

# 2022 NAPA PRIMARY CARE CONFERENCE - CARING FOR THE ACTIVE AND ATHLETIC PATIENT AGENDA

## All lectures located in the Napa Marriott Ballroom

### Wednesday November 2, 2022

	<b>Medical Issues in the Active Patient</b>	<b>2.0 Hours CME</b>
4:00 PM	The Role of Physical Activity in Diabetes Prevention	Liz Joy, MD, MPH
4:40 PM	Athletes and their Rheumatic Diseases	Steve Lee, DO
5:20 PM	The Gut Microbiome: What You Need to Know	Joseph Weiss, MD
6:00 PM	Adjourn	
6:15 PM	Wine Tasting Reception in the Courtyard	

### Thursday November 3, 2022

	<b>Musculoskeletal Medicine</b>	<b>4.0 Hours CME</b>
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Ankle Sprain that Does Not Get Better	Jim Macintyre, MD, MPE
8:40 AM	Heel Pain; Diagnosis and Management	Dennis Khalili-Borna, MD
9:20 AM	Approach to the Patient with Knee Pain	John P. DiFiori, MD
10:00 AM	Refreshment Break	
10:30 AM	Elbow, Wrist, and Hand Problems in Primary Care	Robert E. Sallis, MD
11:10 AM	Common Shoulder Problems in Adults	Jim Macintyre, MD, MPE
11:50 AM	Athletes With Inflammatory Musculoskeletal Disease	Steve Lee, DO
12:30 PM	Adjourn	

### Friday November 4, 2022

	<b>Problems in Kids and Beyond</b>	<b>4.0 Hours CME</b>
7:00 AM	Breakfast in the Exhibit Hall	John P. DiFiori, MD
8:00 AM	Early Sports Specialization for Kids: Weighing the Risks	Dennis Khalili-Borna, MD
8:40 AM	Subtle Fractures in Primary Care	John P. DiFiori, MD
9:20 AM	Overuse Injuries in Youth Sports	
10:00 AM	Refreshment Break	Liz Joy, MD, MPH
10:30 AM	Air Quality, Health and Exercise	Steve Lee, DO
11:10 AM	Athletes With Systemic Autoimmune Disease	Columbus Batiste, MD
11:50 AM	Exercise in the Heart Patient: Risks vs Benefits	
12:30 PM	Adjourn	

<b>Saturday November 5, 2022</b>		
	<b>Lifestyle Medicine</b>	<b>4.0 Hours CME</b>
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Quest for Immortality and Vitality	Joseph Weiss, MD
8:40 AM	Forks Over Stents: The Role of Nutrition in Managing Heart Disease	Columbus Batiste, MD
9:20 AM	Treating Every Patient as an Athlete	Liz Joy, MD, MPH
10:00 AM	Refreshment Break	
10:30 AM	Designing an Exercise Program to Maximize Health and Well Being	Robert E. Sallis, MD
11:10 AM	Stress and Heart Disease: What's the Connection?	Columbus Batiste, MD
11:50 AM	Is Laughter the Best Medicine?	Joseph Weiss, MD
12:30 PM	Adjourn	
<b>Sunday November 6, 2022</b>		<b>2.0 Hours CME</b>
<b>Primary Care in the Active Patient</b>		
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Colorectal Cancer Prevention and Screening	Joseph Weiss, MD
8:40 AM	Common Arrhythmias in Primary Care	Columbus Batiste, MD
9:20 AM	Osteoporosis Assessment and Management	Dennis Khalili-Borna, MD
10:00 AM	Final Adjourn	