

2022 NAPA PRIMARY CARE CONFERENCE: Caring for the Active and Athletic Patient

Agenda

All lectures located in the Napa Marriott Ballroom.

Wednesday, November 2

Medical Issues in the Active Patient

| 2.0 hours CME

TIME	TOPIC	SPEAKER
4:30 pm	The Role of Physical Activity in Diabetes Prevention	<i>Liz Joy, MD, MPH</i>
5:10 pm	Athletes and their Rheumatic Diseases	<i>Steve Lee, DO</i>
5:50 pm	The Gut Microbiome: What You Need to Know	<i>Joseph Weiss, MD</i>
6:30 pm	Adjourn	
6:30 pm	Wine Tasting Reception in the Courtyard	

Thursday, November 3

Musculoskeletal Medicine

| 4.0 hours CME

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	The Ankle Sprain that Does Not Get Better	<i>Jim Macintyre, MD, MPE</i>
8:40 am	Heel Pain: Diagnosis and Management	<i>Dennis Khalili-Borna, MD</i>
9:20 am	Approach to the Patient with Knee Pain	<i>John P. DiFiori, MD</i>
10:00 am	Refreshment Break	
10:30 am	Elbow, Wrist, and Hand Problems in Primary Care	<i>Robert E. Sallis, MD</i>
11:10 am	Common Shoulder Problems in Adults	<i>Jim Macintyre, MD, MPE</i>
11:50 am	Athletes With Inflammatory Musculoskeletal Disease	<i>Steve Lee, DO</i>
12:30 pm	Adjourn	

Friday, November 4

Problems in Kids and Beyond

| 4.0 hours CME

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	Early Sports Specialization for Kids: Weighing the Risks	<i>John P. DiFiori, MD</i>
8:40 am	Subtle Fractures in Primary Care	<i>Dennis Khalili-Borna, MD</i>
9:20 am	Overuse Injuries in Youth Sports	<i>John P. DiFiori, MD</i>
10:00 am	Refreshment Break	
10:30 am	Air Quality, Health, and Exercise	<i>Liz Joy, MD, MPH</i>
11:10 am	Athletes With Systemic Autoimmune Disease	<i>Steve Lee, DO</i>
11:50 am	Exercise in the Heart Patient: Risks vs Benefits	<i>Columbus Batiste, MD</i>
12:30 pm	Adjourn	

Saturday, November 5

Lifestyle Medicine

| **4.0 hours CME**

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	The Quest for Immortality and Vitality	<i>Joseph Weiss, MD</i>
8:40 am	Forks Over Stents: The Role of Nutrition in Managing Heart Disease	<i>Columbus Batiste, MD</i>
9:20 am	Treating Every Patient as an Athlete	<i>Liz Joy, MD, MPH</i>
10:00 am	Refreshment Break	
10:30 am	Designing an Exercise Program to Maximize Health and Well Being	<i>Robert E. Sallis, MD</i>
11:10 am	Stress and Heart Disease: What's the Connection?	<i>Columbus Batiste, MD</i>
11:50 am	Is Laughter the Best Medicine?	<i>Joseph Weiss, MD</i>
12:30 pm	Adjourn	

Sunday, November 6

Primary Care in the Active Patient

| **2.0 hours CME**

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	Colorectal Cancer Prevention and Screening	<i>Joseph Weiss, MD</i>
8:40 am	Common Arrhythmias in Primary Care	<i>Columbus Batiste, MD</i>
9:20 am	Osteoporosis Assessment and Management	<i>Dennis Khalili-Borna, MD</i>
10:00 am	Final Adjourn	

