

# 2022 NAPA PRIMARY CARE CONFERENCE: Caring for the Active and Athletic Patient

## Agenda

All lectures located in the Napa Marriott Ballroom.

**Wednesday, November 2**

**Medical Issues in the Active Patient**

**| 2.0 hours CME**

**TIME**

**TOPIC**

**SPEAKER**

4:00 pm

The Role of Physical Activity in Diabetes Prevention

*Liz Joy, MD, MPH*

4:40 pm

Athletes and their Rheumatic Diseases

*Steve Lee, DO*

5:20 pm

The Gut Microbiome: What You Need to Know

*Joseph Weiss, MD*

6:00 pm

Adjourn

6:15 pm

Wine Tasting Reception in the Courtyard

**Thursday, November 3**

**Musculoskeletal Medicine**

**| 4.0 hours CME**

**TIME**

**TOPIC**

**SPEAKER**

7:00 am

Breakfast in the Exhibit Hall

8:00 am

The Ankle Sprain that Does Not Get Better

*Jim Macintyre, MD, MPE*

8:40 am

Heel Pain: Diagnosis and Management

*Dennis Khalili-Borna, MD*

9:20 am

Approach to the Patient with Knee Pain

*John P. DiFiori, MD*

10:00 am

Refreshment Break

10:30 am

Elbow, Wrist, and Hand Problems in Primary Care

*Robert E. Sallis, MD*

11:10 am

Common Shoulder Problems in Adults

*Jim Macintyre, MD, MPE*

11:50 am

Athletes With Inflammatory Musculoskeletal Disease

*Steve Lee, DO*

12:30 pm

Adjourn

**Friday, November 4**

**Problems in Kids and Beyond**

**| 4.0 hours CME**

**TIME**

**TOPIC**

**SPEAKER**

7:00 am

Breakfast in the Exhibit Hall

8:00 am

Early Sports Specialization for Kids: Weighing the Risks

*John P. DiFiori, MD*

8:40 am

Subtle Fractures in Primary Care

*Dennis Khalili-Borna, MD*

9:20 am

Overuse Injuries in Youth Sports

*John P. DiFiori, MD*

10:00 am

Refreshment Break

10:30 am

Air Quality, Health, and Exercise

*Liz Joy, MD, MPH*

11:10 am

Athletes With Systemic Autoimmune Disease

*Steve Lee, DO*

11:50 am

Exercise in the Heart Patient: Risks vs Benefits

*Columbus Batiste, MD*

12:30 pm

Adjourn

Saturday, November 5

**Lifestyle Medicine**

| **4.0 hours CME**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	The Quest for Immortality and Vitality	<i>Joseph Weiss, MD</i>
8:40 am	Forks Over Stents: The Role of Nutrition in Managing Heart Disease	<i>Columbus Batiste, MD</i>
9:20 am	Treating Every Patient as an Athlete	<i>Liz Joy, MD, MPH</i>
10:00 am	Refreshment Break	
10:30 am	Designing an Exercise Program to Maximize Health and Well Being	<i>Robert E. Sallis, MD</i>
11:10 am	Stress and Heart Disease: What's the Connection?	<i>Columbus Batiste, MD</i>
11:50 am	Is Laughter the Best Medicine?	<i>Joseph Weiss, MD</i>
12:30 pm	Adjourn	

Sunday, November 6

**Primary Care in the Active Patient**

| **2.0 hours CME**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	Colorectal Cancer Prevention and Screening	<i>Joseph Weiss, MD</i>
8:40 am	Common Arrhythmias in Primary Care	<i>Columbus Batiste, MD</i>
9:20 am	Osteoporosis Assessment and Management	<i>Dennis Khalili-Borna, MD</i>
10:00 am	Final Adjourn	

