



2026 Napa Primary Care Conference

Lecture Topics and Days subject to change

All Lectures held in the Napa Ballroom at the Napa Marriott Hotel

Wednesday November 4, 2026

2 HOURS CME

Staying Well

Wednesday November 4, 2026	Lecture Topic	Speaker
4:25 PM	Opening Remarks	Robert E. Sallis, MD
4:30 PM	A Mindful Approach to Managing Stress	Gyll Turteltaub, PsyD
5:10 PM	Supplements, Biohacks and Buzzwords	Chad Asplund, MD
5:50 PM	Natural Pathways to Wellbeing	Gyll Turteltaub, PsyD
6:30 PM	Adjourn	
6:30 PM	Wine Tasting Reception	In the Courtyard
	Exhibit Hall open 3:00 PM-6:30 PM	



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Thursday November 5, 2026

Musculoskeletal Issues

4 HOURS CME

Thursday November 5, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Shneck: Is Upper Back Pain Coming from the Shoulder or Neck?	Todd W. Weitzenberg, MD
8:40 AM	Lower Back Pain in the Pediatric Patient Taylor	Kenneth S. Taylor MD
9:20 AM	The Hack: Is Buttock Pain Coming from the Hip or Back?	Todd W. Weitzenberg, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Evaluation of the Patient with Knee Pain Sallis	Robert Sallis, MD
11:10 AM	Managing Patellofemoral Pain	Marci Goolsby, MD
11:50 AM	Foot and Ankle Pain	Kenneth S. Taylor MD
12:30 PM	Adjourn	
	Exhibit Hall open 7:00 AM-12:30 PM	

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Friday November 6, 2026

4 HOURS CME

Current Concepts in Primary Care

Friday November 7, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Managing Menopause in Primary Care	Katrin Massoudian, MD
8:40 AM	Update on Immunology for the Primary Care Doc	Steve S Lee, DO
9:20 AM	The Musculoskeletal Syndrome of Menopause	Katrin Massoudian, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Fatness vs Fitness: What's More Important for Health	Robert Sallis, MD
11:10 AM	The Art of Resilience: Thriving Through Life's Challenges	Gyll Turteltaub, PsyD
11:50 AM	Managing Type 1 Diabetes in the Active and Athletic Patient	Marci Goolsby, MD
12:30 PM	Adjourn	

Exhibit Hall open 7:00 am-12:30 pm



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Saturday November 7, 2026

4 HOURS CME

Caring for the Active and Athletic Patient

Saturday November 7, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Common Upper Extremity Problems in Primary Care	Kenneth S. Taylor MD
8:40 AM	MSK Red Flags: What Primary Care DocsCannot Miss	Chad Asplund, MD
9:20 AM	The Evaluation and Management of Shin Splints	Todd W. Weitzenberg, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Dermatologic Issues in the Active and Athletic Patient	Marci Goolsby, MD
11:10 AM	Approach to the Patient with Myopathy	Steve S Lee, DO
11:50 AM	Musculoskeletal Procedures and Injectables	Kenneth S. Taylor MD
12:30 PM	Adjourn	
Exhibit Hall open 7:00 am-12:30 pm		

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Sunday November 8, 2026

2 HOURS CME

Hot Topics for the Primary Care Physician

Sunday November 8, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Fatigue in the Athletic Patient	Chad Asplund, MD
8:40 AM	Approach to Hormone Therapy for the Busy Clinician	Katrin Massoudian, MD
9:20 AM	The Evaluation and Management of Polyarthritis	Steve S Lee, DO
10:00 AM	Final Adjourn	

Exhibit Hall open 7:00 am-10:00 am

