

# 2026 Napa Primary Care Conference

Lecture Topics and Days subject to change

All Lectures held in the Napa Ballroom at the Napa Marriott Hotel

Wednesday November 4, 2026

2 HOURS CME

**Staying Well**

Wednesday November 4, 2026	Lecture Topic	Speaker
4:25 PM	Opening Remarks	Robert E. Sallis, MD
4:30 PM	Natural Pathways to Wellbeing	Gyll Turteltaub, PsyD
5:10 PM	Supplements, Biohacks and Buzzwords	Chad Asplund, MD
5:50 PM	Designing an Exercise Program to Maximize Health and Well Being	Robert Sallis, MD
6:30 PM	Adjourn	
6:30 PM	Wine Tasting Reception	In the Courtyard
	Exhibit Hall open 3:00 PM-6:30 PM	



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Thursday November 5, 2026

**Musculoskeletal Issues**

4 HOURS CME

Thursday November 5, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Shneck: Is Upper Back Pain Coming from the Shoulder or Neck?	Todd W. Weitzenberg, MD
8:40 AM	Lower Back Pain in the Pediatric Patient Taylor	Kenneth S. Taylor MD
9:20 AM	The Hack: Is Buttock Pain Coming from the Hip or Back?	Todd W. Weitzenberg, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Evaluation of the Patient with Knee Pain Sallis	Robert Sallis, MD
11:10 AM	Managing Patellofemoral Pain Goolsby	Marci Goolsby, MD
11:50 AM	Foot and Ankle Pain	Kenneth S. Taylor MD
12:30 PM	Adjourn	
	Exhibit Hall open 7:00 AM-12:30 PM	



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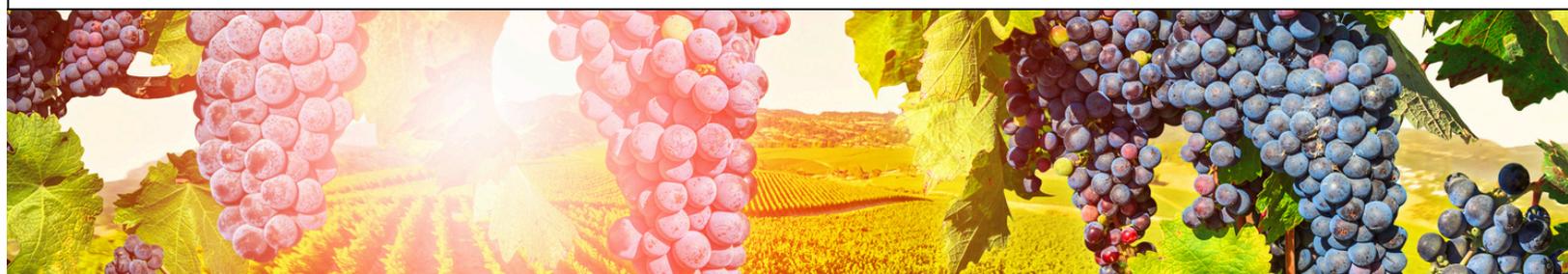
Friday November 6, 2026

4 HOURS CME

**Current Concepts in Primary Care**

Friday November 7, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Menopause 101	Katrin Massoudian, MD
8:40 AM	Update on Immunology for the PrimaryCare Doc	Steve S Lee, DO
9:20 AM	The Musculoskeletal Syndrome of Menopause	Katrin Massoudian, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Fatness vs Fitness: What's More Importantfor Health	Robert Sallis, MD
11:10 AM	Caring for Ourselves So We Can Care for Our Patients	Gyll Turteltaub, PsyD
11:50 AM	Managing Type 1 Diabetes in the Active and Athletic Patient	Marci Goolsby, MD
12:30 PM	Adjourn	

Exhibit Hall open 7:00 am-12:30 pm



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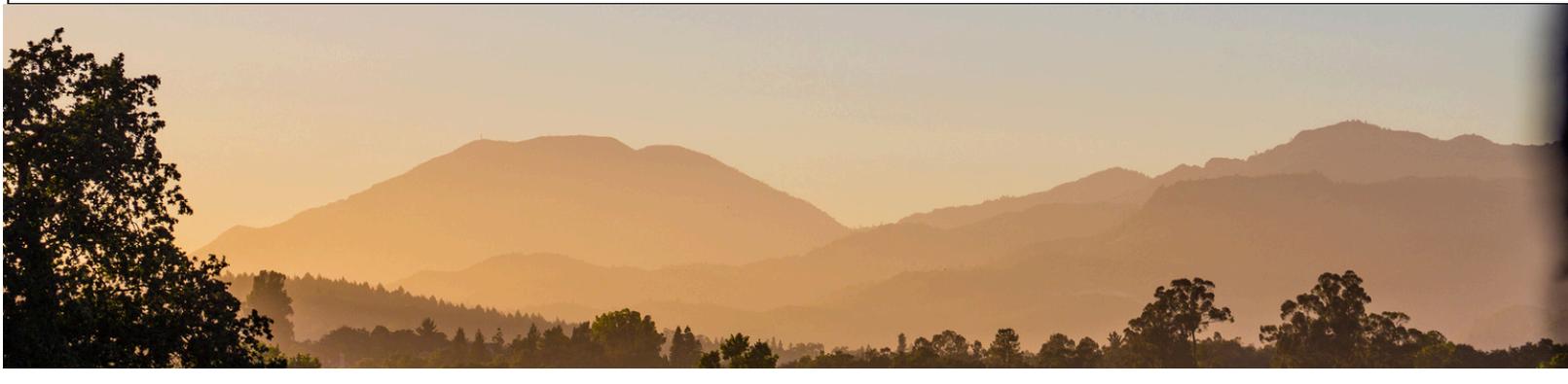
Saturday November 7, 2026

4 HOURS CME

**Caring for the Active and Athletic Patient**

Saturday November 7, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Common Upper Extremity Problems in Primary Care	Kenneth S. Taylor MD
8:40 AM	MSK Red Flags: What Primary Care Docs Cannot Miss	Chad Asplund, MD
9:20 AM	The Evaluation and Management of Shin Splints	Todd W. Weitzenberg, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Common Cycling Injuries	Todd W. Weitzenberg, MD
11:10 AM	Approach to the Patient with Myopathy	Steve S Lee, DO
11:50 AM	Musculoskeletal Procedures and Injectables	Kenneth S. Taylor MD
12:30 PM	Adjourn	

Exhibit Hall open 7:00 am-12:30 pm



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Sunday November 8, 2026

2 HOURS CME

**Hot Topics for the Primary Care Physician**

Sunday November 8, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	A Practical Approach to ANA Testing	Steve S Lee, DO
8:40 AM	Fatigue in the Athletic Patient	Chad Asplund, MD
9:20 AM	Approach to Hormone Therapy for the Busy Clinician	Katrin Massoudian, MD
10:00 AM	Final Adjourn	

Exhibit Hall open 7:00 am-10:00 am

