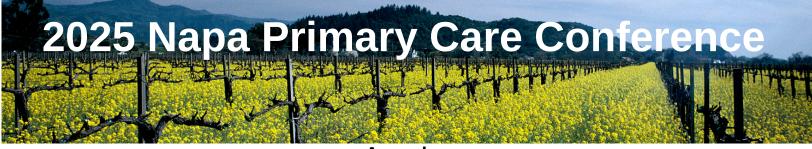


All Lectures held in the Napa Ballroom at the Napa Marriott Hotel
Wednesday November 5, 2025
2 HOURS CME

**Lifestyle Medicine** 

Wednesday November 5, 2025	Lecture Topic	Speaker
4:25 PM	Opening Remarks	Robert E. Sallis, MD
4:30 PM	The Prescriptions Every Cardiologist Should Give	Columbus D Batiste, MD
5:10 PM	The Effect of Sedentary Behavior on Health and Wellness	Jessie Fudge, MD
5:50 PM	Prescribing Exercise in Clinical Practice	Robert Sallis, MD
6:30 PM	Adjourn	
6:30 PM	Wine Tasting and Reception	
	Exhibit Hall open 3:00 PM-6:30 PM	





All Lectures held in the Napa Ballroom at the Napa Marriott Hotel
Thursday November 6, 2025

**Hot Topics for the Primary Care Physician** 

### 4 HOURS CME

7:00 AM Breakfast in the Exhibit Hall  8:00 AM What is the Evidence Behind Dietary Supplements? Ted O'Connell, MD  8:40 AM Update on Concussion Management David Olson, MD  9:20 AM GLP-1 Medications: What You Need to Know Columbus D Batiste, MD  10:00 AM Refreshment Break and Exhibit Hall	Thursday November 6, 2025	Lecture Topic	Speaker
8:00 AM Supplements? Ted O'Connell, MD  8:40 AM Update on Concussion Management David Olson, MD  9:20 AM GLP-1 Medications: What You Need to Know Columbus D Batiste, MD	7:00 AM		
9:20 AM  GLP-1 Medications: What You Need to Know  Columbus D Batiste, MD	8:00 AM	-	Ted O'Connell, MD
9:20 AM Columbus D Batiste, MD	8:40 AM	Update on Concussion Management	David Olson, MD
10:00 AM Refreshment Break and Exhibit Hall	9:20 AM		Columbus D Batiste, MD
	10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM  Understanding Alternative Therapies Your Patients are Using  Ted O'Connell, MD	10:30 AM		Ted O'Connell, MD
Cupping, Percussion Therapy and 11:10 AM Trigger Point Massage for Jessie Fudge, MD Musculoskeletal Pain	11:10 AM	Trigger Point Massage for	Jessie Fudge, MD
Pharmacology Updates for Primary Care Docs  Ted O'Connell, MD	11:50 AM	1	Ted O'Connell, MD
12:30 PM Adjourn	12:30 PM	Adjourn	
Exhibit Hall open 7:00 AM-12:30 PM		Exhibit Hall open 7:00 AM-12:30 PM	





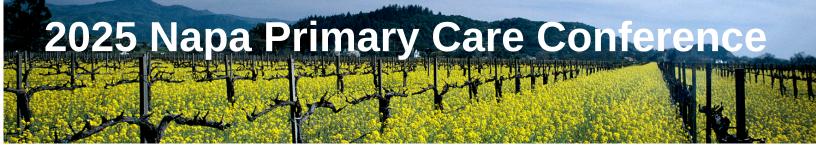
# All Lectures held in the Napa Ballroom at the Napa Marriott Hotel Friday November 7, 2025

#### **4 HOURS CME**

#### **Musculoskeletal Issues**

Friday November 7, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Common Sports-related Leg Injuries	John DiFiori, MD
8:40 AM	Orthopedic Injuries Not to Miss	Gregory Maletis, MD
9:20 AM	Managing Common Dislocations	David Olson, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Neck Problems in the Athlete	Robert Sallis, MD
11:10 AM	Managing Common Osteochondroses	John DiFiori, MD
11:50 AM	Diagnosis and Management of ACL Injuries	Gregory Maletis, MD





All Lectures held in the Napa Ballroom at the Napa Marriott Hotel

Saturday November 8, 2025

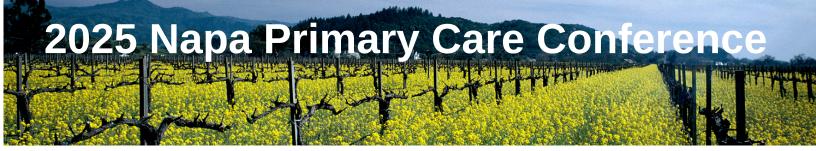
**4 HOURS CME** 

**Mental Health** 

Saturday November 8 , 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Managing Depression and Anxiety in Primary Care	Neel Doshi, DO
8:40 AM	Relationship Between Cardiac Health and Mental Health	Columbus D Batiste, MD
9:20 AM	Psychological Trauma in Athletes	Neel Doshi, DO
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Get Selfish: The Relationship Between Selfish Principles and Exercise	Columbus D Batiste, MD
11:10 AM	Mental Health and Wellness in Athletes	John DiFiori, MD
11:50 AM	Managing Insomnia in Clinical Practice	Neel Doshi, DO
12:30 PM	Adjourn	

Exhibit Hall open 7:00 am-12:30 pm





All Lectures held in the Napa Ballroom at the Napa Marriott Hotel

# **Sunday November 9, 2025**

#### **2 HOURS CME**

**Caring for Special Populations of Active and Athletic Patients** 

Sunday November 9, 2025	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Caring for the Master's Athlete	David Olson, MD
8:40 AM	Activity Recommendations After Total Joint Replacement	Gregory Maletis, MD
9:20 AM	Unique Concerns in the Special Olympics Athlete	Jessie Fudge, MD
10:00 AM	Final Adjourn	

Exhibit Hall open 7:00 am-10:00 am

