

Agenda

All lectures held in the Napa Ballroom at the Napa Marriott Hotel.

Wednesday, November 4 — Staying Well — 2.0 hrs CME

TIME	TOPIC	SPEAKER
4:25 pm	Opening Remarks	*Robert E. Sallis, MD*
4:30 pm	A Mindful Approach to Managing Stress	*Gyll Turteltaub, PsyD*
5:10 pm	Supplements, Biohacks and Buzzwords	*Chad Asplund, MD*
5:50 pm	Natural Pathways to Wellbeing	*Gyll Turteltaub, PsyD*
6:30 pm	Adjourn	
6:30 pm	Wine Tasting Reception	*In the Courtyard*
	Exhibit Hall Open 3:00 pm – 6:30 pm	

Thursday, November 5 — Musculoskeletal Issues — 4.0 hrs CME

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	The Shneck: Is Upper Back Pain Coming from the Shoulder or Neck?	*Todd W. Weitzenberg, MD*
8:40 am	Lower Back Pain in the Pediatric Patient	*Kenneth S. Taylor MD*
9:20 am	The Hack: Is Buttock Pain Coming from the Hip or Back?	*Todd W. Weitzenberg, MD*
10:00 am	Refreshment Break and Exhibit Hall	
10:30 am	Evaluation of the Patient with Knee Pain	*Robert Sallis, MD*
11:10 am	Managing Patellofemoral Pain	*Marci Goolsby, MD*
11:50 am	Foot and Ankle Pain	*Kenneth S. Taylor MD*
12:30 pm	Adjourn	
	Exhibit Hall Open 7:00 am – 12:30 pm	



Friday, November 6 — Current Concepts in Primary Care — 4.0 hrs CME

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	Managing Menopause in Primary Care	*Katrin Massoudian, MD*
8:40 am	Update on Immunology for the Primary Care Doc	*Steve S Lee, DO*
9:20 am	The Musculoskeletal Syndrome of Menopause	*Katrin Massoudian, MD*
10:00 am	Refreshment Break and Exhibit Hall	
10:30 am	Fatness vs Fitness: What's More Important for Health	*Robert Sallis, MD*
11:10 am	The Art of Resilience: Thriving Through Life's Challenges	*Gyll Turteltaub, PsyD*
11:50 am	Managing Type 1 Diabetes in the Active and Athletic Patient	*Marci Goolsby, MD*
12:30 pm	Adjourn	
	Exhibit Hall Open 7:00 am – 12:30 pm	

Saturday, November 7 — Caring for the Active and Athletic Patient — 4.0 hrs CME

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	Common Upper Extremity Problems in Primary Care	*Kenneth S. Taylor MD*
8:40 am	MSK Red Flags: What Primary Care Docs Cannot Miss	*Chad Asplund, MD*
9:20 am	The Evaluation and Management of Shin Splints	*Todd W. Weitzenberg, MD*
10:00 am	Refreshment Break and Exhibit Hall	
10:30 am	Dermatologic Issues in the Active and Athletic Patient	*Marci Goolsby, MD*
11:10 am	Approach to the Patient with Myopathy	*Steve S Lee, DO*
11:50 am	Musculoskeletal Procedures and Injectables	*Kenneth S. Taylor MD*
12:30 pm	Adjourn	
	Exhibit Hall Open 7:00 am – 12:30 pm	

Sunday, November 8 — Hot Topics for the Primary Care Physician — 2.0 hrs CME

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	Fatigue in the Athletic Patient	*Chad Asplund, MD*
8:40 am	Approach to Hormone Therapy for the Busy Clinician	*Katrin Massoudian, MD*
9:20 am	The Evaluation and Management of Polyarthritis	*Steve S Lee, DO*
10:00 am	Final Adjourn	
	Exhibit Hall Open 7:00 am – 10:00 am	