and Managing Knee OA	Gregory Maletis, MD
9:20 AM	Managing Common Dislocations	David Olson, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Understanding Alternative Therapies Your Patients are Using	Ted O'Connell, MD
11:10 AM	Cupping, Percussion Therapy and Trigger Point Massage for Musculoskeletal Pain	Jessie Fudge, MD
11:50 AM	New Medications Primary Care Docs Should Know About	Ted O'Connell, MD
12:30 PM	Adjourn	
Exhibit Hall open 7:00 am-12:30 pm		

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Saturday November 8, 2025

4 HOURS CME

Musculoskeletal Issues

Saturday November 8 ,2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Importance of a Good History in Caring for Musculoskeletal Injuries	Jessie Fudge, MD
8:40 AM	Orthopedic Injuries Not to Miss	Gregory Maletis, MD
9:20 AM	Evaluation and Management of Muscle Strain Injuries	John DiFiori, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Neck Problems in the Athlete	Robert Sallis, MD
11:10 AM	Evaluation of the Patient with Knee Pain	John DiFiori, MD
11:50 AM	Diagnosis and Management of ACL Injuries	Gregory Maletis, MD
12:30 PM	Adjourn	

Exhibit Hall open 7:00 am-12:30 pm

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Sunday November 9, 2025

2 HOURS CME

Caring for Special Populations of Active and Athletic Patients

Sunday November 9, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Unique Concerns in Special Olympics Athletes	Jessie Fudge, MD
8:40 AM	Caring for the Master's Athlete	David Olson, MD
9:20 AM	Overuse Injuries in the Young Athlete	John DiFiori, MD
10:00 AM	Final Adjourn	

Exhibit Hall open 7:00 am-10:00 am

