



2025 Napa Primary Care Conference

Agenda

All Lectures held in the Napa Ballroom at the Napa Marriott Hotel

Wednesday November 5, 2025

2 HOURS CME

Lifestyle Medicine

Wednesday November 5, 2025	Lecture Topic	Speaker
4:25 PM	Opening Remarks	Robert E. Sallis, MD
4:30 PM	The Prescriptions Every Cardiologist Should Give	Columbus D Batiste, MD
5:10 PM	The Effect of Sedentary Behavior on Health and Wellness	Jessie Fudge, MD
5:50 PM	Prescribing Exercise in Clinical Practice	Robert Sallis, MD
6:30 PM	Adjourn	
6:30 PM	Wine Tasting and Reception	
	Exhibit Hall open 3:00 PM-6:30 PM	



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Thursday November 6, 2025

Hot Topics for the Primary Care Physician

4 HOURS CME

Thursday November 6, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	What is the Evidence Behind Dietary Supplements?	Ted O'Connell, MD
8:40 AM	Update on Concussion Management	David Olson, MD
9:20 AM	GLP-1 Medications: What You Need to Know	Columbus D Batiste, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Understanding Alternative Therapies Your Patients are Using	Ted O'Connell, MD
11:10 AM	Cupping, Percussion Therapy and Trigger Point Massage for Musculoskeletal Pain	Jessie Fudge, MD
11:50 AM	Pharmacology Updates for Primary Care Docs	Ted O'Connell, MD
12:30 PM	Adjourn	
	Exhibit Hall open 7:00 AM-12:30 PM	



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Friday November 7, 2025

4 HOURS CME

Musculoskeletal Issues

Friday November 7, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Common Sports-related Leg Injuries	John DiFiori, MD
8:40 AM	Orthopedic Injuries Not to Miss	Gregory Maletis, MD
9:20 AM	Managing Common Dislocations	David Olson, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Neck Problems in the Athlete	Robert Sallis, MD
11:10 AM	Managing Common Osteochondroses	John DiFiori, MD
11:50 AM	Diagnosis and Management of ACL Injuries	Gregory Maletis, MD



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Saturday November 8, 2025

4 HOURS CME

Mental Health

Saturday November 8 , 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Managing Depression and Anxiety in Primary Care	Neel Doshi, DO
8:40 AM	Relationship Between Cardiac Health and Mental Health	Columbus D Batiste, MD
9:20 AM	Psychological Trauma in Athletes	Neel Doshi, DO
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Get Selfish: The Relationship Between Selfish Principles and Exercise	Columbus D Batiste, MD
11:10 AM	Mental Health and Wellness in Athletes	John DiFiori, MD
11:50 AM	Managing Insomnia in Clinical Practice	Neel Doshi, DO
12:30 PM	Adjourn	
Exhibit Hall open 7:00 am-12:30 pm		

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Sunday November 9, 2025

2 HOURS CME

Caring for Special Populations of Active and Athletic Patients

Sunday November 9, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Caring for the Master's Athlete	David Olson, MD
8:40 AM	Activity Recommendations After Total Joint Replacement	Gregory Maletis, MD
9:20 AM	Unique Concerns in the Special Olympics Athlete	Jessie Fudge, MD
10:00 AM	Final Adjourn	

Exhibit Hall open 7:00 am-10:00 am

